

Pathways from Developmental Screening to Services: Ensuring Young Children Identified At-risk Receive Best Match Follow-Up

Community-Based Quality Improvement Effort led by The Early Learning Hub of Central Oregon in partnership with the Oregon Pediatric Improvement Partnership



Stakeholder Meeting 12/2/19 12-3 PM



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Today's Agenda





- 50,000 Foot View Project Refresher
- Commitment to parent-centered project, guidance and input needed
- Detailed Updates and Input on Project Activities
 O Primary Care Pilot Sites
 - Early Intervention Improving Closed Loop Communication
 - Pathways for Children with Social-Emotional Delays
 - Pathways for Children Needing Medical and Therapy Surveys
 - Building Health and Resilience for Children with High Social Complexity – Identify Community-Level Priorities
- Next Steps



Acknowledgement of the Complexity of This Work



- This work has important broad and deep goals.
- Many components of the project are novel and this is the first time that this work is being is done focused on this young population.
- These are the complex topics, within a
 - Complex project engaging various stakeholders and systems, for which there are
 - Solutions that may be complex in trying to implement in the course of this project
- The ELHCO and COHC is thankful that OPIP can provide targeted support for this work given their knowledge on the topic, awareness of state policy priorities, and their impartial and neutral role
- Therefore we ask that we have grace with each other

Appreciation for the Complexity of our Pathways Work

Learning & Wellness

> Our common North Star Goal: that families of young children are equipped with the resources they need in order for their children to thrive.



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PIP



Pathways from Developmental Screening to Services: Ensuring Young Children Identified At-Risk Receive Best Match Follow-Up Meant to Prepare for Them Kindergarten



- Aim: To improve the **receipt of services for young children** who are **identified at-risk** for developmental, behavioral and social-emotional delays.
- Funding Central Oregon Health Council (Funded by multiple committees within the Central Oregon Health Council (COHC)) to the Early Learning Hub of Central Oregon & from the Early Learning Hub MIECHV Funding
 - OPIP is a Subcontractor of the Early Learning Hub of Central Oregon
- Time Period: June 2018- May 31st 2021 diatric
 - Phase 1 (June 1 2018 May 31st 2019): Across-sector stakeholder engagement and baseline data collection about current processes and where children are lost to follow-up
 - Phase 2 (June 1 2019 May 31st 2021): Implement Pilots to Meant to Improve Follow-up for Children Identified at Risk and to Support Addressing Gaps in Pathways and Capacity





- Phase 1 (June 1 2018 May 31st 2019): Across-sector stakeholder engagement and baseline data collection about current processes and where children are lost to follow-up
 - Cross-sector engagement, baseline data, and asset mapping (Ended May 31st)
 - Starting point improvement tools developed
 - Development of Phase 2 proposal and community-level priorities identified
- Phase 2 (June 1 2019 May 31st 2021): : Implement Pilots to Meant to Improve Follow-up for Children Identified at Risk and to Support Addressing Gaps in Pathways and Capacity
 - Improve follow-up in Primary Care Pilot (PCP) Sites (N=4) receipt
 - Improve follow-up pathways from PCP pilot sites to increase receipt of services:
 - Improve closed loop communication and coordination in Early Intervention (All three counties and Confederated Tribe of Warm Springs)
 - o Address Gaps in Pathways for PCP site that focus on at-risk children needing:
 - Services that address social-emotional delays
 - Medical and therapy services (Occupational Therapy, Physical Therapy, Speech)
 - Identify and confirm community-level priorities on upstream approaches that could build health and resilience (aimed to prevent delays): Proactive Developmental Promotion & Preventive Behavioral Health for Socially Complex Children



Commitment to this being a Parent-Centered Project: Guidance and input needed from Parents



Goal: **Receipt of services for young children** who are **identified at-risk** for developmental, behavioral and social-emotional delays.

- Parents/caregivers of young children identified at-risk are the center of this work
 - identify/share their needs and barriers
 - diverse perspectives and needs
- A shared value of Early Learning, Health Council and OPIP's mission is to "ensure that improvement efforts are informed by parents and youth"





- Included funds to support parent advisors to provide input throughout the project
- Within pilot sites, role of parent advisors to the improvement efforts
 E.g. COPA Parent Advisory group provided input on the project
- Test promotion materials and process with partner parent organizations

CO Family Support Network, Parent Councils and Affordable Housing Parent Engagement





Request For You As We Provided Updates and an Overview of Project Activities





Throughout the meeting we will come back to how to talk about how we can ensure we get parent input and parent guidance on the project activities

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 If you know of an avenue by which parents could be engaged or recruited, share your idea



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 - Building Health and Resilience for Children with High Social Complexity – Identify Community-Level Priorities
- Engaging parent voice better
- Next Steps
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- Improve follow-up in **Primary Care Pilot (PCP) Sites (N=4)**
 - Two committed site (COPA, MOSAIC) who have been expecting implementation support
 - Recruit two additional sites
- Improve follow-up pathways from PCP pilot sites to increase receipt of services:
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Work Completed Since June 2019 (Last Stakeholder Meeting):

- 1. Training on Best Match Follow Up for Developmental Screening
- 2. Practice Facilitation and Quality Improvement
- 3. Electronic Health Record Support
- 4. Data Collection Oregon Pediatric
 - Follow-Up data collection to assess implementation

Training on Best Match Follow Up for Developmental Screening



Goal of Training:

Overview of Tools to Help Primary Care with Follow-Up to Developmental Screening Tailored to Referrals Available in Central Oregon

- A. Follow-Up to Developmental Screening Decision Tree
 - Based on Age, ASQ domain scores, Parent/Provider Concern & Child/Family Risk Factors → Best match resources in your community
- B. Supporting Families <u>Referred</u>: Enhanced strategies to close the referral loop
 - 1. Shared Decision Making and Parent Education Sheet Version 1
 - 2. Phone Follow-up Script for Families Referred
 - **3. USING communication received** from Early Intervention when family can't be contacted and/or to provide information on evaluation findings

Feedback on Training



- WHO: Value in the <u>Asset Map</u> as it helped to illuminate the resources for follow up to developmental screening in the region.
 - OPIP is creating Care Coordination Resource Guide that will serve as an appendix of providers.
- HOW: Value in <u>specific guidance</u> on who to refer for follow up to developmental screening and where to refer based on assets in their region and specialty services in Portland.
- Providers articulated the value in understanding <u>Oregon's strict</u>
 <u>Early Intervention eligibility criteria</u>, which validated their professional perceptions that the national recommendations of who to refer to EI.
- Value in parent-centered engagement and navigation tools.

Overview of Practice Facilitation and Quality Improvement Supports



Monthly check-ins with leaders of the implementation team to support implementation of the following:

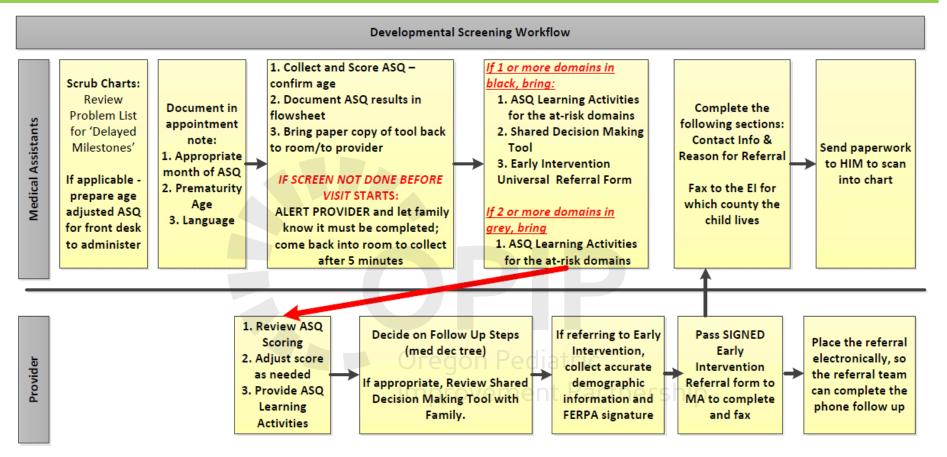
- 1. Proactive developmental promotion
 - ASQ Learning Activities
- 2. Care Coordination Supports
 - OPIP developed a one page education sheet
 - **Phone follow up** that is completed within the two days of a referral being placed.
- 3. Engaging families in Referral to Early Intervention

Both sites have begun quality improvement to **collect a Family Education Rights and Privacy Act (FERPA)** signature on EI's URF before sending referral to High Desert ESD.

4. Pathway to Internal Behavioral Health

Example of a Proposed Workflow within a Pilot Site





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Activity 1: Improve Follow-Up in Primary Care Practice Pilot Sites Already Engaged in Pilot (COPA and Mosaic)



Work Completed Since June 2019 (Last Stakeholder Meeting):

- 1. Training
- 2. Practice Facilitation and Quality Improvement
- 3. Electronic Health Record Support
- 4. Data Collection
 - Follow-Up data collection to assess implementation

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Electronic Health Record Support

- COPA switched to Legacy EPIC in the summer of 2018
- Since that transition OPIP has helped to facilitate cross clinic and region engagement on improving Legacy EPIC's developmental screening templates, leveraging the potential CCO measure on follow up to developmental screening to prioritize these EHR changes.
- **Proposed changes** will allow COPA to run a report on:
 - 1. Screens that identify a risk
 - 2. Follow Up (Intervention) that was Provided in context of visit

COP

CENTRAL OREGON

PEDIATRIC ASSOCIATES



Mosaic Medical Quality Care For All

Electronic Health Record Support

- Mosaic was OPIP's first site that was able to pull the entire baseline sample electronically.
- Follow-up steps not included in baseline data due to limitations, but OPIP identified as part of our QI were:
 - Developmental Promotion
 - Referrals to other resources: CaCoon/Babies First/Home Visiting
- Since baseline, Mosaics IT was able to:

1. Create searchable referrals to CaCoon and BabiesFirst!

2. Create a searchable 'dot phrase' (a documentation prompt that can be used by a provider in the course of a visit) to capture the distribution of developmental promotion



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COPA

CENTRAL OREGON PEDIATRIC ASSOCIATES

Using Data to Inform Rapid Cycle Improvement

Timeframe of data collection for follow-up data collection 10/14/19 – 11/10/19

Age of children examined: 0-35.99 months

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COPA Collection 1 Process



Data Collection Process

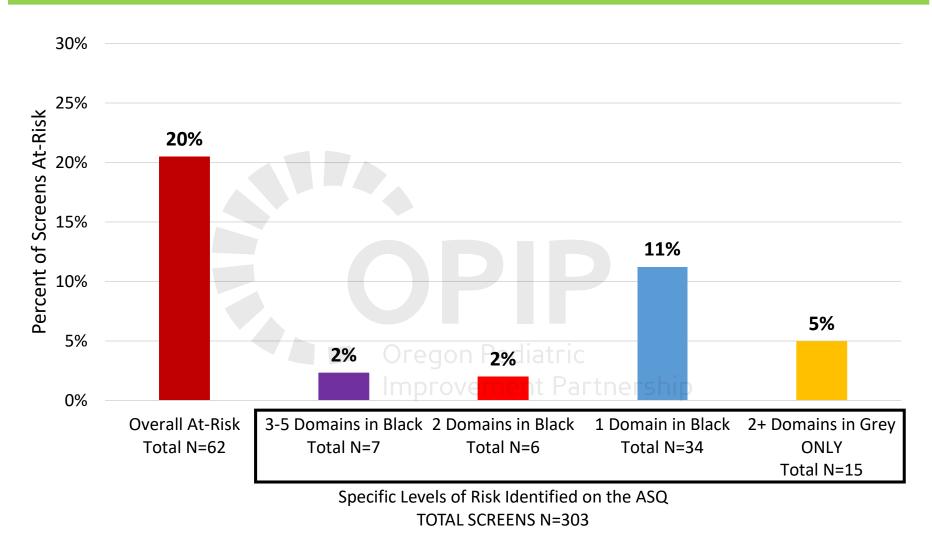
- Worked with Legacy EPIC team to improve documentation aligned with developmental screening AND follow up
 - Improvements will be 'live' January 2020
- In the meantime, COPA providers piloted updated EMR documentation <u>ON PAPER</u> before roll out to help ensure face validity
 - COPA team then took paper documentation and transferred results to standardized OPIP template

 SCORE AND TRANSFER TOTALS TO CHART BELOW: See ASO-3 User's Guide for details, including how to adjust scores if item responses are missing. Score such item (YES = 10, SOMETIMES = 5, NOT YET = 0). Add item scores, and record each area total. In the chart below, transfer the total scores, and fill in the circles corresponding with the total scores.

| | 1 | Total | | | | | | | | | | | | | |
|-----------------|-------|-------|---|---|----|------------|----|----|----|----|----|----|----|----|----|
| Area | CutoR | Score | 0 | 5 | 10 | 15 | 20 | 25 | 30 | 35 | 40 | 45 | 50 | 55 | 60 |
| Communication | 13.06 | | | | | \bigcirc | 0 | 0 | Ó. | 0 | 0 | 0 | 0 | 0 | 0 |
| Gross Motor | 37.38 | | | | | | | | | | 0 | 0 | 0 | 0 | 0 |
| Fine Motor | 34.32 | | | | | | | | | | 0 | 0 | 0 | 0 | 0 |
| Problem Solving | 25.74 | | | | | | | | 0 | C | 0 | 0 | 0 | 0 | 0 |
| Personal-Social | 27.19 | | | | | • | | | 0 | 0 | 0 | 0 | 0 | 0 | 0 |

- Repeat Screen in 3 months
- o Home Activity sheet given
- o Early intervention referral
- Speech referral
- OT referral
- PT referral
- o Developmental Pediatrician referral
- Audiology referral
- Behavioral Health external referral
- o Behavioral Health internal referral
- PEDAL/Psychology referral
- Babies first/CaCoon referral
- Community resource referral

COPA – Children 0-3 Identified on the ASQ as "At-Risk" in Follow-Up Data Collection



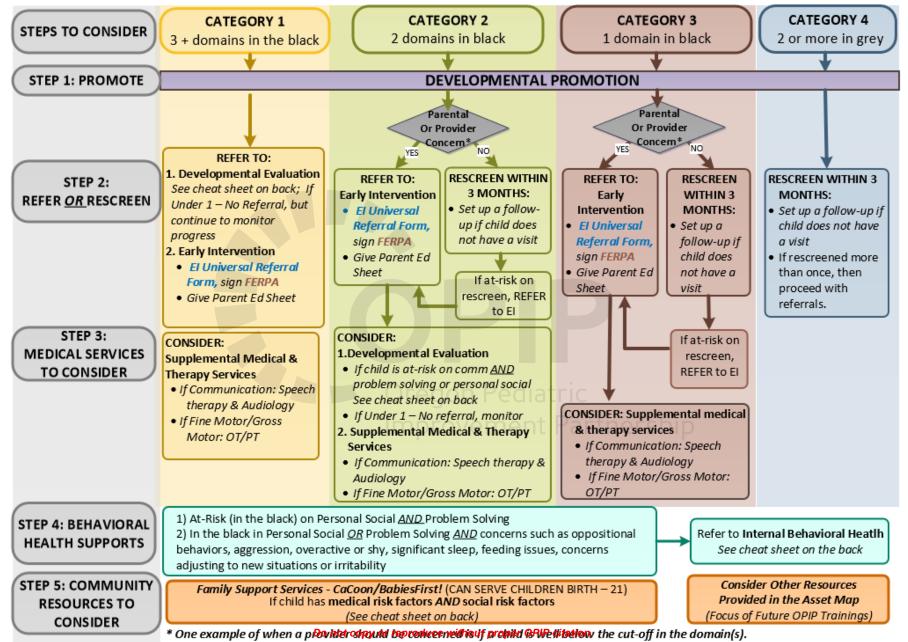
Data Source: Provided by COPA Data Team, November 2019. Data for screens (According to EMR) between 10/14/19 – 11/10/19 for children under three.



FRONT PAGE

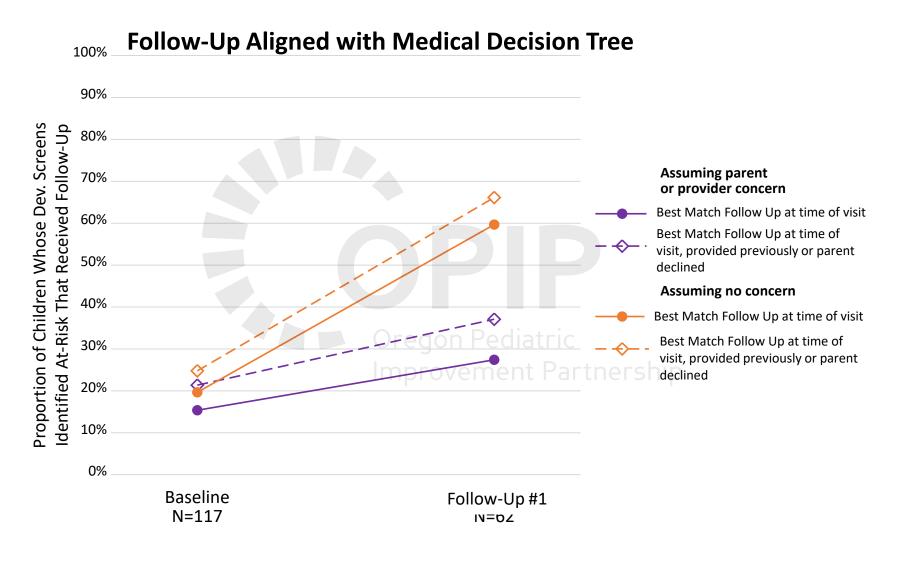
COPA: FOLLOW-UP TO ASQ SCREENINGS IN FIRST THREE YEARS: MEDICAL DECISION TREE

VERSION 10/31/19



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Follow-Up Data Collection to Evaluate if Improvements Occurred: COPA Pediatrics





Using Data to Inform Rapid Cycle Improvement

Timeframe of data collection for follow-up.

Sept 1st- Oct 15th 2019

Age of children examined:

0-35.99 months

Screens Examined

Since baseline, Mosaic has adjusted their screening periodicity, so this collection reflect their updated procedures to screen at 6,9,12,18, 24, 30 month

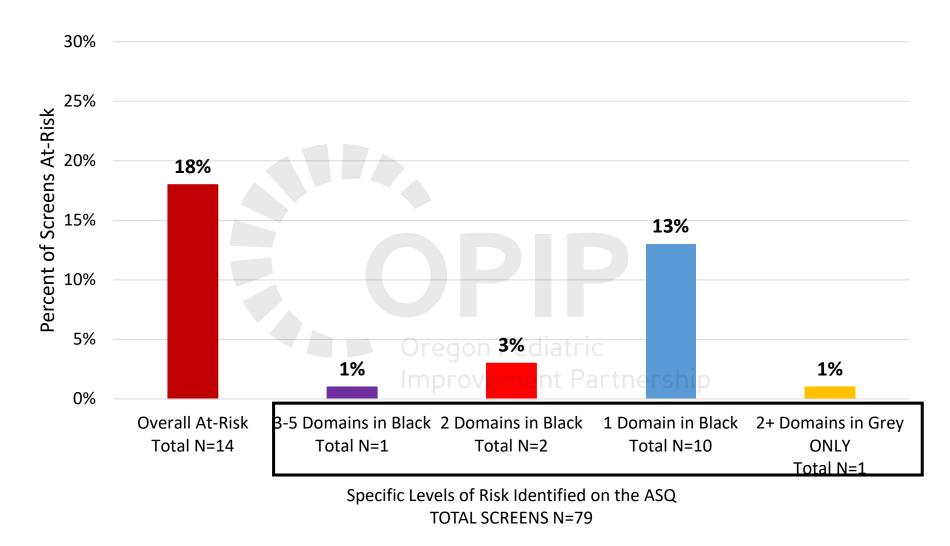
Limitations:

Data analysis is *beholden to what is documented in the chart.* Parent decline not documented in chart in searchable field.

During baseline collection (1 year of data), we were able to see if a *rescreen* occurred and count that as recommended follow up. With a shorter data cycle, we were not able to capture that data in the same way.



Mosaic East Bend – Children 0-3 Identified on the ASQ as "At-Risk" (Denominator for a Follow-Up Metric)

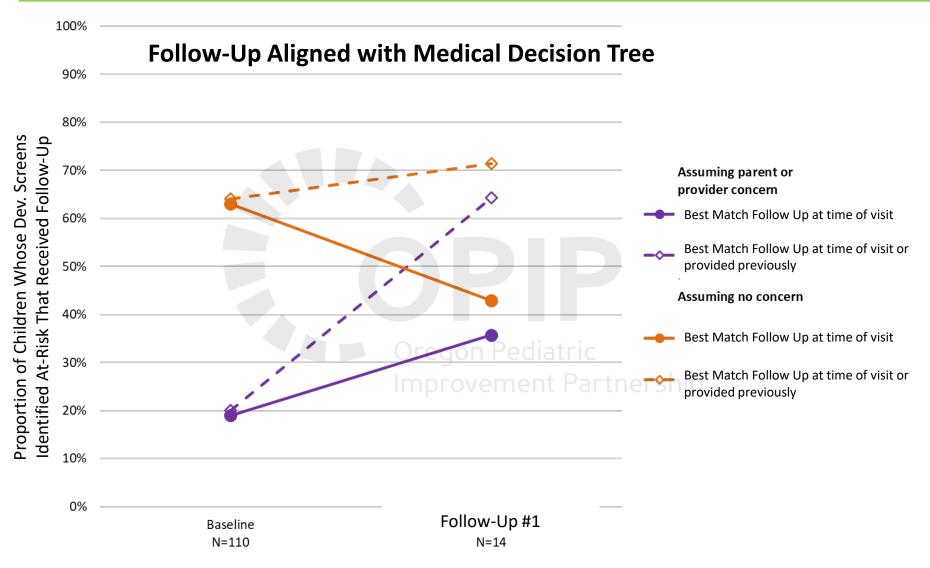


Data Source: Provided by Mosaic Data Team, November 2019. Data for screens (According to EMR Flowsheet) between 9/2/19 – 10/31/19 for children under three years not copy or reproduce without proper OPIP citation.



Follow-Up Data Collection to Evaluate if Improvements Occurred: MOSAIC





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Subsequent Medical Chart Review for Follow-Up Data Period #1 To Determine Parental Concern

 Mosaic conducted manual chart reviews to determine if there was documentation of parent or provider concern

Based on this information:

10/14 children (71%) of children had

appropriate follow up: Using the version that counts referrals provided at time of visit or at previous visit (Solid Line on Previous Report)

 7/14 children (50%) of children had appropriate follow up: Using the version that counts referrals provided at time of visit (Dotted Line on Previous Report)



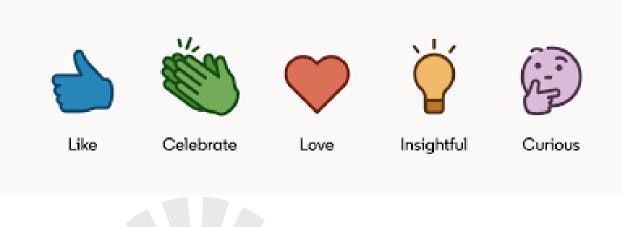


Implementation has started!!

Both sites have spent the last six months working hard on improving their data collection processes and internal workflows for implementation

Quality Improvement Opportunities Identified for sites to focus on in next quarter:

- 1. Focus on use and documentation of developmental promotion within the visit
- 2. Pathway to a Developmental Behavior Evaluation for children 3 or more domains in the black
- 3. Pathway to Early Intervention Evaluation
- 4. Brainstorm strategies on documenting rescreen
 - Specific focus on children who are being "rescreened" who have multiple domains "at-risk" to establish workflow to ensure they are not watchful waited



Pilot Site Reactions

- What has been the most impactful change since starting this project?
- What are some key successes and lessons learned to date?
- What are your biggest barriers?
- What are you most looking forward to as we continue our work together?





A) Improve Follow-Up in Primary Care Practice Pilot Sites conducting developmental screening

- Activity 1: Two committed site (COPA, MOSAIC) who have been expecting implementation support
- Activity 2: Recruit two additional sites
- B) Activity 3: Improve Follow-Up in Early Intervention:
 - Support implementation of component of the PCP pilots is best match referrals to EI.
 - Support EI implementation enhanced care coordination for referrals, enhance coordination and communication with the entity that referred the child and PCP use of that information
 - If feasible Potential secondary referral pathways

C) Improve Follow-Up to Priority Areas Identified by the community

- 1. Activity 4: Addressing children with social-emotional delays (integrated behavioral health, specialty mental health)
- 2. Activity 5: Pathways to medical and therapy services

D) Activity 6: Proactive Developmental Promotion & Preventive Behavioral Health meant to build resiliency for children in socially complex families

** Across these efforts ensure equity lens and that intentionally addresses areas of disparities





Identifying the Two Additional Sites – Design Parameters

Goal is to recruit additional practices that intentionally address the regional (by county) variations observed and that address the variations observed by race-ethnicity

Factors to Consider in Reaching Out to Applicable Practices:

- County-level location of practice
- Number of children 0-3 attributed to practice, seen by practice
- Number of children 0-3 attributed to practice by race and ethnicity
- Screenings rates for practice
- System in which the practice is located



Phase 2 Activities: Improve Follow-Up in Primary Care Practice Pilot Sites conducting developmental screening



| | Number of Children | Site Selection Design Criteria for Additional Sites | | | | | | |
|--|--|---|----------------------------------|--|--------------------------|--|--|--|
| Clinic Name : Sites in Green Are Already Pilot Sites | Screened, Number 0-3 Assigned to Clinic 11 months (7/1/18 – 5/31/19) N=3741 | Sufficient # of kids, Screen Rate | Clinic in Crook, Jefferson | Non- Mosaic of COPA clinic (Given existing sites) | Noted by Stakeholders | | | |
| 6c. Mosaic Medical – (CROOK) | (86/106) | • | • | | | | | |
| 6d. St Charles Family Care Prineville (CROOK) | (48/95) | • | • | • | • | | | |
| 6a. Cascade Direct Care (CROOK) | (1/3) | | | | | | | |
| 6b. Crook County Health Department (CROOK) | (0/0) | | | | | | | |
| 6o. St Charles Medical Group – Bend, Redmond (DESCHUTES) | (258/444) | • | | | | | | |
| 6l. Mosaic Medical – Deschutes County Clinic (DESCHUTES) | (205/277) | • | | | | | | |
| 6f. Bend Memorial Clinic (DESCHUTES) | (60/157) | | | | | | | |
| 6p. Weeks Family Medicine (DESCHUTES) | (126/152) | • | | | | | | |
| 6g. Burket, Bradley MD (in Bend) (DESCHUTES) | (72/99) | • | | | | | | |
| 6k. Lapine Community Health Center (DESCHUTES) | (68/95) | diatric | | | • | | | |
| 6m. Praxis Medical – Central Oregon (DESCHUTES) | (32/76) | | toorch | | | | | |
| 6e. Unassigned Deschutes (DESCHUTES) | (13/21) | III Fai | thers | | | | | |
| 6q. West Bend Family Medicine (DESCHUTES) | (0/7) | | | | | | | |
| 6i. Family Care Center (DESCHUTES) | (1/2) | | | | | | | |
| 6n. Redmond Family Medicine Center (DESCHUTES) | (0/1) | | | | | | | |
| 6s. Mosaic Medical – Jefferson County Clinic (JEFFERSON) | (46/125) | • | • | | | | | |
| 6r. Madras Medical Group (JEFFERSON) | (85/105) | • | • | • | • | | | |
| 6t. St Charles Medical Group – Madras (JEFFERSON) | (26/57) | | • | | | | | |
| 6j. John K Ross MD (JEFFERSON) | (0/0) | | | | | | | |
| 6u. Warm Springs Clinic (IHS – Clinic) (WARM SPRINGS) | (0/8) | | | | | | | |
| 6h. Central Oregon Pediatrics Associates (Multiple Do not Clinics) | copy or re <u>(n505/09</u> 04thout prope | r OPIP citation. | | | | | | |



Improve Follow-Up in Primary Care Practice Pilot Sites conducting developmental screening: Recruitment of Two Additional Sites



Sites Identified Meeting Design Parameters

- 1. Madras Medical Group (Confirmed)
- 2. Prineville St. Charles Primary Care Clinic* (Tentative agreement)





- * Engagement of the Population Health team within St. Charles that supports all of the primary care sites.
- OPIP will meet periodically with the team to share learnings, tools and strategies to ensure future spread across the system
- The team will support centralized functions and modifications:
 - EHR template modifications
 - Centralized care coordination
 - If applicable, internal behavioral health





- 1. Onboarding and understanding current workflow & processes
- 2. Engagement of parent advisor(s)
- 3. Baseline data collection
- 4. Training on best match follow-up for developmental screening

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- Improve follow-up in **Primary Care Pilot (PCP) Sites (N=4)**
 - Two committed site (COPA, MOSAIC) who have been expecting implementation support
 - Recruit two additional sites
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Activity 3: Improve Follow-Up in Early Intervention



Work Completed Since June 2019 (Last Stakeholder Meeting):

- 1. Summer Kick Off Training
- 2. Facilitation and Quality Improvement
 - Roll out of Service Summary
 - Documentation Aligned with QI within ecWeb
- 3. Data Collection Oregon Pediatric Improvement Partnership





- Review the enhanced processes for communication and coordination aligned with Oregon Department of Education's (ODE) updated recommendations
 - Providing enhanced communication and coordination for children <u>referred & not evaluated</u> using the bottom of the Universal Referral Form
 - Communication about evaluation results
 - For Ineligible Children: Bottom of Universal Referral Form
 - For <u>Eligible Children</u>: Service Summary
- Review Scope of Primary Cares Training
- Review Oregon's Updated OAR for Screening



Component of the QI Work Related to **Primary Care and El Impacted** by the New URF

Pilot Primary Care Sites

- 1) Enhanced developmental promotion for all at-risk children
- 2) Enhanced follow-up to developmental screening supported by:
- a) Development of a follow-up medical decision tree, including secondary follow-up, anchored to: i) ASQ scores, ii) Child and family factors, iii) Resources within the community
- b) Parent education sheet to support shared decision making, care coordination support strategies
- c) PacificSource summary of follow-up services
- d) Pilot new methods for connection to mental health

Training on the new URF, standardized use and completion part of QI process, training & implementation supports

USE of the egon Pedia information Epvemen provides back is part of the PCP QI process and supports for:

- 1) Children not able to be evaluated
- Children ineligible 2)

3) not Chail of the name light to per prip citation m secondary

steps

Early Intervention

communication and

children referred &

about evaluation results

Communication Back

to PCP to Inform

to Early Learning

referral to CBH.

Communication

about El services

being provided to

supports, Pilots of

For Eligible Children:

Secondary Steps; If

Applicable, Referral

coordination for

not evaluated

2) Communication

For Ineligible

Children:

Enhanced

1)

NEW URF Supports Processes Related to Communication. **Revisions informed**

- by past project related to:
- 1) Children not able to be evaluated

•

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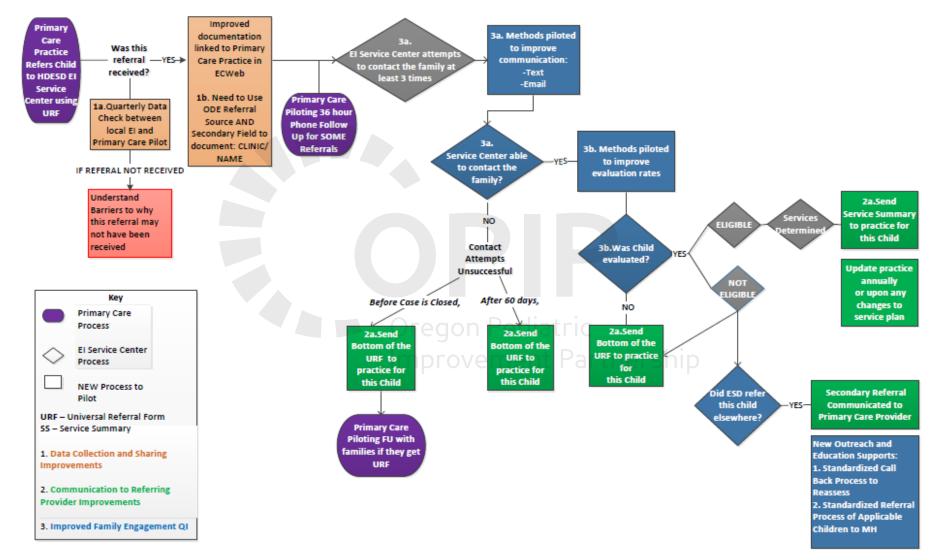
- Commination **BEFORE** case closed to PCP can outreach
- Communication when not able evaluate
- 2) Children ineligible
 - You were already doing this, new work is how PCP is using info
- Potential EI ٠ referral (future focus)
- 3) Children eligible
- and a summary PCPs will use better
- New Summary of Service

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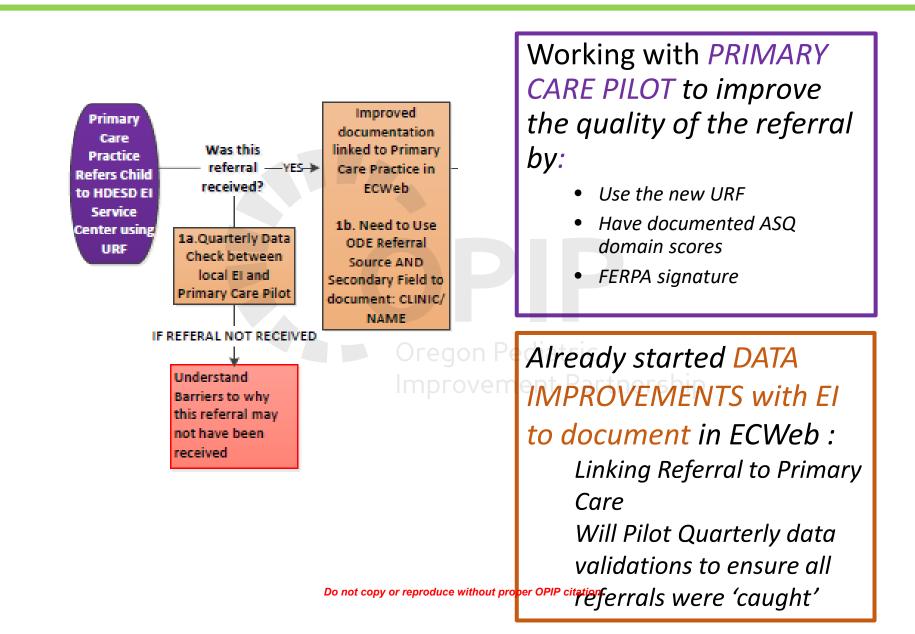
High level Improvement Workflows















| R | eferrals (hide) add (sort | | | | | |
|---|---------------------------|------------------|------------------------|----------------------|------------------|----------------------------|
| | Notification Referral | ODE Source | Other Source | Screen Tool | Age Class Type | Outcome |
| | 05/04/18 05/04/18 | Physician/Clinic | Adventist Health - | - Brandon Mit 🗸 🗛 🗸 | ecse initial and | latest primai ia-cl delete |
| | | Universal Form | Feedback Date 06/12/18 | Feedback Type Letter | ~ | |
| | | | | | | |

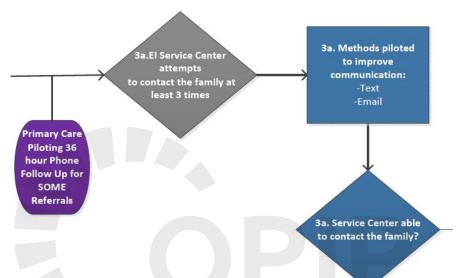
DATA IMPROVEMENTS with EI to document in ECWeb :

Linking Referral to Primary Care (Site, Provider) Documentation of Use of Universal Referral Form Feedback Type

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Improving Outreach in Primary Care and El



Based on the literature, OPIP will be working with PRIMARY CARE PILOTS to implement <u>36 hour phone</u> follow ups for children referred to Early Intervention

Will work with Pilot El Sites to expand and improve upon outreach techniques based on changes to the URF P

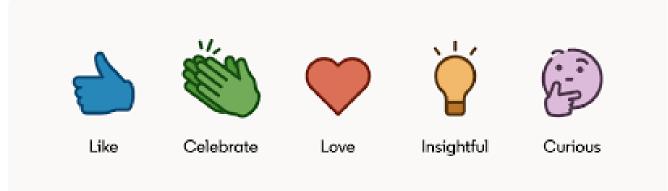


Activity 3: Improve Follow-Up in Early Intervention



Data Collection

- Analyzed another year of data prior to primary care implementation
- Future Data Collection:
 - Child level file between primary care and EI to assess referral exchange process
 - Data will also help assess if medical decision tree increases eligibility gon Pediatric Improvement Partnership



Early Intervention Reactions

- What has been the most impactful change since starting this project?
- What are some key successes and lessons learned to date?
- What are your biggest barriers?
- What are you most looking forward to as we continue our work together?



OPIP

- How can we can ensure we get parent input and parent guidance on Early Intervention's project activities
 - Benefit of getting family feedback from people who have engaged in the process
- What avenues currently exist for which parents could be engaged or recruited, share your ideas

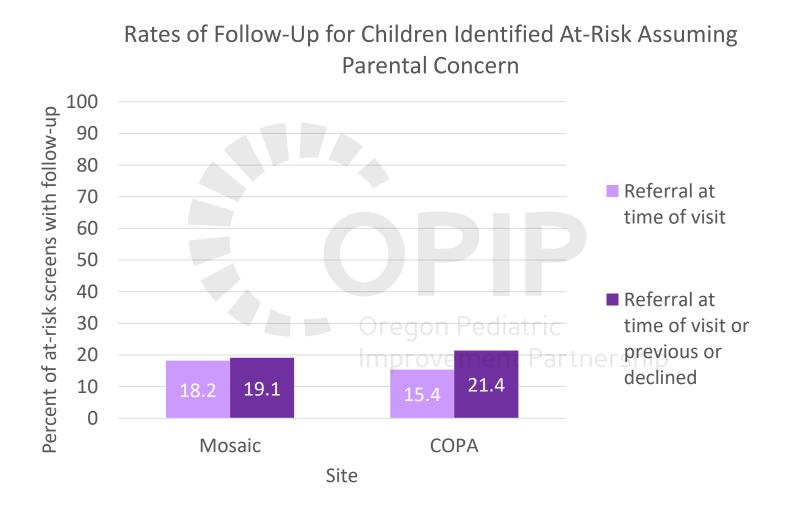






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Overall Follow-Up to Developmental Screening Rates in Current Pilot Sites

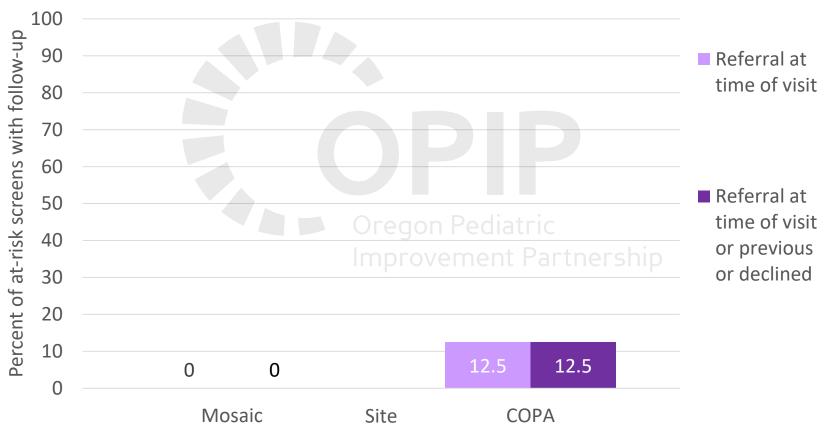


Mosaic Data Source: Provided by Mosaic Data Team, November 2018. Data for screens (According to EMR Flowsheet) between 7/1/17 - 6/30/18 for children under three years. N=20 for bar 1 and N=21 for bar 2 for bar 3 for children under three years. N=20 for bar 1 and N=21 for bar 2 for bar 2 for bar 2 for bar 3 for children under three years. N=70 for bar 1 and N=100 for screens (According to EMR) between 7/1/17 - 6/30/18 for children under three years. N=72 for bar 1 and N=100 for bar 2.

Specific to Our Meeting Today: Follow-Up to Developmental Screening for Children with Social-Emotional Delays



Rates of Follow-Up for Children Identified At-Risk on Personal Social AND Problem Solving: Assumes Parental Concern



Mosaic Data Source: Provided by Mosaic Data Team, November 2018. Data for screens (According to EMR Flowsheet) between 7/1/17 - 6/30/18 for children under three years, N=0 for both bar 1 and bar 2 COPA Data Source: Provided by COPA Data Team, November 2018. Data for screens (According to EMR) between 7/1/17 - 6/30/18 for children under three years. N=4 for both bar 1 and bar 2.

Specific Community-Level Feedback for Phase 2 Activities Focused on Pathways for Children with Social-Emotional Delays



- 1. Within Pilot Primary Care Sites, Improve identification and internal follow-up
- 2. Identify behavioral health providers that serve 0-5
 - Update asset map provided in Phase I, apply an Equity Lens
 - Address community concern about the current lack of providers or lack of capacity within existing providers, facilitate community-level conversation on gap in availability of services
- 3. If there is capacity and opportunity, pilot improvement referrals from pilot primary care sites to external behavioral health providers.
 - Ensure that these pilots include tools and workflows for improved <u>communication and coordination</u> across service providers
 - Standardized processes (agreements, tools, workflows)
 - Two-way communication, including whether the family made it to the referral, services provided (assessment results, service be not copy or reproduce without proper OPIP citation.
 type and frequency)



Within Pilot Primary Care Sites:

- Need for training medical decision tree specific to socialemotional delays and what are best match supports.
- Need for training on what behavioral health services are for young children, concern about whether there are people to refer to
- Need for better and standardized processes (work flows & tracking) around best match promotion and referrals (who, what, where, how) aligned with community-level assets
- Need for specific strategies integrated behavioral health can use with young children with social-emotional delays
- Need for educational materials for parents of children identified that encourage and facilitate shared decision making
- Need for **tools and strategies to engage families** in accessing the referrals Do not copy or reproduce without proper OPIP citation.

- OPIP
- COPA, MOSAIC primary care providers trained on the follow-up to developmental screening medical decision tree, which includes a specific focus on children with social emotional delays
- January 22nd Training of Internal Behavioral Staff in COPA & MOSAIC in Early 2020 focused on:
 - Child development as it relates to social-emotional health and selfregulation and overview of clinical constructs meant to assess delays.
 - Additional Assessments related to social-emotional health, parental attachment, other factors that impact a child's social emotional health
 - Brief Interventions
- Clinical expertise and review provided by Andrew Riley Ph.D.
 Pediatric Clinical Psychologist who specializes in integrated behavioral health care

January 22nd, 2020 Training



- **Audience:** Mosaic Medical Group staff who serve as the integrated behavioral health; St. Charles Behavioral Health Staff who are Co-Located in Central Oregon Pediatric Associates.
- Scope of Training: Ensure that the pilot primary care site behavioral health staff are able to conduct key follow-up steps for children identified via developmental screening on problem solving, personal social delays that will be referred to them based on the OPIP Medical Decision Tree.

• Objectives:

- ✓ To provide an overview of the children 0-3 who have been trained to be referred to the pilot primary care site behavioral health staff.
- To provide an overview of social-emotional development and why the indicators are flags of potential delays.
- ✓ To provide an overview of follow-up steps that pilot primary care site behavioral health staff can conduct to understand child and family needs and brief interventions.
- To provide an overview of children who may benefit from external mental health services.
- ✓ To provide an overview of currently available external mental health services in Central Oregon.

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✓ To provide an overview of future proposed training topics and obtain feedback.

Pathways for Children with Social-Emotional Delays <u>within Primary Care Pilot Sites</u>



- Refresher and "deep dive training" of the behavioral health pathways
 - Behaviors that are flags for social-emotional health, Screens beyond developmental screening that relate to socialemotional delays (maternal depression, M-CHAT)
 - Behavioral health services in the community and overview of the modalities and best match services
 - How to engage families in referrals
- Implementation Support
 O Within the practice
 O Within the practice
 - If pilots to behavioral health providers are identified. Could include:
 - Referral forms
 - Communication feedback loops

Specific Community-Level Feedback for Phase 2 Activities Focused on Pathways for Children with Social-Emotional Delays



- 1. Within Pilot Primary Care Sites, Improve identification and internal follow-up
- 2. Identify behavioral health providers that serve 0-5
 - Update asset map provided in Phase I, apply an Equity Lens
 - Address community concern about the current lack of providers or lack of capacity within existing providers, facilitate community-level conversation on gap in availability of services
- 3. If there is capacity and opportunity, pilot improvement referrals from pilot primary care sites to external behavioral health providers.
 - Ensure that these pilots include tools and workflows for improved communication and coordination across service providers
 - Desire for better **two-way communication** with resources to which families are referred.
 - Need for better and standardized processes (agreements, tools, workflows)
 - Need for **timely communication** between service providers, including whether the family made it to the referral, services provided (assessment results, service type, and frequency) represented proper OPIP citation.



On <u>October 22nd</u> we convened a group of behavioral health stakeholders with the following objectives:

- To obtain a shared understanding of the behavioral health services currently available for young children (0-5), their capacity and the implications for potential pilot activities
- To understand **barriers to organizations addressing gaps** in available **behavioral health services** for young children (0-5)
- To facilitate a community-level conversation about potential options and opportunities to address gaps in **behavioral** health services for young children (0-5)

Disclaimers of Asset Maps Created, Ongoing Work Needed



- Anchored to <u>the interviews</u> and with a primary lens of the children that <u>the pilot primary care practices served</u> AND input obtained at the 10/22 meeting of behavioral health providers
- Focus is specifically on services for young children
 - Project is specific to follow-up to developmental screening for children 0-3 and delays identified on these global tools: Personal social & problem solving delays identified on ASQ
 - Work focused on social emotional delays <u>can expand to be</u> <u>children 0 and up to 5</u> (before kindergarten)
 - Other flags and indicators seen within primary care pilot sites (*Behaviors observed and reported, Maternal Depression, MCHAT, Exposure to Aces*)
 - Socially complex children (Anchored to health complexity data)
 - May not be specific to pilot primary care sites



• Identified services across the region.

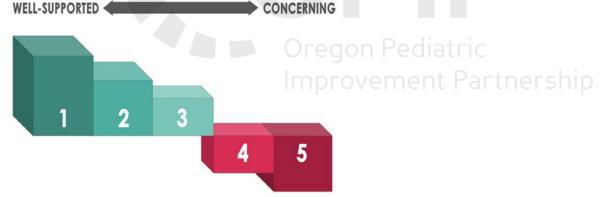
oldentified WHO can see children 0-3

- Identified the specific modalities provided by the service providers given they impact who and what are best match services
- Understand capacity of services
- Apply an equity lens:
 - ✓ Region
 ✓ Race Ethnicity, Tribal Designation
 ✓ Languages spoken
 ✓ Payor

OPIP Examination of Behavioral Health Services for 0-5: Framework Used



- Type of social-emotional delays or factors the service targets
 - If the goal is to get kids in to the right "best match" services, what are the best services for specific factors the pilot sites and project will focus on
- Delivery method
 - Dyadic or group
 - Can be factor in consider options for spread or location of services
 - Can be factor in consider parent engagement
- Scientific Rating Evidence Base for Various Modalities:



- Summarized services by those that are a level 1-3, but per community feedback documenting other services and openness to exploring services that may have less that Scientific Rating of 3 AND that community finds value
- Resources: Various websites and summaries of services and clinical experts. 61

Framework Used for Assessing Modalities Focused on Population Focus for this Project



Version 8: November 26, 2019

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Behavioral Health Services for Children Under Five with Social Emotional Delays

Selected Parent-Child Programs for Children Under 5 with a Scientific Rating of 1-3 Focused on (1) Positive parenting, (2) Effective limit setting and safe discipline, and (3) Child-parent relationship building

| The rapy/Program Name | Delivery Method ¹ | Age of Child | Scientific Rating | | | | | |
|---|-------------------------------|--------------|-------------------|--|--|--|--|--|
| SERVICES TARGETED TO CHILDREN WITH DISRUPTIVE BEHAVIOR PROBLEMS | | | | | | | | |
| Parent Child Interaction Therapy (PCIT)* * PCIT is also an effective program for children with known trauma history | Dyadic | 1-7 | 1 | | | | | |
| Triple P (Positive Parenting Program) | Group | 0-12 | 2 | | | | | |
| Generation-PMTO | Dyadic, Family & Group | 2-18 | 1 | | | | | |
| The raplay | Dyadic | 0-18 | 3 | | | | | |
| Helping the Non-compliant Child | Dyadic | 3-8 | 3 | | | | | |
| Collaborative Problem Solving | Family, Individual | 3-21 | 2 | | | | | |
| Play Therapy | Family, Individual | 3-12 | 3 | | | | | |
| SERVICES TARGETED TO CHILDREN WITH | KNOWN TRAUMA HISTORY | | | | | | | |
| Trauma Focused CBT Oregon | Dyadic | 3-18 | 1 | | | | | |
| Child Parent Psychotherapy (CPP) | me _{Dyadic} Pan | tno-ssh | р ₂ | | | | | |
| Eye Movement Desensitization and Reprocessing (EMDR) | Individual | 2-17 | 1 | | | | | |
| Attachment Regulation and Competency (ARC) | Dyadic, Family, Individual | 0-21 | NR | | | | | |
| SERVICES TARGETED TO CHILDREN WITH | AT-RISK PARENTS/ F | AMILIES | | | | | | |
| Family Check-Up | Dyadic | 2-17 | 1 | | | | | |
| Incredible Years* * Incredible Years is also good for children with disruptive behavior problems | Group | 4-8 | 1 | | | | | |
| Attachment and Biobehavioral Catch-up (ABC) | Dyadic | 0-2 | 1 | | | | | |

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information derived from https://www.cebc4cw.org and consultation from Andrew Riley and Laurie Theodorou

Modalities Available in Central Oregon

Anchored to OPIP's Framework of Services:

Version 8: November 26, 2019



Behavioral Health Services for Children Under Five with Social Emotional Delays In Central Oregon The summary below is based on interviews OPIP has conducted with providers in the region June 2018-November 2019. Further information is still needed on services available in Warm Spring and in Polk County due to recent changes. Overall, there are 35 providers, some are able to provide different modalities. Number of Therapy Organization (s) Providers SERVICES TARGETED TO CHILDREN WITH DISRUPTIVE BEHAVIOR PROBLEMS Parent Child Interaction Therapy (PCIT) Brightways, Cherie Skillings, 10 Deschutes County, Starfish Counseling * PCIT is also an effective program for children with known trauma history Triple P (Positive Parenting Program) 0 Generation-PMTO 0 The raplay **Treehouse Therapies** 1 Helping the Non-compliant Child 0 Forever Family Therapy **Collaborative Problem Solving Deschutes County, Jefferson County Best Play Therapy** 15 Care, Starfish Counseling, Life Source SERVICES TARGETED TO CHILDREN WITH KNOWN TRAUMA HISTORY Jefferson County BestCare, Treehouse Therapies, 19** Rimrock Trails, Deschutes County, Brightways, Trauma Focused CBT Forever Family Therapy, Life Source Therapy Child Parent Psychotherapy (CPP) 1 **Cherie Skillings** Eye Movement Desensitization and Reprocessing (EMDR) Deschutes County, Starfish Counseling 14 Attachment Regulation and Competency (ARC) 1 Deschutes County SERVICES TARGETED TO CHILDREN WITH AT-RISK PARENTS/ FAMILIES Family Check-Up 0 **Incredible Years** Deschutes County 1 Incredible Years is also good for children with disruptive behavior problems 0 Attachment and Biobehavioral Catch-up (ABC) OTHER SERVICES PROVIDED WITHIN THE COMMUNITY:

Capacity of Current Providers Who See Young Children in Central Oregon



| Draft Version | Current Assessment of Specialty Mental Health Providers Who See Children 0-5 in Central Oregon | | | | | | | | | |
|--|--|------------------------|--------------------------|---------------------|---------------------------------|----------------------|------------------------------|---|------------------------|---|
| 5.0 November 26, 2019 | Deschutes County | Treehouse Therapies | Brightways Counseling | Cherie Skillings | Jefferson County BestCare | Rimrock Trails | Forever Family Therapy | Life Source Therapy | Starfish Counseling | Identified at 10/22 Meeting, OPIP |
| Location | Deschutes | Deschutes | Deschutes | Deschutes | letterson | Deschutes & Crook | Deschutes | Deschutes | Deschutes | is currently setting up the follow-up interviews. - The Child Center - IHS Warm Springs - Lutheran Community Services - Youth Villages - Now and Zen |
| Number of Providers | 15 | 1 | 2 | 1 | 3 | 2 | 4 | 1 | 1 | |
| Current Case Load (per week) | 114* | 28 | 62 | 24 | regon | 50 Pediatr | 40 | 30 | 25 | |
| Capacity to take on New referrals (# of families) | 25 | 5 | 8 | 12 | nprove 20 | ment P 25 | artners 16 | hip Limited, but could be flexible | 0 | |

*OPIP needs to follow up to get this specific information itation.

Applying an Equity Lens



| Current Assossment of Specialty Mental Health Broyiders Whe See Children O. F. in Control Oregon | | | | | | | | | | | |
|--|--|-------------------------------|---------------------------------|----------------------------|--|--------------------------|---|-------------------------------|-------------------------------|--|--|
| Draft | Current Assessment of Specialty Mental Health Providers Who See Children 0-5 in Central Oregon | | | | | | | | | | |
| Version 5.0 November 26, 2019 | Deschutes County N=15 | Treehouse Therapies N=2 | Brightways Counseling N=2 | Cherie Skillings N=1 | Jefferson County BestCare N=3 | Rimrock Trails N=2 | Forever Family Therapy N=4 | Life Source Therapy N=1 | Starfish Counseling N=1 | Identified at 10/22 Meeting, OPIP is | |
| Location of Therapy | | | | | | | | | | currently setting up the follow- | |
| Deschutes | X (6 in Redmond,6 in Bend, 3 in LaPine) | X (Bend) | X (Redmond) | X (Bend) | | X (Bend) | X (Bend) | X (Redmond) | X (Bend) | up interviews. - The Child Center - IHS Warm | |
| Crook | | | | | | X (Prineville) | | | | Springs - Lutheran | |
| Jefferson | | | | | X (Madras) | | | | | Community | |
| Therapy Provider Race, Ethnicity or Tribal Affiliation | 14 Identified as White (1 White/ Hisp, 1 Hispanic) | ldentified as White | Identified as White | Identified as White | Identified as White | Identified as White | 3 Identified as White, 1 as African American | Identified as White | ldentified as White | Services - Youth Villages - Now and Zen | |
| Therapy Provider Language Spoken | 14 English only, 1 Spanish/ English | English | English | English | English | English | English | English | English | | |
| Payor | OHP/ Private | OHP/ Private | OHP/ Private | | OHP/ Private oduce without pr | OHP Only | OHP/ Private | OHP/ Private | OHP/ Private | | |

*OPIP needs to follow up to get this specific information

Addressing the Gaps: Staring Point Conversation Held on 10/22 About Opportunities and Options and Gathering Community-Level Input and Insight



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Hearing from Engaged Community Partners: Barriers and Solutions



Themes:

- 1. Workforce Capacity
- 2. Addressing Equity of Service Availability
- 3. Provider Perceptions and Perceived Personal Influencers
- 4. Family Engagement Family Not Coming to Visit
- 5. Billing & Reimbursement

Oregon Pediatric Improvement Partnership

Barriers and Solutions for Workforce Capacity: **Example of Ideas Generated**



| | | Solutions | |
|-----|---------|--|--|
| | • | A State and community-level approach that supports capacity building | |
| | • | Right now community-level providers feels like the weight is on individuals in individual organizations | |
| | • | Priority placed on reviewing applications for behavioral health providers serving young | |
| Dre | • eg | children as part of contracting Creative ways to leverage space to achieve PCIT | |
| m | pro | Creative thinking about the location where services are provided and family-centered | |
| | | access points (group-level courses, co-location models, others) | |
| • | • | Go into colleges and identify the needs of the community and pair students with where they may be able to secure a job post-graduation | |
| | Dremj | | |

Barriers and Solutions for Equity by Race, Ethnicity, Language, Region: Example of Ideas Generated

| Barriers | Solutions | | | | |
|---|--|--|--|--|--|
| Lack of work force to ensure equitable access by region, race/ethnicity, language | Grant funding to support training and certification requirements, specific funding to address gaps in equity | | | | |
| Perception that for providers that | Creative recruitment strategies for providers | | | | |
| identify as non-white that they will | "Grow your own" providers | | | | |
| be tokenized in the workplace | Recruit members of the cultural community – not just these that speak the language | | | | |
| Difficulties with interpreters, especially over the phone and the | just those that speak the language | | | | |
| ability to understand therapy nuances | Creative ways to leverage local region-specific training programs, create a specific focus on specific populations | | | | |
| li li | Utilizing interpreters during therapy sessions | | | | |
| | In person provides the most cohesive session, but video or phone interpreters may be utilized | | | | |
| | However the training of the interpreter may need to be specific for MH services | | | | |

IP



Parameters We Used:

- Existing providers who noted a commitment to expanding services
- Gap in services that target specific risk factors relative to data on risk factors
- Gaps in types of delivery methods through which services are provided
- Strategies that could address areas where we observe inequities
- Training opportunities available, "Lift" it would take to build provider capacity
 - ✓ Training requirements and locations
 - ✓ Education requirement

Ideas/Options OPIP Brainstormed and Proposed Per the Conversation



Current Providers Considering Expansions:

- 1. Treehouse Therapies: Planned Expansion
 - Intentional recruitment for evidence based therapies identified
 - Trauma focused CBT
 - Family Check- Up
- 2. Rimrock
 - Consider training for a therapist in dyadic based modalities for teen parents receiving services for themselves
- 3. Best Care for Kids: Consideration of 0-5 in future hiring, additional sites
- 4. All existing providers apply for grant to be trained on Generation PMTO Improvement Partnership

Consider grant funding to address equity gaps:

5. Consider Triple P- Community Based Intervention in Jefferson





How we can ensure we get **parent input and parent guidance** on the project activities related to Social-Emotional Health?





- Improve follow-up in **Primary Care Pilot (PCP) Sites (N=4)**
 - Two committed site (COPA, MOSAIC) who have been expecting implementation support
 - Recruit two additional sites
- Improve follow-up pathways from PCP pilot sites to increase receipt of services:
 - Improve closed loop communication and coordination in Early Intervention (All three counties and Confederated Tribe of Warm Springs)
- Address Gaps in Pathways for PCP site that focus on at-risk children needing:
 - Services that address social-emotional delays
 - Medical and therapy services (Occupational Therapy, Physical Therapy, Speech)
- Identify and confirm community-level priorities on upstream approaches that could build health and resilience (aimed to prevent delays): Proactive Developmental Promotion & Preventive Behavioral Health for Socially Complex Children

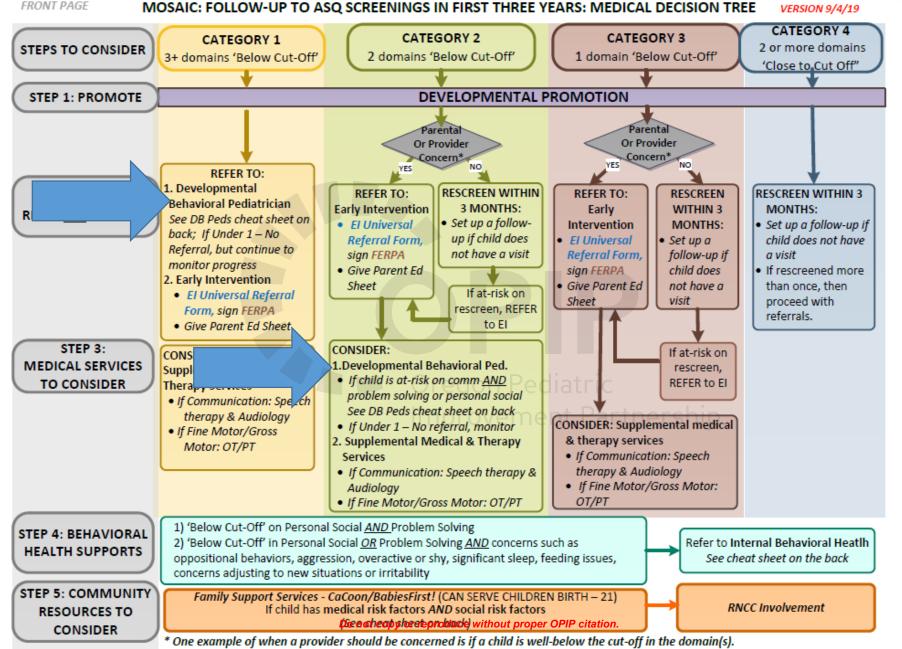
Pathways from Primary Care to Medical and Therapy Services



- 1. Provide Supports on Pathways to Developmental and Behavioral Health Pathway
 - Deep dive of work with PEDAL referrals given primary care site feedback on confusion around pathway and process
- 2. Update the Asset Map Developed in Phase 1, Apply an Equity Lens (Spring 2020)
- 3. Convene a meeting of medical and therapy providers (Spring or Summer 2020)
 - a) Review new HERC Coverage
 - b) Review training to PCP Pilot

Follow-Up to Screening Decision Tree (FRONT)



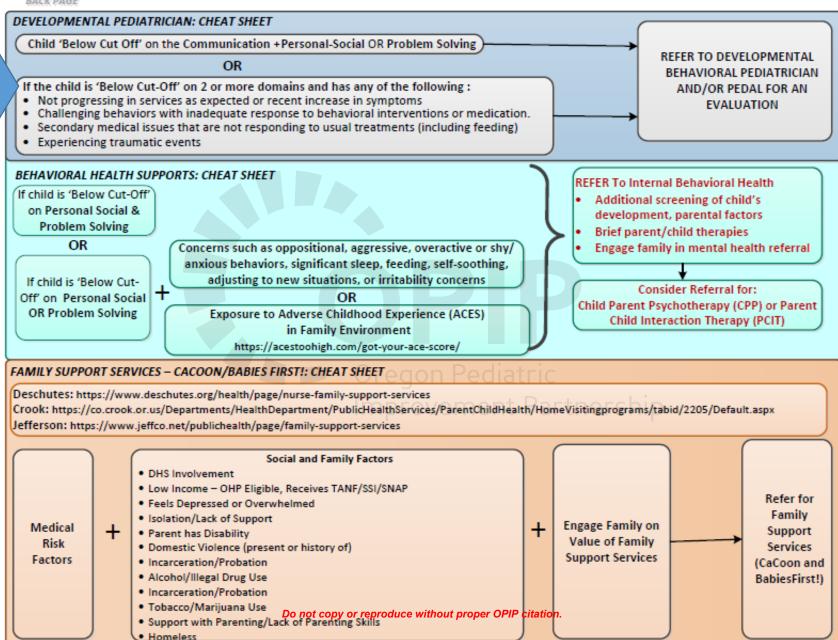


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Follow-Up to Screening Decision Tree (BACK)



BACK PAGE





- Meetings with PEDAL Leadership
 - Referral flow and process
 - Developed a summary of baseline quantitative and qualitative information to guide and inform discussion about need for local Developmental and Behavioral Pediatrician
- Meeting with Sondra & Jessica on referral pathways
 - Understand referral process t Partnership
 - Understand how OPIP could enhance our training and key factors/flags for referrals to PEDAL

Key Learnings and Updates to Primary Car Materials and Training

- Developmental and behavioral evaluation
 - Improved language on Medical Decision Tree from
 Developmental Behavioral Pediatrician to a Developmental
 Evaluation
 - Triage process based on risk factors, use of services, and balancing limited availability and slots for full team evaluation
 - First evaluation often does not include a developmental and behavioral pediatrician
- Updates to Primary Care Toolsvement Partnership
 - Update asset map all referrals to PEDAL
 - Training on factors to consider for referral
 - Enhanced provision of information at time of referral (services already receiving, risk factors)





- Improve follow-up in **Primary Care Pilot (PCP) Sites (N=4)**
 - Two committed site (COPA, MOSAIC) who have been expecting implementation support
 - Recruit two additional sites
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 - Medical and therapy services (Occupational Therapy, Physical Therapy, Speech)
- Identify and confirm community-level priorities on upstream approaches that could build health and resilience (aimed to prevent delays): Proactive Developmental Promotion & Preventive Behavioral Health for Socially Complex Children

| ocial Complexity for Children age 0-5: Pacific Source of Cen | | | | |
|--|-------------------------|-------------------------|--|--|
| Children 0-5 (N=5,519) | Child Factor | Parent Factor | | |
| Poverty –TANF (For Child and For Either/Both Parent) | 26.3% (1,450) | 31.7% (1,747) | | |
| Foster care – Child received foster care services | 5.2% (286) | | | |
| Parent death – Death of parent/primary caregiver in OR | | 0.8% (42) | | |
| Parental incarceration – Parent incarcerated or supervised by the Dept. of Corrections in Oregon | | 18.7% (1,034) | | |

| 10.2% (565) | 42.3% (2,334) | (29.7%) children 0- 5 had 3 or |
|----------------------------------|-------------------------|---|
| Data Suppressed: Less than 10 | | more socia complexity |
| ent Partne | 22.5% (1,240) | factors. |
| 6.1% (339) | | |
| | 10.2% | |

unree

Population: Children in sample Medicaid/CHIP insured in Pacifie Source S Data Source: ICS and Medicaid /CHIP data sourced from Medicaid Management Information System (MMIS)

Mental Health: Child – Received mental health services through

Mental Health: Parent – Received mental health services through

Substance Abuse: Child – Substance abuse treatment through

Substance Abuse: Parent – Substance abuse treatment through

Potential Language Barrier: Language other than English listed in

Parent Disability: Parent is eligible for Medicaid due to recognized

Child abuse/neglect: ICD-9, ICD-10 dx codes related used by

DHS/OHA

DHS/OHA

DHS/OHA

DHS/OHA

provider

disability

the primary language field



(562)

3.4%

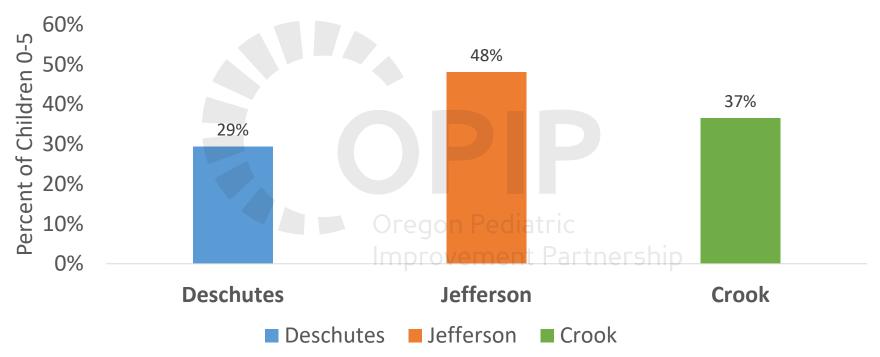
(185)



Applying the Equity Lens: Region Specific Health Complexity Data March 2019 Reports



Percent of Children Covered by Pacific Source-Central 0-5 With 3+ Social Complexity Factors**



**Based on OHA Transformation Center Health Complexity Data, which only takes into account publicly insured children, and does not quantify Warm Springs as a separate region.

https://www.oregon.gov/oha/HPA/dsi-tc/Pages/Child-Health-Complexity-Data.aspx

| Social Complexity for Children Age 0-5: By Region | | | | | | |
|---|------------------|---------|------------------|--------|--------------|--------|
| Note: Due to reporting rules from DHS Integrated Client Services, populations | Deschutes County | | Jefferson County | | Crook County | |
| with low counts (n \leq 10) are masked and reported as NA. | N=5,888 | | N=1,433 | | N=970 | |
| Indicator | Child | Parent | Child | Parent | Child | Parent |
| | Factor | Factor | Factor | Factor | Factor | Factor |
| Poverty – TANF (For Child and For Either/Both Parent), Below 37% of | 20.4% | 23.9% | 40.6% | 46.8% | 28.7% | 35.1% |
| Poverty Level (ICS, data available 2000-2017) | (1,199) | (1,408) | (582) | (671) | (278) | (340) |
| Foster care – Child received foster care services (ICS, data available | 4.4% | | 9.6% | | 5.3% | |
| 2000-2017) | (259) | | (137) | | (51) | |
| Parent death – Death of parent/primary caregiver in OR (ICS-Death | | 0.6% | | 1.2% | | 1.1 % |
| Certificate in Oregon, data available 1989-2017) | | (36) | | (17) | | (11) |
| Parental incarceration – Parent incarcerated or supervised by the | | | | | | |
| Dept. of Corrections in Oregon (ICS Dept. of Corrections for state | | 15.1% | | 21.6% | | 18.5% |
| felony charges, not including county/municipal charges, data | | (888) | | (310) | | (179) |
| available 2000-2017) | | | | | | |
| Mental Health: Child – Received mental health services through | 10.3% | | 8.2% | | 6.9% | |
| DHS/OHA (ICS-NMH caseloads, data available 2000-2017) | (605) | | (117) | | (67) | |
| Mental Health: Parent – Received mental health services through | | 36.4% | | 45.4% | | 42.8% |
| DHS/OHA (ICS-NMH caseloads, data available 2000-2017) | Dedie | (2,144) | | (651) | | (415) |
| Substance Abuse: Child – Substance abuse treatment through | Data | ιπ | Data | | Data | |
| DHS/OHA (ICS-AD Caseloads, data available 2000-2018) | blocked | Partn | blocked | | Blocked | |
| Substance Abuse: Parent – Substance abuse treatment through | | 18.1% | | 31.0% | | 24.8 % |
| DHS/OHA (ICS-AD Caseloads, data available 2000-2018) | | (1,064) | | (444) | | (241) |
| Child abuse/neglect: ICD-9, ICD-10 dx codes related used by | 5.1% | | 7.0% | | 5.8% | |
| provider (OHA Medicaid Claims Data, data available 2002-2017) | (298) | | (101) | | (56) | |
| Potential Language Barrier: Language other than English listed in | | 8.8% | | 10.1% | | 5.6% |
| the primary language field (OHA Medicaid enrollment, most current | | | | | | |
| data for family) | | (519) | | (145) | | (54) |
| Parent Disability: Parent is eligible for Medicaid due to recognized | | 2.5% | | 3.5% | | 5.1% |
| disability (OHA Medicaid Enrollment, data available 2002-2019) | out proper OPII | (146) | | (50) | | (49) |
| Population: Children in sample Medicaid/CHIP insured in Jefferson, Deschutes, or Crook County as of August 2019. Image: Construction of the | | | | | | |



Starting Point Proposal of Components of This Track of Activity

- Engage key community level partners in coordination with CCO leaders to identify specific populations of children with high social complexity would be focus of this effort.
 - This could include children with high social complexity indicators on the health complexity data, children whose parents had accessed substance use services, and/or children whose parents have mental health issues, including maternal depression.
- In collaboration with these stakeholders, **identify potential pathways** and **proactive developmental and behavioral health** supports that may be valuable.
- In collaboration with these stakeholders, develop strategies by which behavioral and developmental promotion touches could be provided and referral points to behavioral health supports.
- Work collaboratively with the AIC efforts to identify if there are resources to address this pathway or if there are capacity and workforce barriers that need to be addressed within those and the CCO-level efforts.



Proactive Developmental Promotion & Preventive **Behavioral Health for High-Risk Children**

Progress since our last gathering

- Met with Pacific Source leadership on October 10th to discuss health complexity data at large and specific opportunities for populations that may be of focus.
 - Kate Wells; Mike Franz; Alison Little; Jeanette Simms; Sarah Kingston; Anna Hsu-Rincon; Mark Hanus; Emma Littlejohn.
- Meeting with individuals from the TRACES Central Oregon (Trauma Resilience and Adverse Childhood Experiences) group to begin discussing community engagement in resiliency and trauma-informed care.

 Discussed potential opportunity to present to the work group focused on foster care and prevention of foster care. Do not copy or reproduce without proper OPIP citation.



Some Ideas That Have been Generated:

- a) Data Analytic Request
 - \checkmark Data on the number of children, overall and by region, who have the following three risk factors: parent incarceration, parental substance abuse, parent mental health
 - ✓ Potential request of a blinded flag of whether the child has one of the three (If feasible)
- b) Engagement of providers of the adult services and inquiry of whether interest in proactive pathways for their children
 - 1. Adult substance abuse providers
 - 2. Providers of adults with serious and persistent mental illness

c) Given health complexity, value of target pilot in Jefferson County



Proactive Developmental Promotion & Preventive

If our goal is to identify potential pathways and proactive developmental and behavioral health supports that may be valuable. We need to:

- 1. Identify <u>which socially complex children</u> we may target assessments
- 2. <u>Engage families</u> on their experiences and their proposed solutions
- Understand <u>WHAT behavioral and developmental</u> promotion touches could be provided and pathways to those services
- 4. Engage potential communities and pilot site

Given Goals and In Scope Opportunities: What Areas Would You Prioritize and Why

| Children 0-5 (N=5,519) | Child Factor | Parent Factor | |
|--|-------------------------|-------------------------|--|
| Poverty –TANF (For Child and For Either/Both Parent) | 26.3% (1,450) | 31.7% (1,747) | |
| Foster care – Child received foster care services | 5.2% (286) | | |
| Parent death – Death of parent/primary caregiver in OR | | 0.8% (42) | |
| Parental incarceration – Parent incarcerated or supervised by the Dept. of Corrections in Oregon | | 18.7% (1,034) | |
| Mental Health: Child – Received mental health services through DHS/OHA | 10.2% (565) | | |
| Mental Health: Parent – Received mental health services through DHS/OHA | | 42.3% (2,334) | |
| Substance Abuse: Child – Substance abuse treatment through DHS/OHA | Data Suppressed | | |
| Substance Abuse: Parent – Substance abuse treatment through DHS/OHA | tnership | 22.5% (1,240) | |
| Child abuse/neglect: ICD-9, ICD-10 dx codes related used by provider | 6.1% (339) | | |
| Potential Language Barrier: Language other than English listed in the primary language field | | 10.2% (562) | |
| Parent Disability: Parent is eligible for Medicaid due to recognized disability | | 3.4% (185) | |





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How we can ensure we get **parent input and parent guidance** on building health and resilience for socially complex children?



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Looking Forward – Summary of Next Steps







- 1) Specific Work and Follow-Up Steps for each of the activity areas:
- a) Improve follow-up in **Primary Care Pilot (PCP) Sites (N=4)**
- b) Improve closed loop communication and coordination in Early Intervention (All three counties and Confederated Tribe of Warm Springs)
- c) Address Gaps in Pathways for PCP site that focus on at-risk children needing:
 - Services that address social-emotional delays
 - **Medical and therapy services** (Occupational Therapy, Physical Therapy, Speech)

d) Support upstream approaches that could build health and resilience (aimed to prevent delays): Proactive Developmental Promotion & Preventive Behavioral Health for Socially Complex Children

2) Late Spring/Early Summer 2020 Meeting



Questions? Want to Provide Input? You Are Key to the Meaningfulness of This Work To This Community



- Door is always open!
- Hub Lead
 - Brenda Comini: <u>brenda.comini@hdesd.org</u>
 - 541-693-5784 (office)
- OPIP Contract Lead
 - Colleen Reuland: reulandc@ohsu.edu
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- Focuses **integrated**, **family-centered care coordination** for publicly insured children across **physical**, **behavioral**, **and other local service providers**.
- Focus on **multi-generational and dyadic approaches** to care
- InCK Goals to target reductions in
 - 1. Out of home placements
 - 2. Costs for prolonged hospital stays or multiple readmissions
- Core Elements of InCK Model and Oregon Approach
 - Leverage Health Complexity data to identify children who may benefit from enhanced care coordination and community connection ("risk stratification")
 - Implement child-level needs assessments to better identify health and care coordination needs
 - Provide training and disseminate best practices for care coordination, including a focus on culturally and linguistically responsive care
 - Hire Service Integration Coordinator and enhance health information exchange capability in reach region
 - Develop and implement **value-based payment (VBP)** models in alignment with CCO 2 Copy or reproduce without proper OPIP citation.





- OPIP, as Lead Organization, convene Regional Partnership Councils in each region.
- Comprised of key local child service representatives with an integral role in service delivery, care coordination and case management.





Leveraging the Health Complexity Model to Inform Oregon Approach to the Integrated Care for Kids (InCK) Cooperative Agreement Application



Proposed InCK Model Areas

OHA will propose the two following regions for Oregon's InCK model over the next seven years including: Marion/Polk counties, and Crook/Deschutes/Jefferson counties. The targeted population for this application will include all publicly insured children and youth ages 0-21 in these regions, with a strong focus on integrated, family-centered care coordination across physical behavioral health and other local service providers as well as multi-generational/dyadic approaches to care.

