

Improving Access to and Quality of Adolescent Preventive Services: Overview of OPIP Project with Two Pilot SBHCS



OHA Adolescent Health - SBHC Coordinator Call
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Goals

- Spotlight OPIP's project, funded by MODA/OEBB, working with two pilots SBHCs to **improve access to and quality of well-visits**, partnerships with **primary care providers**
 - Heads up on March Webinar focused on educational materials for youth developed
- Obtain **input and guidance** on any previous models that should be built off as they relate to **coordination with primary care providers**

Improving Access to and Quality of Adolescent Well-Care Services Through Partnerships With School Based Health Centers

Project is funded by OEBC/MODA Health Grant to OPIP.



Aim:

- To improve the **provision of adolescent well-visits** at a community-level by leveraging partnerships with School Based Health Centers (SBHCs)

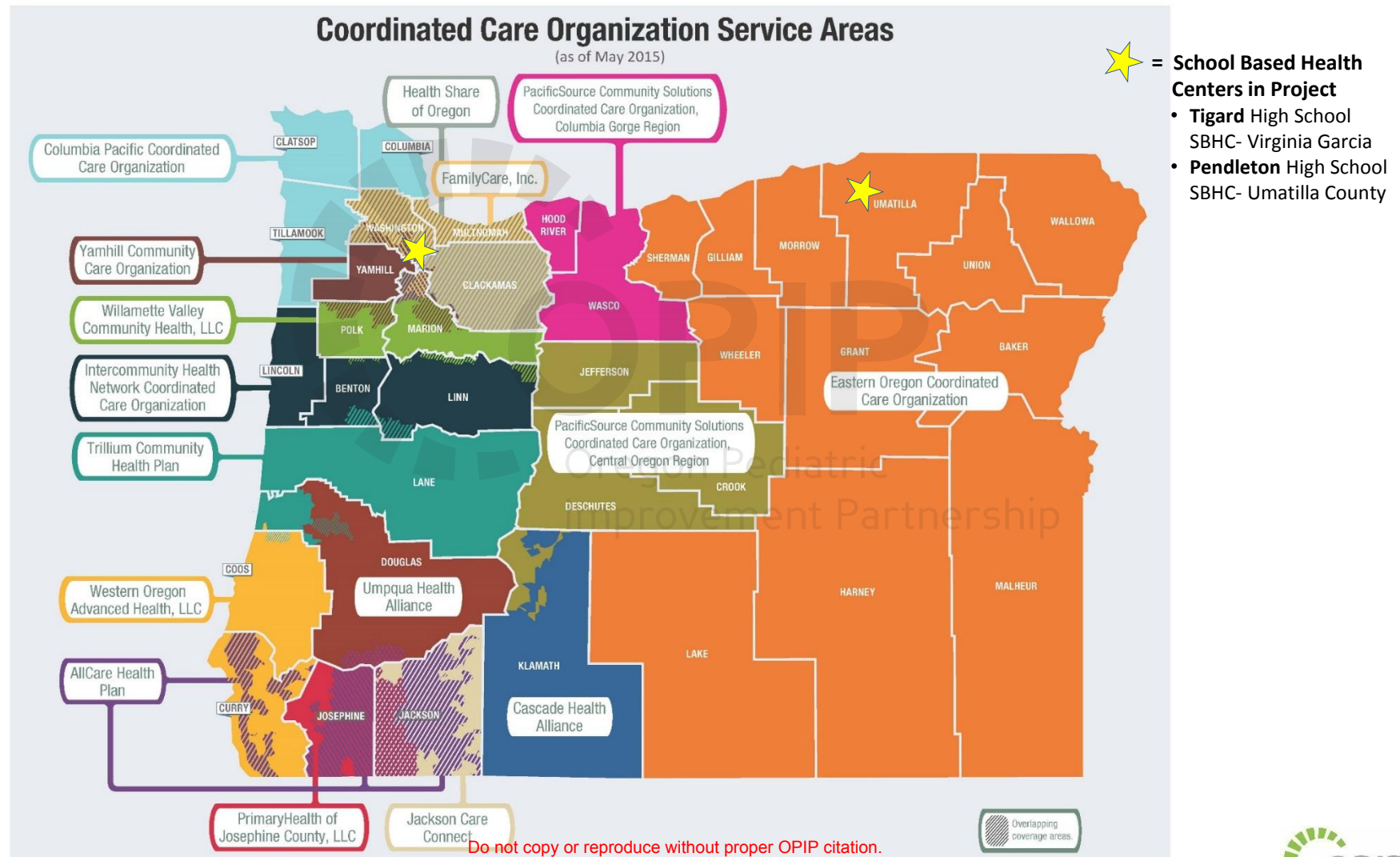
Objectives:

- To provide on-site **training and support** to **pilot SBHCs** (N=2)
- To develop **educational materials for adolescents and their parents** that provide information about why well-care is important, what to expect, and the unique role SBHCs can play in providing well-child care.
- To develop and assess models for enhancing the SBHC's **population management and care coordination** with primary care practices.
- To identify **policy-level improvements** that address barriers and incentives identified through the project.

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Improving Access to and Quality of Adolescent Well-Care Services Through Partnerships With School Based Health Centers



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Areas of Focus Within the SBHC:

- **Education About Services in SBHC and Value of Well-Care**
 - Within school, outside of school
 - To adolescents, parents, primary care providers
 - Engagement of youth to provide feedback
- **Improved provision of Adolescent Well-Visits**
 - Aligning care provided in the SBHC with Bright Futures recommendations
 - Includes screening and follow-up aligned with CCO/KPM Metrics related to Depression Screening and SBIRT
- **Care Coordination with Primary Care Providers**
 - Communication with adolescent-identified primary care provider
 - For primary care providers who identify at-risk adolescents and want to refer to the SBHC to address risks at a location the adolescent may be more likely to go

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OPIP Development of Educational Materials for Youth about Health Services

- **Save the Date!**

Webinar to share tools developed & key learnings to date: **March 16th at 11 am**

- Development process included five rounds of **review with youth**
- Materials developed:
 1. Poster about SBHC
 2. Poster about Services You Can Get at SBHC Aligned with Well-Visits
 3. Other dissemination methods for parts of the messages included in the poster
 - Flyers strategically placed in places where teens sit (e.g. counseling office)
 - Posters in bathroom stalls
 - Table tents for the lunch rooms
 - Instagram posts/ Facebook posts
 - Info cards that fit into cell phone carriers
 - Mood Pencils/Stress balls
 - QR Scan codes to website

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HAVE YOU HEARD ABOUT THE HEALTH CENTER AT PHS?



As you become more independent, there is a lot to think about – school, friends, family, body image, self-esteem... What's on your mind matters to us, and our trained staff at **Pendleton High School Health Center** are here for you! At the Health Center you can get the same kinds of health services that you get at a regular primary care clinic, and we are conveniently **located here at school!** Our health providers are specifically trained to work with teens and are available to help you with whatever you need.

COMMON TOPICS YOU CAN HAVE ADDRESSED:

- ✓ What you want to talk about - our priority is partnering with you
- ✓ Emotional health and feelings
- ✓ Guidance for healthy relationships
- ✓ Bullying
- ✓ Health exams and sports physicals
- ✓ Drug or alcohol use or experimentation
- ✓ Treatment for illness and infections
- ✓ Dental and Vision exams
- ✓ Immunizations and vaccines

YOUR PRIVACY IS IMPORTANT

At the Health Center we have specific policies around confidentiality. For the most part, what you talk about will stay between you and your health provider and will not be shared with your parents or others. If something needs to be shared, we will always talk with you about it first, and work with you on how to do that.

BILLING & INSURANCE

No student will be turned away due to ability to pay. We welcome ALL students, and accept most insurance including the Oregon Health Plan. If you don't have insurance, don't worry – we will still see you.

WHERE ARE WE LOCATED?

The Health Center is located at Pendleton High School, on the second floor **near the cafeteria.**

WHEN ARE WE OPEN?

The Health Center is open during the school year:
Tuesdays, Wednesdays, & Thursdays @ 7:30 am - 3 pm

Stop by or call us @ (541) 966-3857

We want to partner with you to provide the best care possible. Make your appointment at the PHS Health Center today!

Follow us on Twitter @PHSHealth

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Designed and distributed by Oregon Health Improvement Partnership, www.oregon-hip.org



Example of
Poster:

Information
about the SBHC
at Pendleton
High School



DID YOU KNOW?

Only **1 in 5** Oregon teens gets an **annual check-up**, and the odds of having **poor physical and mental health** in adulthood can be **52% higher** for people who **don't receive needed care** early in life.

1 in every 3 Oregon teens **experienced depression** last year, and **1 in 6** seriously considered **suicide**.

Each year there are **9.5 million** new **STD infections** among young adults.

Teens who start drinking at an earlier age are **4 to 5 times** more likely than others to develop **alcohol abuse** as adults.

That's why it's important to have a check-up each year... even when you are NOT sick.

From sprained ankles, to feeling stressed, to relationships and even sexual health, confidential services are available to you at the **Tigard School Based Health Center (SBHC)**.

Our Health Center providers are specifically trained and interested in working with teens and they will never judge you. They will listen and help you overcome challenges to become successful and independent both in body and mind.

The Tigard SBHC Clinical Staff Include:

- Nurse Practitioner
- Qualified Mental Health Professional
- Dental Hygienist

WHERE ARE WE LOCATED?

- * **We are conveniently located here at school**, in between the Child Development Center and the Caring Closet.
- * **We are open during the School Year:**
Monday - Friday @ 8 am - 4:30 pm
- * **We also accept walk-ins based on availability.**

If you have **QUESTIONS** or want to make an **APPOINTMENT**, stop by or call us @ **(503) 431-5775**



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**Our goal is to partner with you to provide the best care possible.
Make your appointment at the Tigard School Based Health Center today!**

<http://virginia.garcia.org/locations/tigard-school-based-health-center>



Designed and distributed by Oregon Pediatric Improvement Partnership, www.oregon-pip.org



COMMON TOPICS ADDRESSED AT A CHECK-UP:

- ✓ Your health questions- our priority is to partner with you
- ✓ Emotional health and wellness
- ✓ Guidance for healthy relationships
- ✓ Bullying
- ✓ Health exams and sports physicals
- ✓ Weight, diet and overall physical health
- ✓ Drug or alcohol use or experimentation
- ✓ Sexual health
- ✓ Treatment for illness and infections
- ✓ Vision exams and hearing screenings
- ✓ Immunizations and vaccines
- ✓ Dental cleanings

YOUR PRIVACY IS IMPORTANT

At the Tigard SBHC we have specific policies around confidentiality. For the most part, what you talk about will stay between you and your health provider and will not be shared with your parents or others. If something needs to be shared, we will always talk to you first and work with you on how to do that.

BILLING & INSURANCE

No student will ever be turned away due to ability to pay. We welcome all students of the Tigard/Tualatin School District, and accept most insurance including the Oregon Health Plan (Medicaid). If you don't have insurance, don't worry, payment can also be made based on what you can afford.

Example of Handout:

Information about Adolescent Well-Care Visits



Models for Enhancing the SBHC's Population Management & Care Coordination with Primary Care Practices

Work to date:

- Meetings with CCOs/Private Payors to learn about any related efforts and potential payment & policy barriers to coordination
- Collecting data & documenting current processes related to:
 - Information about the teen's primary care provider, contact information
 - Models and methods used to communicate with the PCP
 - » For sensitive services vs. For non-sensitive services
 - » Obtaining consent from adolescent to share information
 - Models and methods for PCP to communicate with you
 - » For basic services (e.g. weight check)
 - » For follow-up services to the screens they are doing (depression and substance abuse)
- Recruiting primary care practices to participate in pilot

Input From You that Would be Valuable

1) Models and methods used to communicate with the PCP

- » For sensitive services vs. For non-sensitive services
- » Obtaining consent from adolescent to share information
- » Examples of forms sent to PCPs, methods used to establish agreements, type of information, forms used to obtain adolescent consent, HIT technologies used

2) Models and methods for PCP to communicate with you

- » For basic services (e.g. weight check)
- » For follow-up services to the screens they are doing (depression and substance abuse)
- » Examples of forms sent you, HIT technologies used

Email: reulandc@ohsu.edu or 503-494-0456

THANK YOU!!

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Link to Resources OPIP Has Developed Related to Adolescent Services

<https://projects.oregon-pip.org/resources/adolescent-care/adolescent-well-visits-and-claims/policy-and-practic-level-strategies-to-improve-adolescent-well-visits/view>

Webinars/online resources that share innovative tools and strategies:

- Implementing Bright Futures Aligned Adolescent Well-Visits
<http://www.pcpci.org/resources/webinars/enhancing-adolescent-well-visits>
- Addressing the Adolescent SBIRT and Depression Screening and Follow-Up Incentive Metrics:
<http://pcpci.org/resources/webinars/depression-screening-sbirt-adolescents-practical-considerations-implementing-cc>
- Practice-Based Adolescent Care Tools & Resources
<https://projects.oregon-pip.org/resources/adolescent-care>