



#### Appendix A: Summary of OPIP-Led Efforts during the CPCCO Project

At the February 2019 meeting of the tri-county NWELH leadership, OPIP presented a summary visual, **Figure 1**, that was meant to distill and summarize the key activities that were conducted over the last two years and the key areas of technical assistance that were made possible through this grant. The purpose of this document is given the breadth and depth of deliverables that have been provided over the course of the two years, we felt it would be valuable to create a centralized compendium document aligned with Figure 1 that provides examples of tools or presentations that were conducted specific to each set of activities.

**Appendix A** provides a full compendium of tools aligned with Figure 1.

- Figure 1.0 can be found on Page 2
- Within Figure 1, viewers can click on a box in the Figure related to specific technical assistance and supports.
  - Once clicked, the document will hyperlink to the section of the compendium that provides example presentations or tools to provide clarity on the kinds of activities supported in this area.

#### KEY COMPONENTS OF PATHWAYS TO SERVICES PROJECT FUNDED BY CPCCO

### **Columbia Pacific** CCO

SECTORS

DATA

TOOLS

IMPROVEMENT

3. QUALITY

### Primary Care 4 Pilot Sites

OHSU Scappoose, TCCHC, Adventist W &F and CMH Pediatrics

#### **Early Learning**

Community Resource Connection Platforms, BH/ MH Pathways

Existing administrative data:

- Number of Dev. Screens (by age and race and clinic)
- Well Visit Rate (by age and clinic)

PCP EHR data collected through reports & manual chart review Cross Sector Data Sharing

- Number of ASQs completed
- •Of the ASQs completed, # at risk
- •For the ASQs at-risk, was follow up documented
- Existing EcWeb data:
- Number of Referrals
- Number of Referrals Evaluated

Early Intervention
3 Service Centers

Clatsop, Tillamook and Columbia

Evaluation Outcomes

- Connections on Community Resources connections platforms
- Referrals of kids 0-3 to Adventist Rehabilitation
- Secondary referrals from EI to External Mental Health

#### **OPIPs Facilitation of Data:**

1. Obtain data 2. Develop your analytical plan 3. Validity check and sense-making 4. Analyze data 5. Visual data display and sharing of results for different audience

#### **OPIPs Facilitation of Tool Development**

**Cross Sector Tool Development:** 

1. County Level Asset Map 2. CPCCO Service Summary Overview Document

#### GENERAL TOOLKIT TO BE CREATED:

- General Medical Decision
- Parent Education/Shared **Decision Making tool**
- 36 hour Phone Follow Up Script

#### PILOT SPECIFIC TOOLS:

- · Medical Decision Tree
- Parent Education/ **Shared Decision Making**
- 36 hour Phone Follow **Up Script** Two Way
  Communication

#### **QUALITY IMPROVEMENT TOOLS:**

- Modified EI/ECSE Universal Referral Form
- Service Summary

#### **QUALITY IMPROVEMENT TOOLS:**

- Resource Connection Platforms for Clatsop, Tillamook, Columbia
- Adventist Rehabilitation Pediatric Referral Form
- Referral Forms and Pathways to Mental Health

#### **OPIPs Facilitation of Quality Improvement**

#### QUALITY IMPROVEMENT FACILITATION:

- Monthly QI site visits
- Support implementation of
  - 1)Medical Decision Tree
  - 2)Parent and Family Supports
  - 3) Communication and Coordination from EI

#### **QUALITY IMPROVEMENT FACILITATION:**

- Improved data documentation in ECWeb
- Monthly QI calls for each Service Center
- Quarterly Calls Across 3 Service Centers
- Support implementation of improved outreach strategies
- Implementation of Communication Loops on **URF** and Service Summary

#### **QUALITY IMPROVEMENT FACILITATION:**

- Calls with Adventist Rehabilitation to establish referral form and workflow
- Meetings with Clatsop EI and CBH to establish referral pathway

#### **EARLY LEARNING HUB:**

Funded OPIP to help facilitate follow-up to developmental screening

In this partnership, OPIP provided the HUB: 1) Analyzed data 2) Quality Improvement Tools & 3) Quality Improvement Facilitation

Reviewed OPIP's cross sector data analysis and helped identify areas of opportunity and partnership opportunities

**NWELHUB Developed a Community Specific** 

**NWELHUB** will help maintain **County Level Asset Map and Shared Decision Making Tool** developed by OPIP

**NWELHUB facilitated bringing** community stakeholders together for biannual community level meetings

**NWELHUB** identified and engaged parent and family partners

**Resource Lists for Children** 0-5

Developed by the Oregon Pediatric Improvement Partnership Contact: opip@ohsu.edu

# Using Data to Inform Our Discussions and Proposed Priority Areas to Focus Our Community-Based QI Project:

**NWRESD: TRI-COUNTY MEETING DRAFT SY 2017-2018** 





# Value of Data from NWRESD on Early Intervention to Inform This Pilot

#### **#1: Indication of Follow-Up to Developmental Screening**

- Bright Futures (BF) recommends that all young children identified at-risk for developmental,
   behavioral and social delays on a developmental screening tool (aka the focus of this project)
   should be referred to Early Intervention at a minimum
  - El referrals & children served by El is an indication of referral and follow-up
    - If increases in developmental screening and follow-up are occurring, then an indication of this would be:
      - ✓ Increase in referrals and/or
      - ✓ Increase in referred children found eligible (indication of better of referrals)
  - Acknowledgement of issues with the BF Recommendation, given realities of administration in primary care practice AND Oregon's EI eligibility criterion
    - Value of descriptive data about kids that fail the ASQ that are then found ineligible for EI

#### #2: Data to Inform Processes for At-Risk Children, But El Ineligible

- A proportion of at-risk children referred to EI, will be found ineligible
  - The goal for this project is to ensure that at-risk children receive follow-up
  - Therefore, a focus of this project is <u>secondary referrals of EI ineligible children</u>
    - Value of descriptive information about these ineligible in order to inform secondary and follow-up services



# Data from NWRESD on Early Intervention Referral and Evaluation Outcomes to Be Shared Today

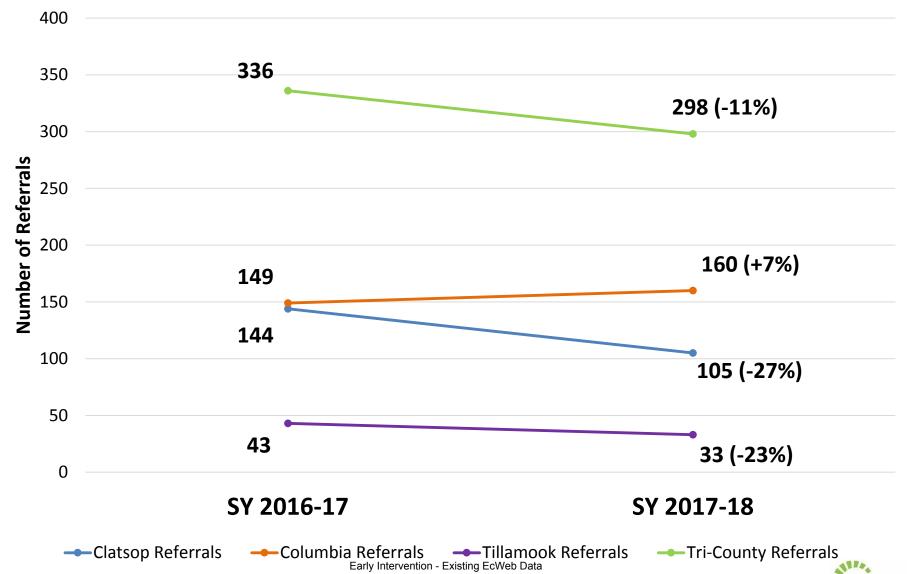
#### **Data Examining with El**

- Numbers of Referrals
  - ❖ Goal of the project is to increase best match referrals. Therefore, we may not overall increase referrals, we want to increase GOOD referrals
- Number of Referrals Able to be Contacted AND Evaluated
  - ❖ Goal of the project is to increase referrals from the pilot primary care sites that are able to be contact and evaluated
- Outcome of referrals (Eligible, Ineligible)
  - ❖ Goal of the project is to increase best-match referrals from the pilot primary care sites → so more of their referrals in general are eligible

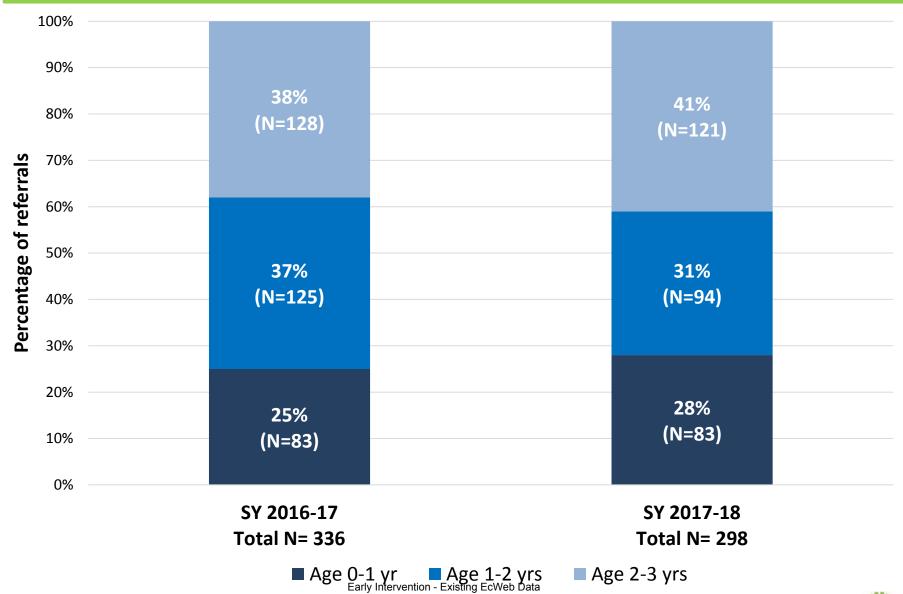
Data will be provided in **School Year (SY)** increments

- School Year is defined as July 1 June 30<sup>th</sup>
  - So a sig. amount of this data <u>is before</u> pilot site implementation
- At next meeting we will show Summer-Spring that aligns with a full time period that IS aligned with pilot-site implementation.

# Number of Early Intervention Referrals in NWRESD Tri-County Region (Clatsop, Columbia, and Tillamook)

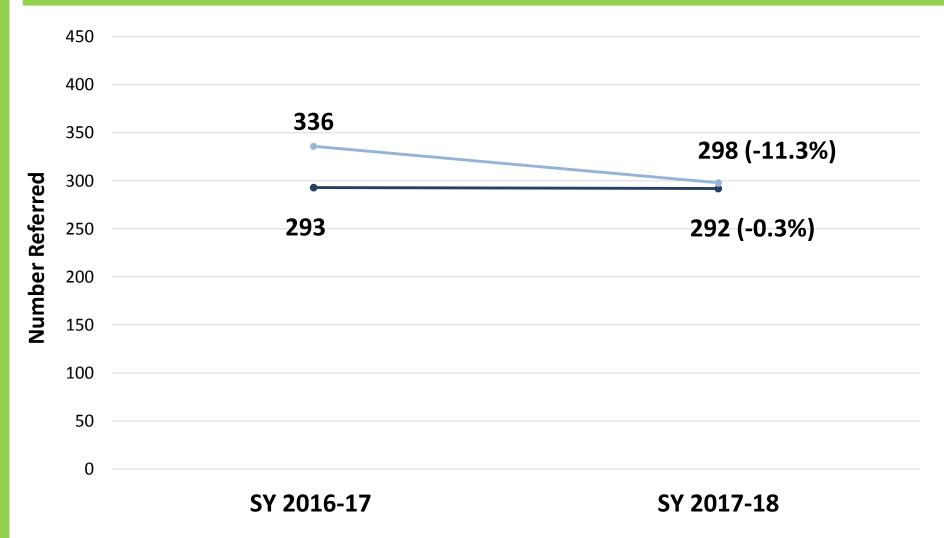


## Number of El Referrals in Tri-County by Age





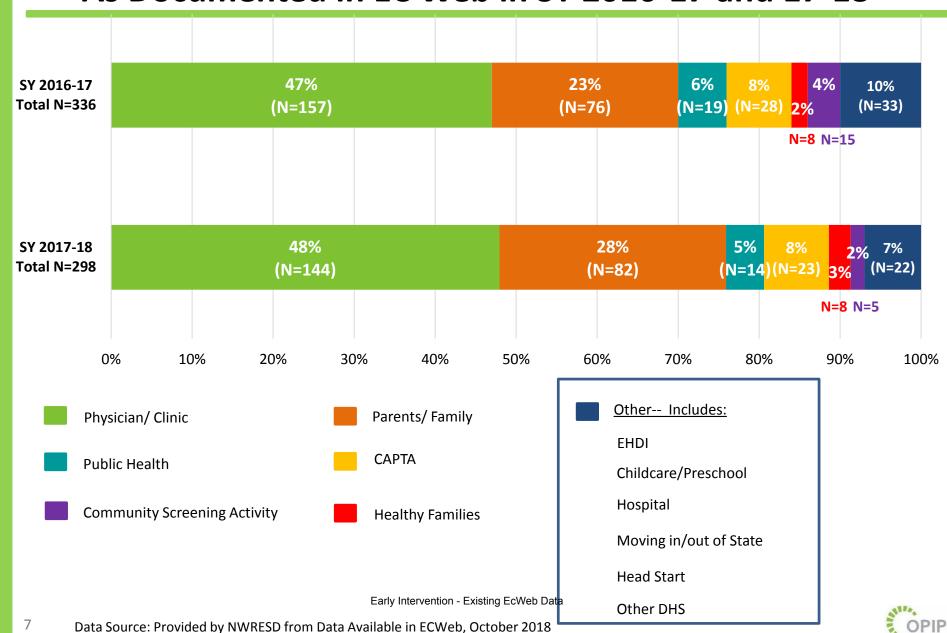
# Number of Early Intervention Referrals vs. Number of CHILDREN Referred in Tri-County



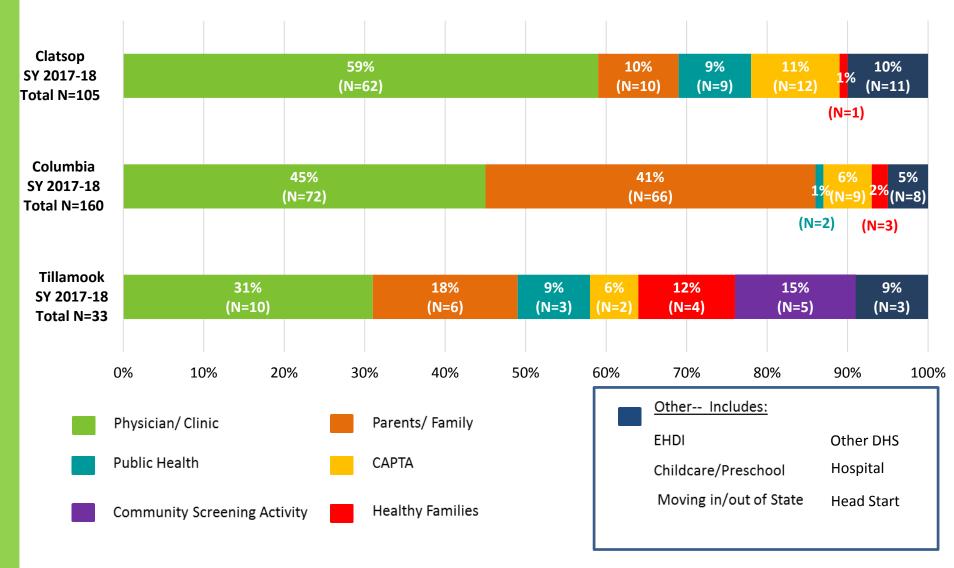




# Tri-County El Referrals by Referral Source As Documented in EC Web in SY 2016-17 and 17-18



## Clatsop, Columbia, Tillamook Counties: El Referrals by Referral Source As Documented in EC Web in 17-18





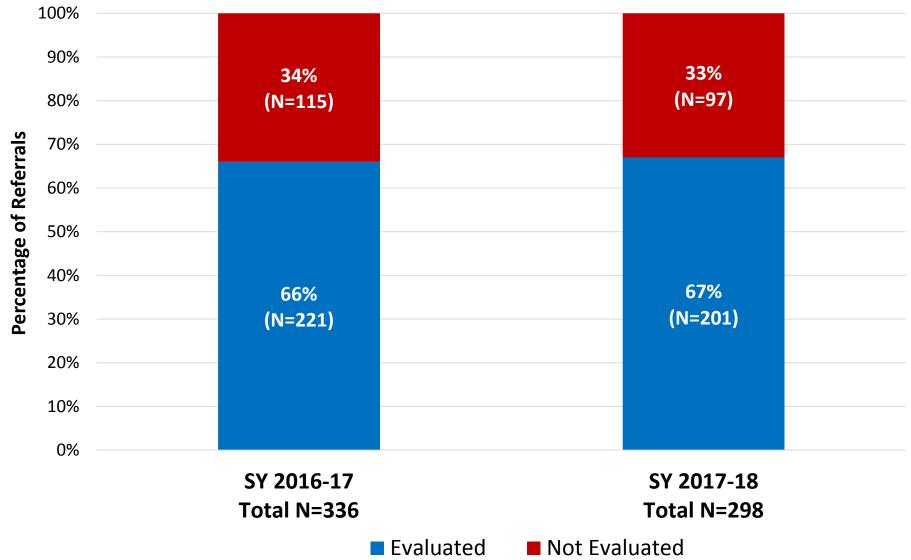
### **Since the Project Started**

### **#1: Indication of Follow-Up to Developmental Screening**

- Child find rates
- Numbers of Referrals
- Number of Referrals Able to be Contacted AND Evaluated
- Outcome of referrals (Eligible, Ineligible)

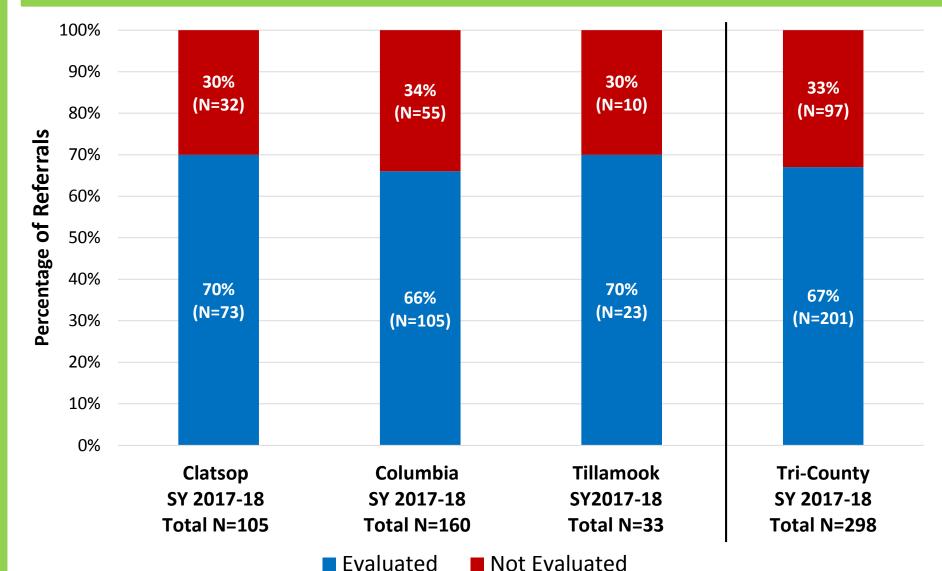


# **Tri-County** Referrals Able to be Contacted and Evaluated: Across SY 2016-17 and SY 2017-18





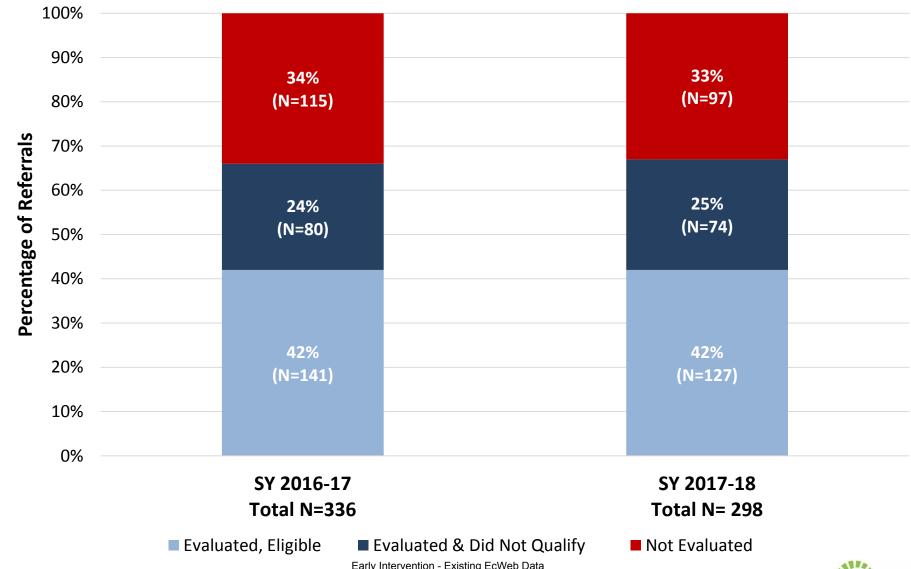
# Clatsop, Columbia, Tillamook Counties, and Tri-County: Referrals Able to be Contacted and Evaluated in SY 2017-18



Early Intervention - Existing EcWeb Data

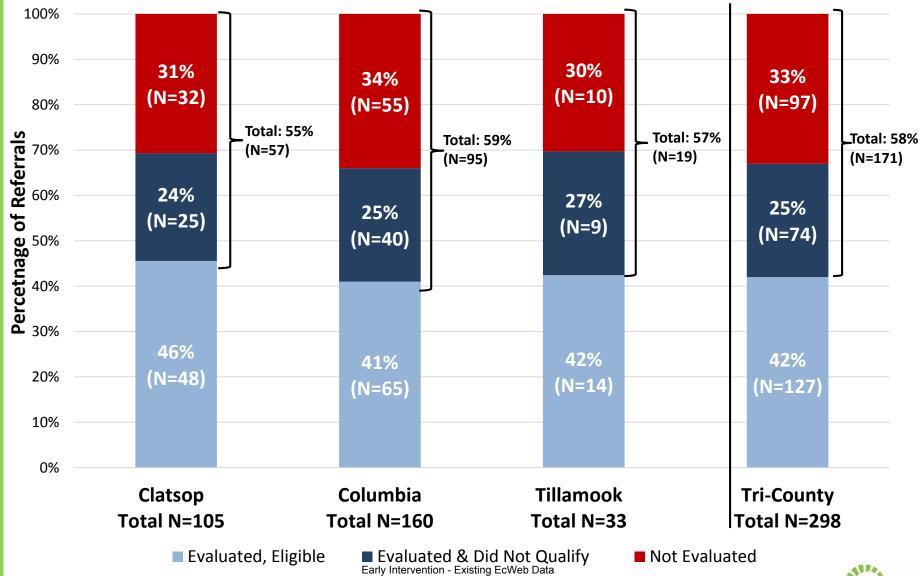


## **Tri-County Referral Outcomes:** Across SY 2016-17 and 2017-18



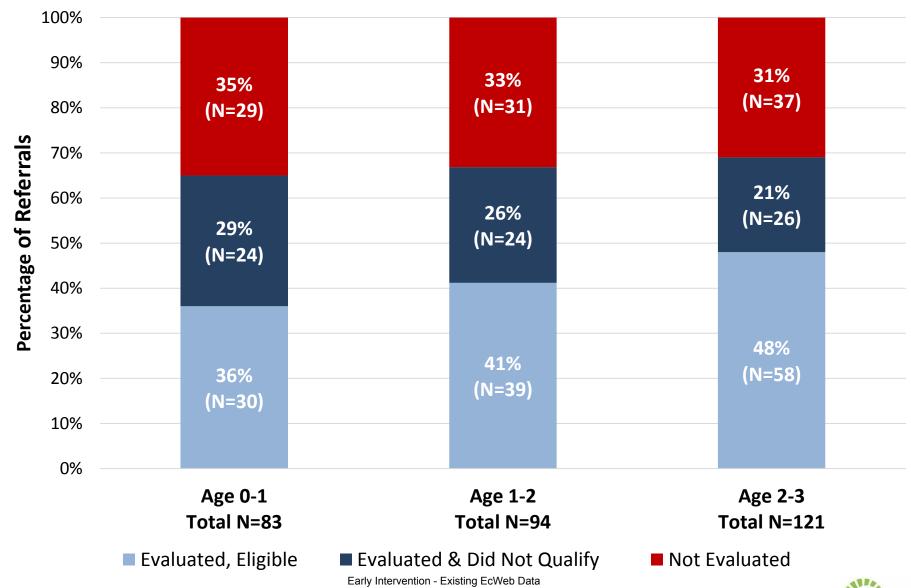


# Referral Outcomes Across the Clatsop, Columbia, Tillamook Counties, and Tri-County: SY 2017-18



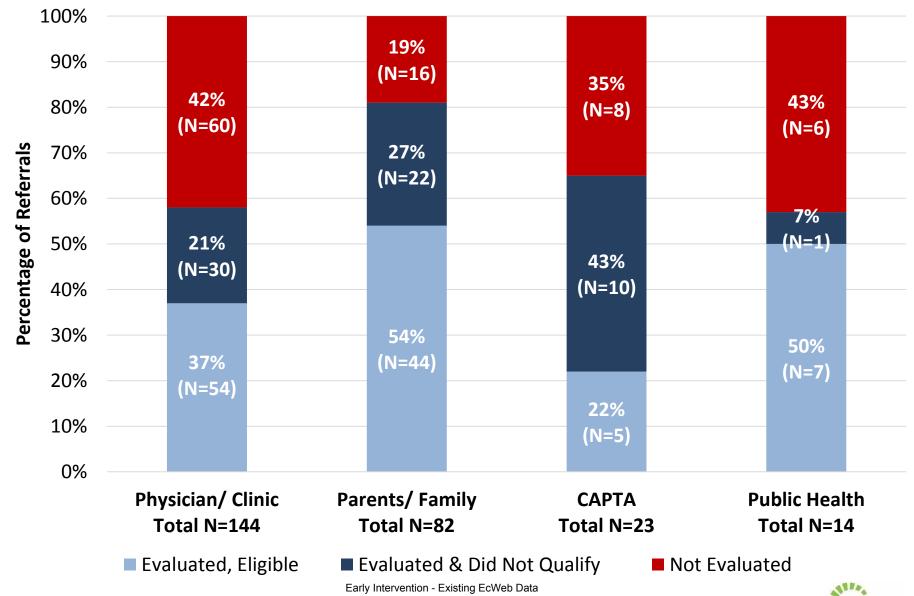


### Referral Outcomes By Age in SY 2017-18 in Tri-County



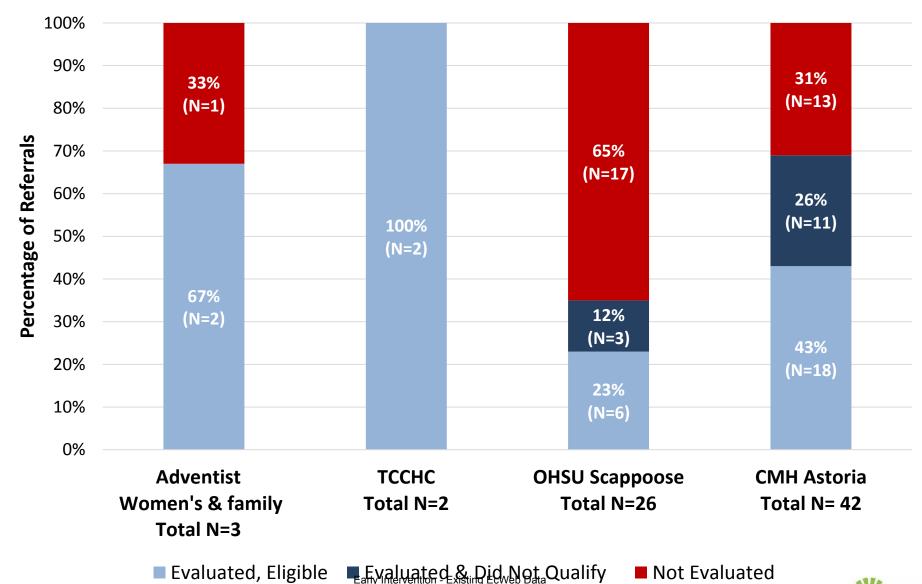


# Outcomes of Evaluation in Tri-County By Top Referral Sources SY 17-18



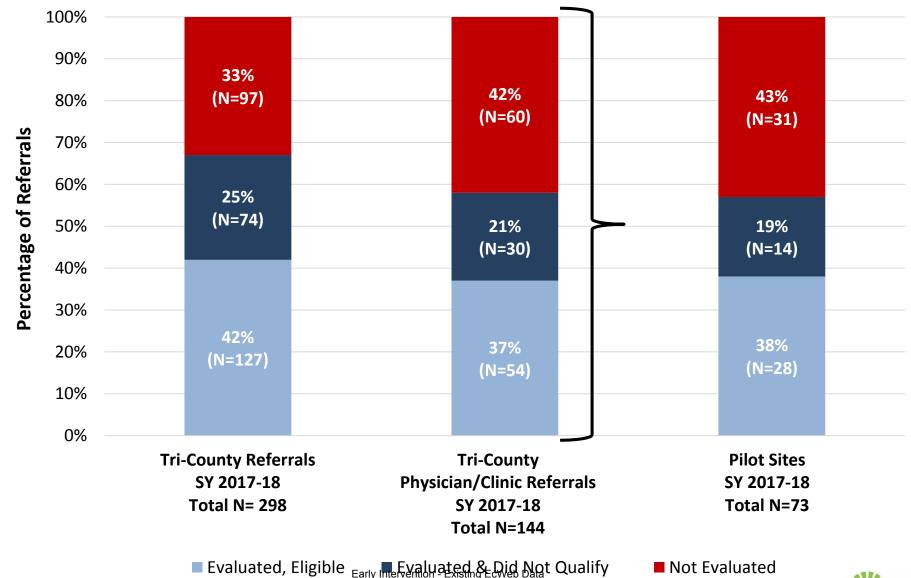


## Referral Outcomes by Pilot Site in SY 2017-18





## Referral Outcomes by Pilot Site in SY 2017-18







#### **Early Intervention Tools**

The tools presented in this document are resources that providers can use to enhance their communication and coordination with Early Intervention (EI)/Early Childhood Special Education (ECSE).

In 2017, updates were made to the Universal Referral Form based on collective feedback from a pilot project facilitated in partnership between OPIP and Willamette Education Service District (WESD).

The goals of the updates were to:

- 1. Help facilitate improved communication between EI/ECSE and the referred family
- 2. Streamline communication between referring providers and EI/ECSE
- 3. Support enhanced <u>timely</u> communication so that PCPs can assist with outreach and engagement of families
- 4. Inform follow-up steps for EI ineligible and EI eligible

Completing the referral form to fidelity will enhance communication and coordination between Early Intervention and the referring entity.

Version of Universal Referral Form can be found on the Oregon Department of Education website here: https://www.oregon.gov/ode/studentsandfamily/SpecialEducation/earlyintervention/Pages/default.aspx

#### **List of Examples Provided:**

- Updated Universal Referral Form
- Example of Service Summary

\*Please note: The tools and resources presented in this appendix are models that were developed for the context of this pilot project within this specific community. These models may be adapted for other communities, however they should not and are not intended to be a replacement of Medical Advice. For questions or clarification about these tools, please contact OPIP staff at: OPIP@ohsu.edu

#### Early Intervention/Early Childhood Special Education (EI/ECSE) Referral Form for Providers\* Birth to Age 5

CHILD/PARENT CONTACT INFORMATION			
Child's Name: Date of Birth:/			
arent/Guardian Name: Relationship to the Child:			
Address: City: State: Zip:			
County: Primary Phone: Secondary Phone: E-mail:			
Text Acceptable:   Yes   No Best Time to Contact:			
Primary Language: Interpreter Needed: ☐Yes ☐ No			
PARENT CONSENT FOR RELEASE OF INFORMATION (more about this consent on page 4)			
Consent for release of medical and educational information			
I,			
OFFICE USE ONLY BELOW:  Please fax or scan and send this Referral Form (front and back, if needed) to the EI/ECSE Services in the child's county of residence			
REASON FOR REFERRAL TO EI/ECSE SERVICES			
Provider: Complete all that applies. Please attach completed screening tool.         Concerning screen: □ ASQ □ ASQ:SE □ PEDS □ M-CHAT □ Other:         Concerns for possible delays in the following areas (please check all areas of concern and provide scores, where applicable): □ Communication □ Fine Motor □ Personal Social         □ Gross Motor □ Problem Solving □ Other:         □ Clinician concerns (including vision and hearing) but not screened:			
— — Family is aware of reason for referral.			
Provider Signature:			
PROVIDER INFORMATION AND REQUEST FOR REFERRAL RESULTS			
Referring Provider Name: Referral Contact Person:			
Office Phone: Office Fax: Address:			
City:State:Zip:			
Primary Care Provider:			
EI/ECSE EVALUATION RESULTS TO REFERRING PROVIDER			
El/ESCE Services: please complete this portion, attach requested information, and return to the referral source above.  □ Family contacted on/ The child was evaluated on/ and was found to be: □ Eligible for services □ Not eligible for services at this time, referred to: □ Parent Declined Evaluation □ Parent Does Not Have Concerns □ Unable to contact parent □ Attempts □ El/ECSE will close referral on / /			

<sup>\*</sup> The EI/ECSE Referral Form may be duplicated and downloaded at this Oregon Department of Education web page.

## MEDICAL CONDITION STATEMENT FOR EARLY INTERVENTION ELIGIBILITY (BIRTH TO AGE 3)

Date:	Child's Name		Birthdate:
to infants and young disabilities may not b	g children age: e evident in ev	regon Department of Education (ODE), provides Early is birth to three with significant developmental delaysery young child, but without intervention, there is a strong developmentally delayed.	s. ODE recognizes that
Under Oregon law, a	physician, phy and make a de	in determining eligibility for Oregon EI services for sician assistant, or nurse practitioner licensed in by the etermination as to whether he or she has a physical or elay.	e appropriate State Board
		many children may benefit from Oregon's El servic evident or very likely to develop are eligible.	es, only those in whom
Thank you for your til	me and assista	nce with this matter.	
Medical Condition:			
			· · · · · · · · · · · · · · · · · · ·
<del></del>			
Please indicate if th	is child has a:		
☐ Vision Impairmer			
☐ Hearing Impairm			
☐ Orthopedic Impa	irment		
Comments:			
			<del></del>
			<del></del>
Yes	No T	his child has a physical or mental condition that is	likely to
		esult in a developmental delay.	
	Physician/Physicia	n Assistant/Nurse Practitioner	Date
Print Name:		Phone:	

Early Intervention QI Tools

#### **OREGON EI/ECSE CONTACTS**

Baker County Phone: 800.927.5847 Fax: 541.276.4252	<b>Douglas County</b> Phone: 541.440.4794 Fax: 541.440.4799	Lake County Phone: 541.947.3371 Fax: 541.947.3373	Sherman County Phone: 541.238.6988 Fax: 541.384.2752
Benton County Phone: 541.753.1202 x106 877.589.9751 Fax: 541.753.1139	<b>Gilliam County</b> Phone: 541.238.6988 Fax: 541.384.2752	Lane County Phone: 541.346.2578 Fax: 541.346.6189	<b>Tillamook County</b> Phone: 503.842.8423 Fax: 503.842.6272
Clackamas County Phone: 503.675.4097 Fax: 503.675.4205	<b>Grant County</b> Phone: 800.927.5847 Fax: 541.276.4252	Lincoln County Phone: 541.574.2240 x101 Fax: 541.265.6490	Umatilla County Phone: 800.927.5847 Fax: 541.276.4252
Clatsop County Phone: 503.338.3368 Fax: 503.325.1297	Harney County Phone: 541.573.6461 Fax: 541.573.1914	Linn County Phone: 541.753.1202 x106 877.589.9751 Fax: 541.753.1139	<b>Union County</b> Phone: 800.927.5847 Fax: 541.276.4252
Columbia County Phone: 503.366.4141 Fax: 503.397.0796	Hood River County Phone: 541.386.4919 Fax: 541.387.5041	Malheur County Phone: 541.372.2214 Fax: 541.473.3915	<b>Wallowa County</b> Phone: 541.927.5847 Fax: 541.276.4252
Coos County Phone: 541.269.4524 Fax: 541.269.4548	<b>Jackson County</b> Phone: 541.494.7800 Fax: 541.494.7829	Marion County Phone: 503.385.4714 888-560-4666 x4714 Fax: 503.540.2959	<b>Warm Springs</b> Phone: 541.553.3241 Fax: 541.553.3379
Crook County Phone: 541.693.5630 Fax: 541.693.5661	Jefferson County Phone: 541.693.5740 Fax: 541.475.5337	Morrow County Phone: 800.927.5847 Fax: 541.276.4252	<b>Wasco County</b> Phone: 541.296.1478 Fax: 541.296.3451
Curry County Phone: 541.269.4524 Fax: 541.269.4548	Josephine County Phone: 541.956.2059 Fax: 541.956.1704	Multnomah County Phone: 503.261.5535 Fax: 503.894.8229	Washington County English: 503.614.1446 Spanish: 503.614.1299 Fax: 503.614.1290
Deschutes County Phone: 541.312.1195 Fax: 541.693.5661	Klamath County Phone: 541.883.4748 Fax: 541.850.2770	Polk County Phone: 503.385.4714 888-560-4666 x4714 Fax: 503.540.2959	<b>Wheeler County</b> Phone: 541.238.6988 Fax: 541.384.2752
			<b>Yamhill County</b> Phone: 503.385.4714 888-560-4666 x4714 Fax: 503.540.2959

El/ECSE contact information also available at this Oregon Department of Education <u>web page</u>.

or please call 1-800-SafeNet

#### SOUTHWEST WASHINGTON EI/ECSE CONTACTS

(NOTE: EI/ECSE Program Requirements differ in each state; please contact these offices for Washington Requirements)

Phone: 360.896.9912 ext.170 Phone: 360.425.9810 Phone: 3	at County Skamania County 60.921.2309 Phone: 509.427.3865 9.493.2204 Fax: 509.427.4430	
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Form Rev. 12/15/17

## Early Intervention/Early Childhood Special Education (EI/ECSE) Referral Form for Providers\* Birth to Age 5 CONSENT FOR USE OR DISCLOSURE OF HEALTH INFORMATION BETWEEN

#### HEALTHCARE PROVIDERS and EARLY INTERVENTION

#### **Information for Parents**

This consent for release of information authorizes the disclosure and/or use of your child's health information from your child's health care provider to the Early Intervention/Early Childhood Special Education (El/ECSE) program. This consent form also authorizes the disclosure of developmental and educational information from the Early Intervention/Early Childhood Special Education program to your child's health care provider.

#### Why is this consent form important?

Your child's health care provider sees your child at well-child screening visits and for medical treatment. Sometimes your child's health care provider may see the need for more information, like evaluation or follow up by other specialists, to identify your child's special health care needs. The Early Intervention/Early Childhood Special Education (EI/ECSE) program can be a resource to help identify your child's needs. The primary goal of this consent form is to allow communication between your child's health care provider and EI/ECSE programs so these providers can work together to help your child.

#### Why am I asked to sign a consent on this form?

The consent allows your child's health care provider to share information about your child with EI/ECSE, and allows EI/ECSE to share information about your child with your health care provider. Your consent for the release of information allows your child's health care provider and EI/ECSE communicate with one another to ensure your child gets the care your child needs. However, as your child's parent or legal guardian you may refuse to give consent to this release of information.

#### How will this consent be used?

This consent form will follow your child as he/she is screened and/or evaluated at EI/ECSE. The information generated by this release will become a part of your child's medical and educational records. Information will be shared with only individuals working at or with EI/ECSE or the office of your child's health care provider for the purpose of providing safe, appropriate and least restrictive educational settings and services and for coordinating appropriate health care.

#### How long is the consent good for?

This consent is effective for a period of one year from the date of your signature on the release.

#### What are my rights?

You have the following rights with respect to this consent:

- You may revoke this consent at anytime.
- You have the right to receive a copy of the Authorization.



#### NORTHWEST REGIONAL EDUCATION SERVICE DISTRICT Early Intervention/Early Childhood Special Education

3194 Marine Drive Astoria, OR 97103 Phone: 503-325-2862

Fax: 503-325-1297

#### Clatsop Service Center Columbia Service Center

800 Port Avenue St. Helens, OR 97051 Phone: 503-366-4100 Fax: 503-397-0796

#### **Tillamook Service Center**

2515 Third Street Tillamook, OR 97141 Phone: 503-842-8423 Fax: 503-842-6272

#### **Washington Service Center**

5825 NE Ray Circle Hillsboro, OR 97124 Phone: 503-614-1428 Fax: 503-614-1290

Date: 08/03/18

#### **Service Summary**

Child's Name:			Birthdate:
CHILD was found eligible for Early Interven	tion services o	n: <u>08/03/18</u> .	
She was found eligible under the category: Developmental Delay			
As required under Oregon law, she will be $\epsilon$ Childhood Special Education Services.	valuated agair	n before 10/03/19 to	o determine if she is eligible for Early
A new Individual Family Service Plan (IFSP	) was develope	ed for CHILD on <u>08</u>	<u>3/03/18</u> .
IFSP Goal Areas  ☐ Cognitive ☐ Social / Emotional	⊠ Motor		☐ Communication
Services Provided			
Service		How Often	Provider
Service Coordination		12 hours/years	
Physical Therapy		1 hour/year	
Occupational Therapy		1 hour/month	
This form is submitted annually and any timquestions.	e there is a cha	ange in services. P	lease contact Tina Weeks with any
This document represents services determi recommended by medical providers are se			
Electronically signed by Michelle Rodriguez	z on 08/03/18.N	NAME	
,NAME_EI/ECSE Specialist, NWRESD (	503)XXX-XXX	Κ	

# Using Data to Inform Our Discussions and Proposed Priority Areas to Focus Our Community-Based QI Project:





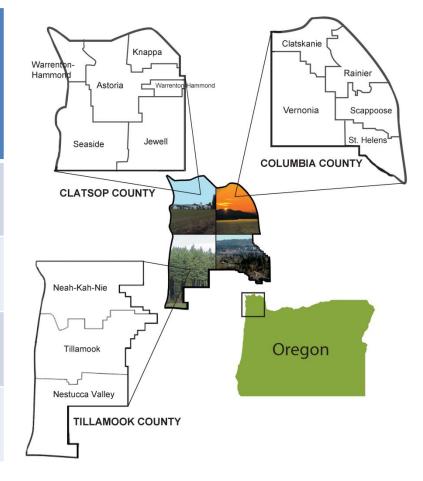
## **Examining Quantitative Data to Understand The Pathway of Screening to Services for Young**

- Population of Focus for the Project: <u>Children 0-3</u> identified on developmental screening tools as atrisk for developmental, behavioral or social delays
   Data
- Data Available That will be Examined
  - 1. Census Data How many children 0-3
  - 2. Columbia Pacific Coordinated Care Organization (CPCCO) for Publicly Insured (Funder)
    - Children covered, Continuously enrolled
    - Children who have a visit
    - Children who receive a developmental screening, according to claims submitted
  - 3. Primary Care Practice Data: Examples from Pilot Site Data Collected to Date
    - Children practice identifies as their patient
    - Children who received a developmental screening
    - Children identified at-risk on developmental screen
    - Children identified at-risk who received follow-up
  - 4. Early Intervention: According to Bright Futures Data, A Referral for All Children Identified At-Risk (A Pilot Site)
    - Referrals
    - Referred children able to be evaluated
    - Of those evaluated, eligibility
  - 5. Early learning providers (Tracking data will be collected for pilot sites to evaluate pilot)

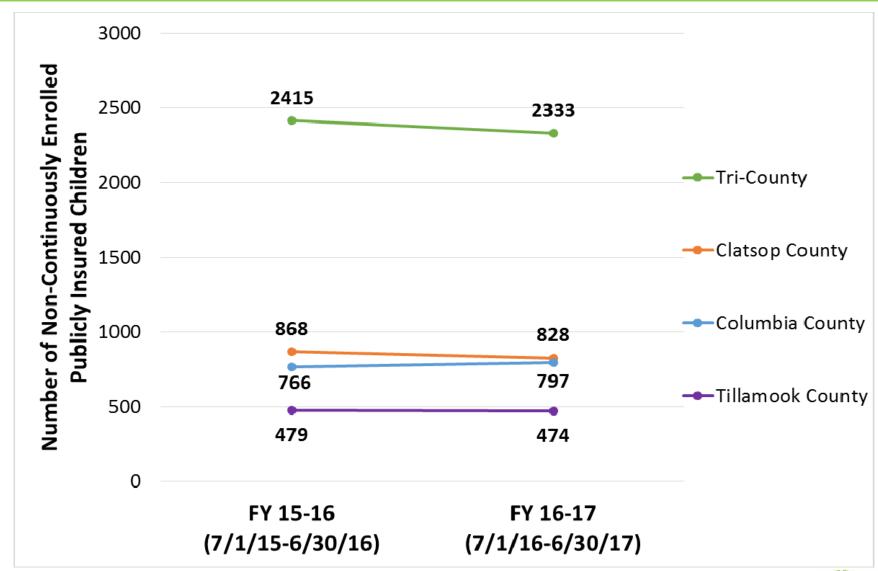


### **Children 0-3 in Tri-Counties**

	Total Children 0-3	Children Covered by CPCCO	Of those: Children Continuously Enrolled for 12 mths
Clatsop	1,250	828 (66%)	452
Columbia	1,635	797 (49%)	419
Tillamook	655	474 (72%)	280
Total: Tri-County	3,540	2,333 (60%)	1,227

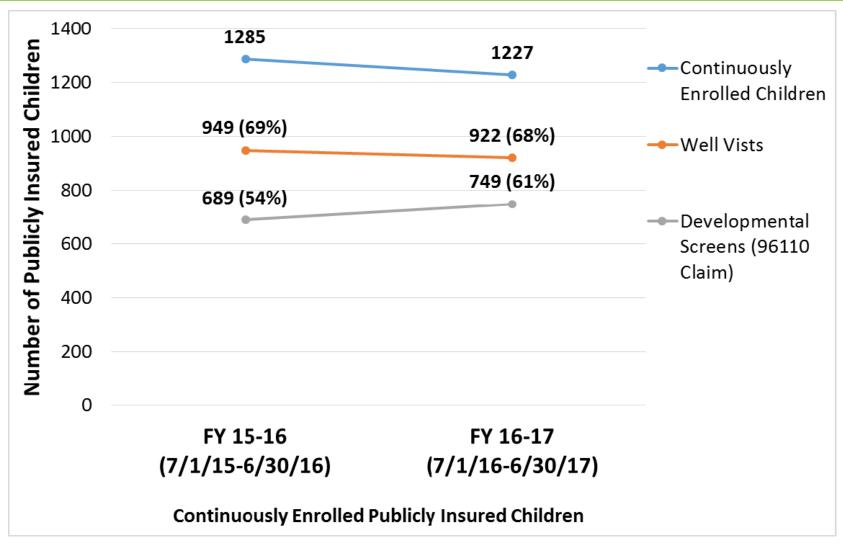


# Number of Children 0-3 Publicly Insured in CPCCO (No Continuous Enrollment Requirement)



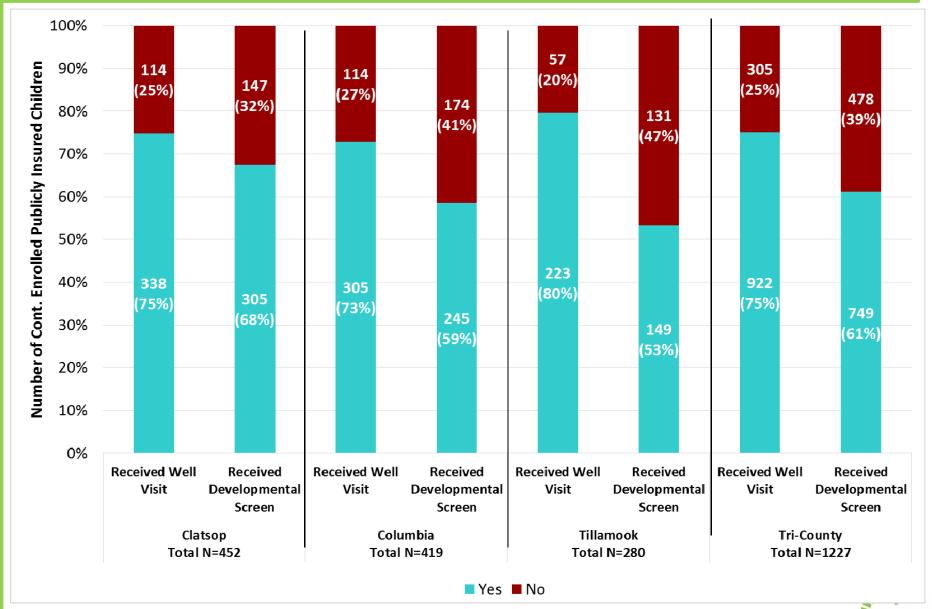


## Publicly Insured Children Under Three Years Old: Number Continuously Enrolled – Of those: Proportion Who Received a Well Visit, Developmental Screen (96110 Claim)





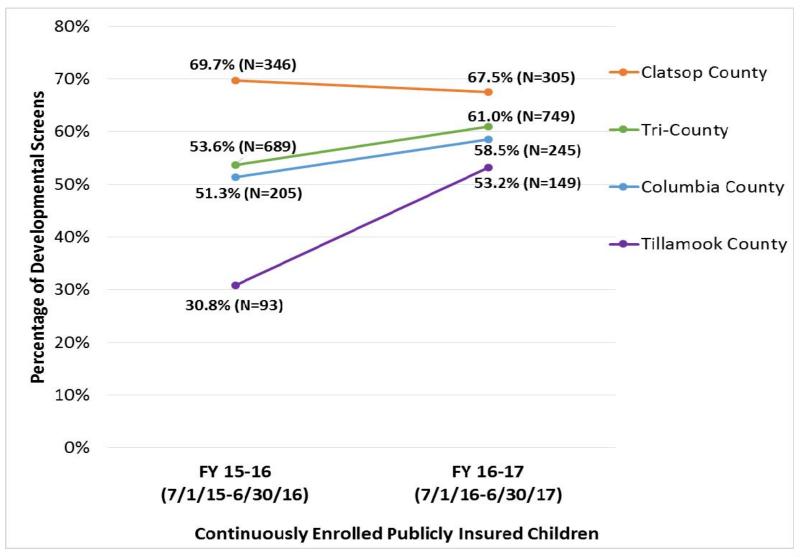
# Proportion of Continuously Enrolled, Publicly Insured Children Who had a Well-Visit and Developmental Screen in the Last Year





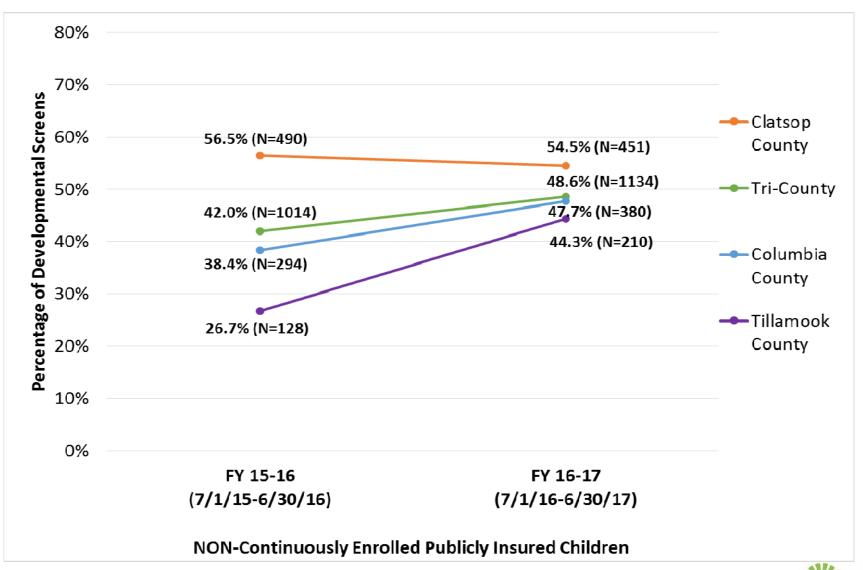
### **Developmental Screening Rate for the**

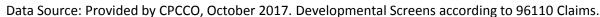
### **Tri-County CPCCO Regions (Clatsop, Columbia, Tillamook)**





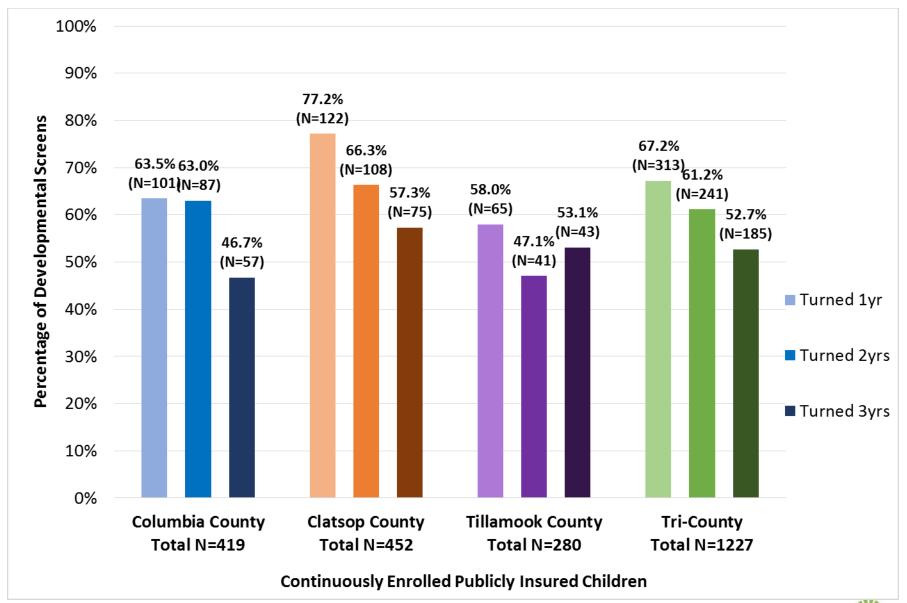
# Developmental Screening Rate for the Tri-County CPCCO Region for NON-Continuously Enrolled Children





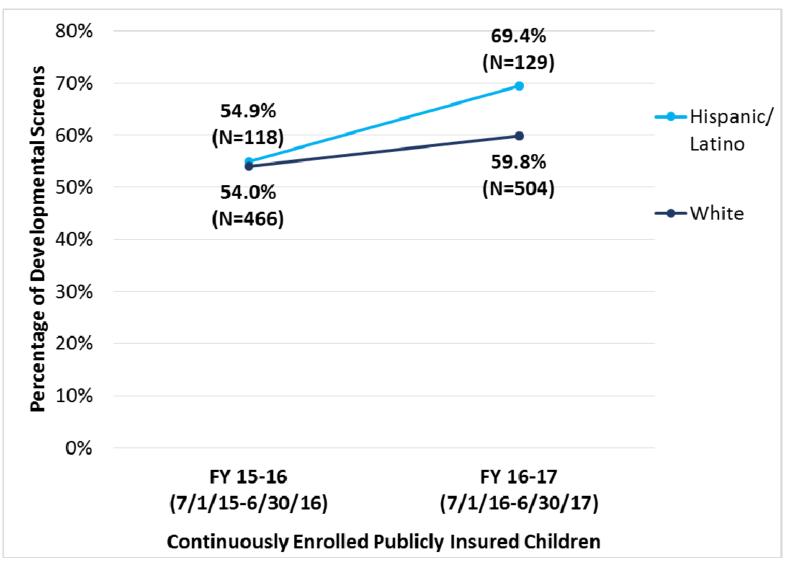


## **Developmental Screening Rates by Age of Child**



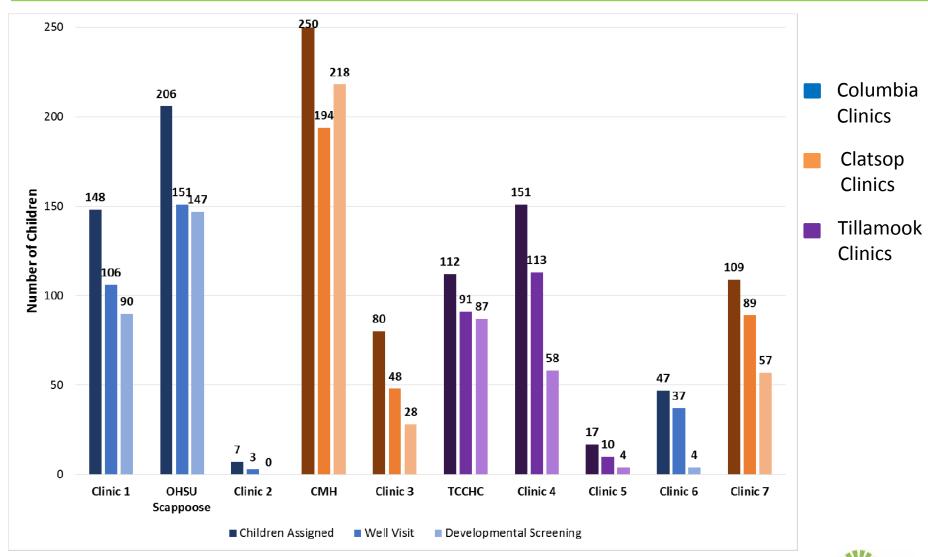


# Developmental Screening Rates by Race/Ethnicity – CONTINUOUSLY ENROLLED CHILDREN



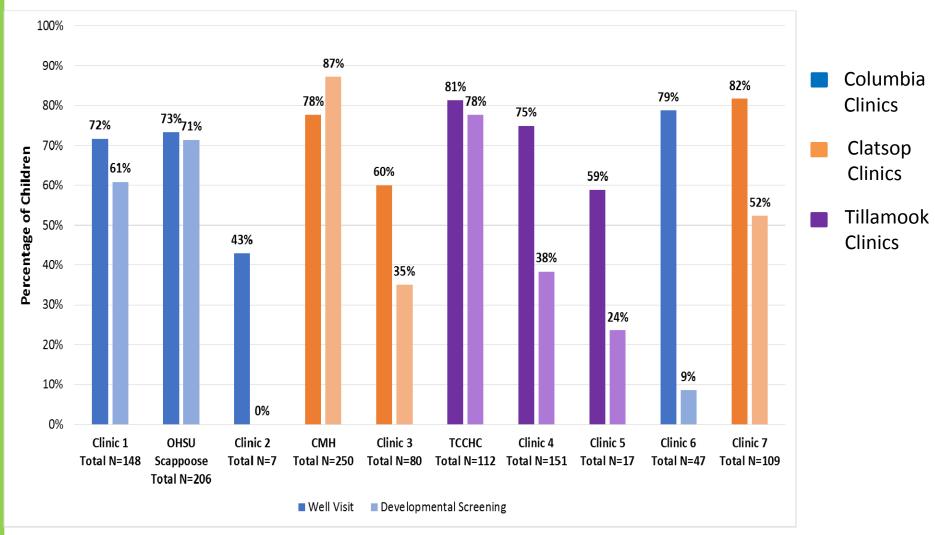


# Well Visit & Developmental Screening Rates in CPCCO Clinics in Columbia, Clatsop & Tillamook Counties



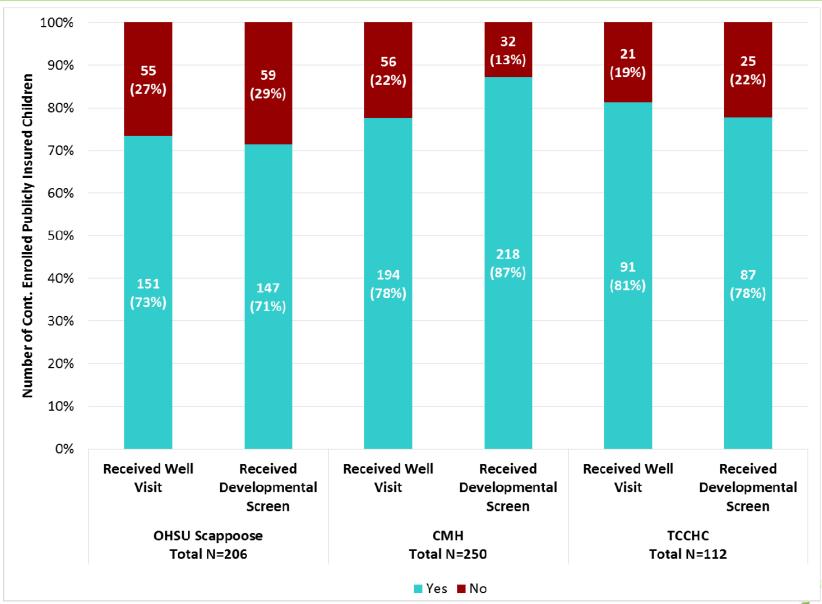


# Well Visit & Developmental Screening Rates in CPCCO Clinics in Columbia, Clatsop & Tillamook Counties

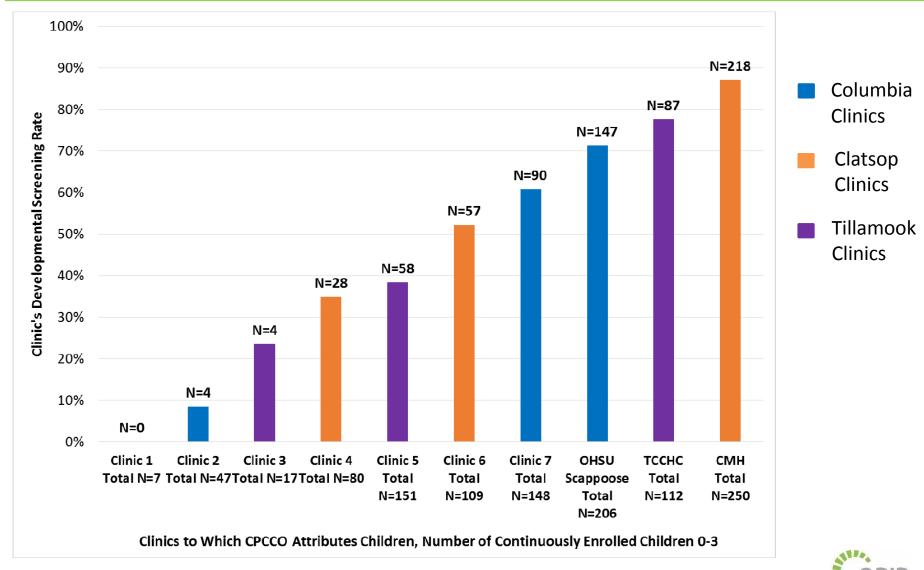




## Well Visit & Developmental Screening Rates in Pilot Sites

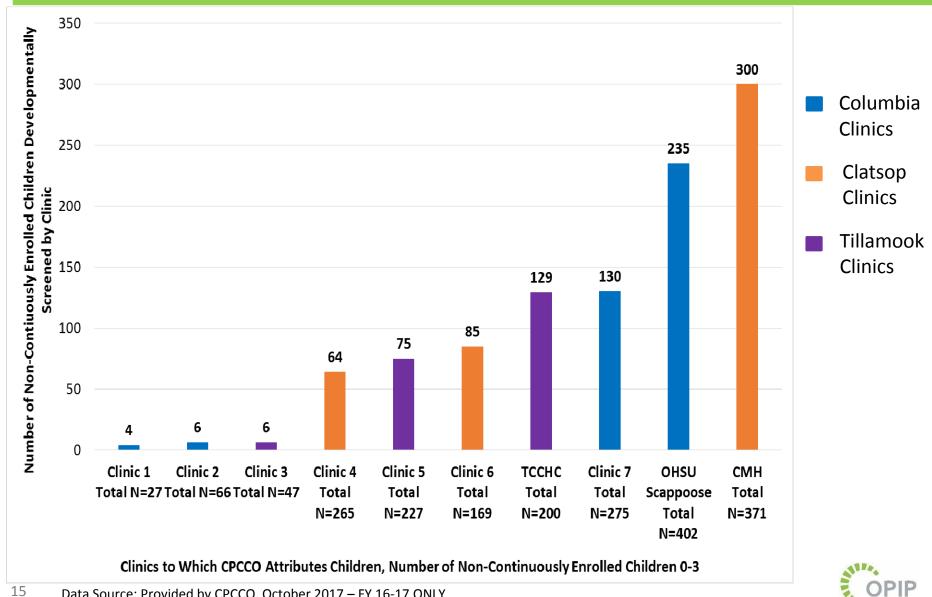


## **Developmental Screening Rates in CPCCO Clinics in Columbia, Clatsop & Tillamook Counties**

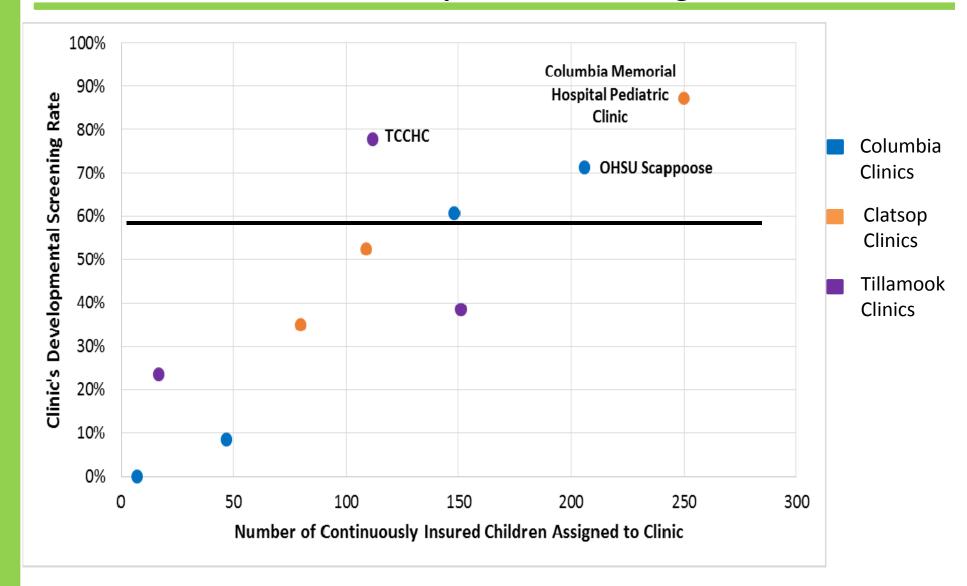




## **Annual Number of Developmental Screening Rates in CPCCO Clinics in Columbia, Clatsop & Tillamook Counties**

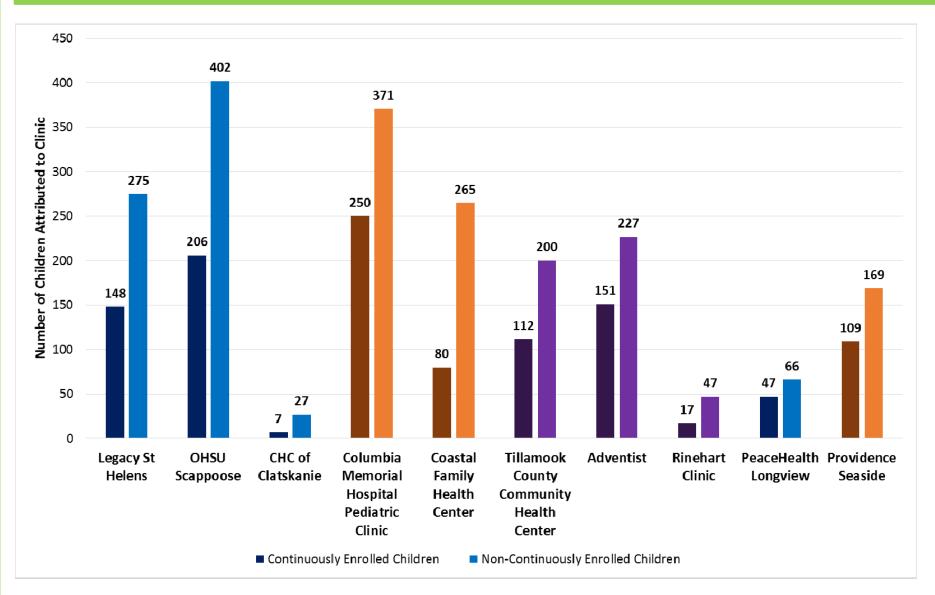


# Number of Continuously Insured Children Assigned to Clinic vs. Clinic's Developmental Screening Rate



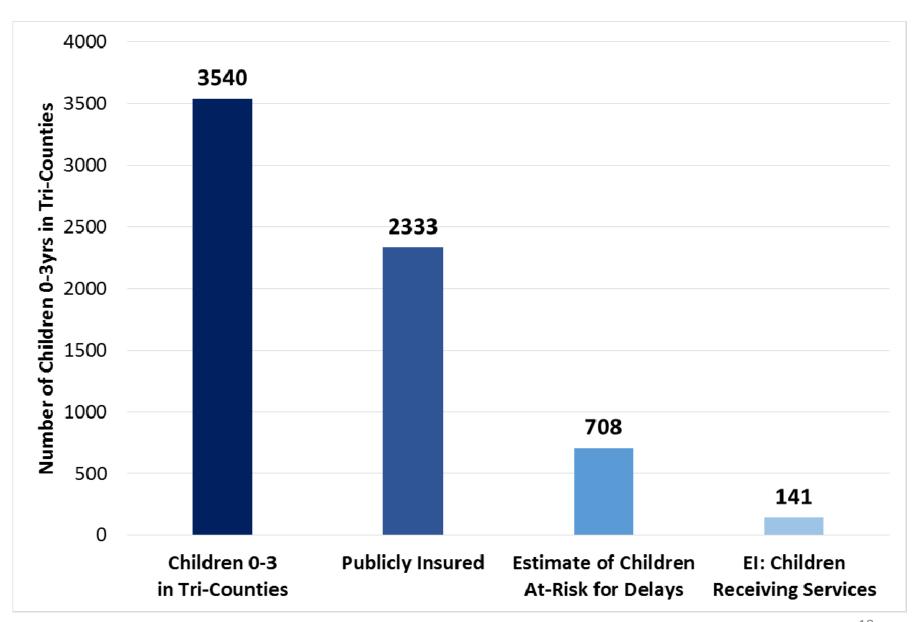


# Number of Continuously Enrolled vs. Non-Continuously Enrolled Children Attributed to Each Clinic

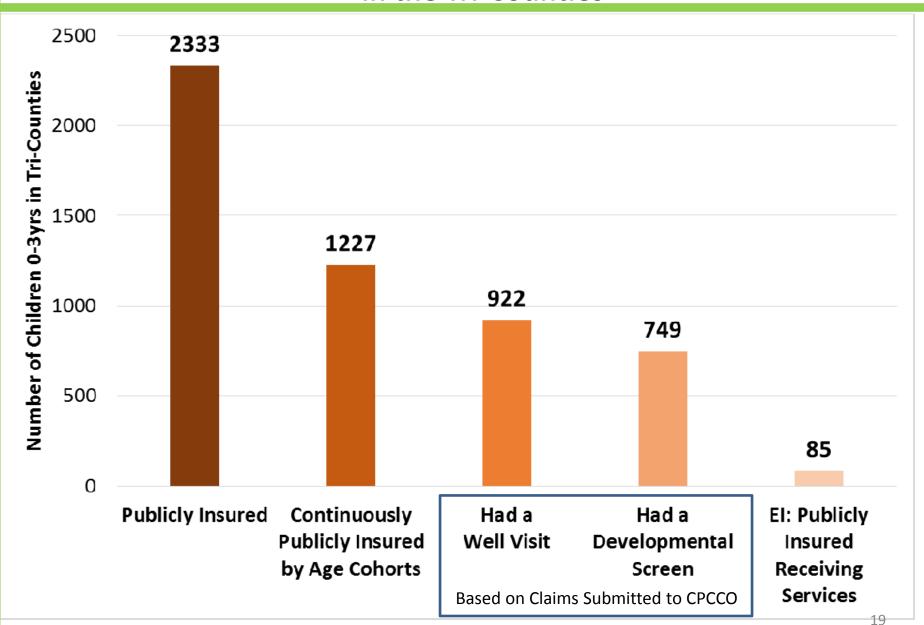




## The Story of Young Children in the Tri-Counties



# The Story of PUBLICLY INSURED Young Children in the Tri-Counties





Oregon Pediatric Improvement Partnership Follow-up Pathways for Young Children Identified in At-Risk for Social-Emotional Delays:

Training with Clatsop El Providers on Referrals to Clatsop Behavioral Health



# Goals of Training Today



- A) Overview of the tools we developed together:
- 1. Who to Refer to Clatsop Behavioral Health (CBH) from Early Intervention
- 2. How to Engage Family in Services
  - What to Say to Families How do I talk about their services?
  - Parent/Family Education Sheet
- 3. How to Refer to CBH
  - Referral Forms
  - What families can expect in referral process
- 4. Closed Loop Communications
- B) Internal process on use of communication forms
- C) Process for data tracking
- D) Process for feedback loops to inform QI on this process

#### Part 1: WHO do you Refer to Clatsop Behavioral Health

#### ☐ Specific Screens the Pilot Sites are Already Using

- 1. Ages and Stages Questionnaire (ASQ)
  - Personal Social AND Problem Solving

OR

- Personal Social OR Problem Solving and the following:
  - Concerns such as oppositional, aggressive, overactive or shy/anxious behaviors, significant sleep, feeding, self-soothing, adjusting to new situations, or irritability concerns
- 2. Maternal depression
- 3. Ages and Stages Questionnaire Social Emotional (ASQ-SE): If in the Black **OR** in Grey and Has Concerning Behaviors

#### ☐ General gestalt and awareness about any of the following:

- 1. Concerns such as oppositional, aggressive, overactive or shy/anxious behaviors, significant sleep, feeding, self-soothing, adjusting to new situations, or irritability concerns
- 2. Exposure to Adverse Childhood Events (ACES) in Family Environment
- 3. Parental frustration



#### Happy Baby Pilot: NWRESD EI to Clatsop Behavioral Healthcare (CBH)

4/22/2019

#### REFERRALS FROM EARLY INTERVENTION TO CBH CAN BE MADE DURING ANY STAGE IN THE REFERRAL/TREATMENT PROCESS

WHO

STEP 1: DETERMINE IF REFERRAL IS APPROPRIATE

#### INTAKE & DATA TRACKING

EI/ECSE Site Administrative Assistant Intake Specialist: Laura

Provide general information: NO

# AND/OR Believe the child would benefit from additional services

#### EVALUATION

Early Childhood Education Specialist Evaluation Champion: Bree

ASQ-SE

In the Grev

In the Black

#### ASQ

In the Black on
Personal Social
AND
Problem Solving

In the Black on
Personal Social
OR
Problem Solving

#### Parental or Evaluator Concern:

Awareness of following behavior flags: Oppaggressive, overactive, irritable, shy/anxious behaviors; Difficulty sleeping, feeding, self-soothing, adjusting to new situations; exposure to an Adverse Childhood Events (ACEs); Excessive parental frustration

#### RECEIVING SERVICES

Early Childhood Education Specialist
Provider Champion: Tiffany

#### Parental or Evaluator Concern:

Awareness of following
behavior flags:
Oppositional, aggressive,
overactive, irritable, shy/
anxious behaviors; Difficulty
sleeping, feeding, selfsoothing, adjusting to new
situations; exposure to an
Adverse Childhood Events
(ACEs); Excessive parental
frustration



## Tools to Support Pathways



## Who to Refer to Clatsop Behavioral Health (CBH) from Early Intervention

### 2. How to Engage Family in Services

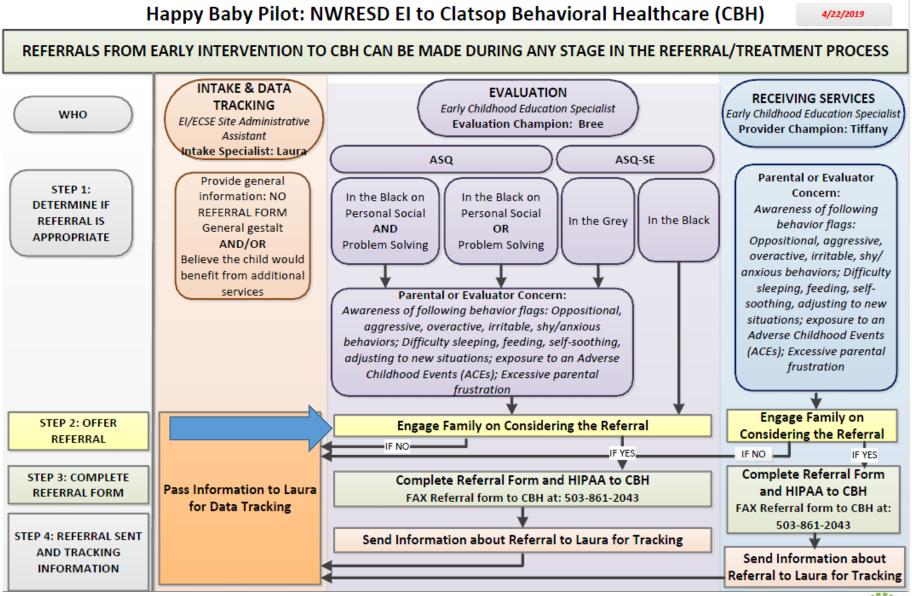
- What to Say to Families How do I talk about their services?
- Parent/Family Education Sheet

#### 3. How to Refer to CBH

- Referral Forms
- What families can expect in referral process

### 4. Closed Loop Communications

## How to Engage Families



## What to Say to Families

Barriers to referrals to mental health services from the front line providers perspective:

- "I don't know how to talk about mental health services"
- "I don't know what the services are offer"
- "I don't know what to say"

OPIP has worked to develop tailored talking points based on the current services available at CBH

- Reviewed by:
  - Clatsop providers
  - Parents who have experienced services
- OPIP expects to refine and edit as they are used



#### **TALKING POINTS:**

#### What is infant and child mental health?

- Parenting young children can be hard, but there are resources that can help you get through these tough times and improve challenging behaviors
- It is normal for children to go through **periods of development that are more challenging**, and sometimes children and their families benefit from **learning about strategies** that can help a child learn to better **control their emotions**.

#### What is Family Attachment Therapy?

What parents learn:

- Positive Communication
- Positive Reinforcement
- Structure
- Discipline
- This therapy teaches children to **better control their own behavior**, leading to improved functioning at school, home and in relationships.
- Learning and practicing behavior therapy requires time and effort, but has lasting benefits for the child.
- Typically attend **8-16 sessions** with a provider and learn strategies to help their child. Sessions may involve groups or individual families.
- Therapist meets regularly with the family to monitor progress and provide support
- Between sessions, parents practice using the skills they've learned from the provider/therapist

After therapy ends, families continue to **experience improved behavior and reduced stress**.



#### What is the Nurturing Parenting Educational Series?

- An **8-week class series** that is one of the therapy services CBH.
- This group series/class gives you a chance to **develop successful parenting strategies** alongside other parents
- You can form relationships with other parents in similar situations and learn from each other.
- The class structure looks like:
  - o **Your child will attend skills class hosted by a specialist**, where they will focus on developing self-awareness, positive self-esteem, and communication
  - And you will attend a session at the same time to learn about the shills your child is learning and parenting tips
- Siblings are welcome and food is provided

https://www.cdc.gov/ncbddd/adhd/behavior-therapy.html



#### **Parent Education Sheet**

- Developed based on literature and website review
- Phone calls with a number of key leaders in the state and across the county
- Templates derived from CDC
- Review by three parent advisors and Clatsop EI staff

#### **Goal of Education Sheet:**

 Provide families a one page resource sheet to refer back to after appointment

#### Explain:

- Steps your Provider has Taken
- What Parents can Expect
- What Families will Learn

## Parenting Young Children Can Be Hard, but There are Resources That Can Help!

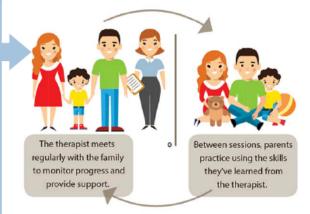
#### Steps Early Intervention will Take:

- Assess Staff within Early Intervention have experience with and knowledge about a child's development and behaviors.
- 2. Talk with parents about today's referral and different ways to support young children's development. There are services that can support parents through challenging stages. Goals of services include:
  - Improved behavior, self-control and self esteem for children
  - Better relationships and reduced stress for families
  - Helping young children and families thrive
- 3. Once Referred A scheduler from Clatsop Behavioral Health will call you:
- -You will be asked a few questions about your child and health care insurance
- You will book a 1.5-2 hour in-person assessment with you and your child
- If you<u>do not hear</u> from CBH please call them at 503-325-5722 ext 361

#### What Parents Can Expect

With the support of behavioral health providers, parents can learn skills to help improve their child's behavior, leading to improved functioning at home, school and in relationships.

Parents typically attend 8 or more sessions with a therapist. Sessions may involve groups or individual families. Learning and practicing behavior therapy requires time and effort, but it has lasting benefits for the child.



After therapy ends, families continue to experience improved behavior and reduced stress.

For more information about challenging behaviors and supports, go to: https://www.nimh.nih.gov/health/publications/children-and-mental-health/index.shtml



Behavior therapy, when learned and modeled by parents, help to teach children to better control their own behaviors, leading to improved functioning at school, home and in relationship. Learning and practicing behavior therapy requires time and effort, but it has lasting benefits for the child.

Materials and graphics adapted from CDC Vital Signs parent education sheet: https://www.cdc.gov/ncbddd/adhd/behavior-therapy.html

RAFT UNDER REVIEW: 3/14/19

OPIP Edited and distributed by the Oregon Pediatric Improvement Partnership

# Components of the Education Sheet Steps your Provider has Taken

## Steps Early Intervention will Take:

- Assess Staff within Early Intervention have experience with and knowledge about a child's development and behaviors.
- 2. Talk with parents about today's referral and different ways to support young children's development. There are services that can support parents through challenging stages.

#### Goals of services include:

- Improved behavior, self-control and self esteem for children
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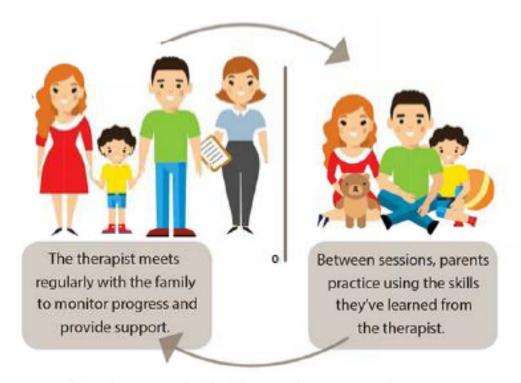


# Components of the Education Sheet What Parents can Expect

#### What Parents Can Expect

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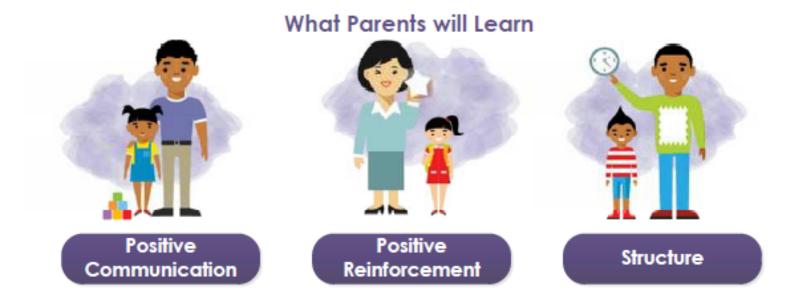


After therapy ends, families continue to experience improved behavior and reduced stress.



# **Components of the Education Sheet**

#### **What Families will Learn**



## Tools to Support Pathways



- Who to Refer to Clatsop Behavioral Health (CBH) from Early Intervention
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  - Parent/Family Education Sheet
- 3. How to Refer to CBH
  - Referral Forms,
  - HIPAA
  - What families can expect in referral process
- 4. Closed Loop Communications

#### **Referral form to CBH**

REFERRAL TO CLATSOP BEHAVIOR	RAL HEALTH FO	R CHILDREN 0-5		Other concerns/ Additional child or family information that would be helpful for us to know:
TO: Clatsop Behavioral Health FAX: 503-861-2043 Phone:	503-325-5722 (ex	t. 361)		
FROM: Clatsop ESD Services				
PROVIDER: Phone:	FAX:	Email:		
RE: Child Name: Date of B	Birth:	Gender:		Patient is having difficulty with:
Parent/Legal Guardian Name(s):	Insurance Ty	/pe: □OHP □MODA □		□Parent/Caregiver □Siblings □Childcare/Preschool □Peers
Address:				□Other problems or stressors:
Home Phone:	Cell Phone:			Current diagnoses or conditions:
Preferred Times to Contact:	OK	to Leave Message:   Yes	□No	
A release of information for this patient is: Attached  Specific referral questions/requests:				
specific referral questions/requests:				Relevant personal and/or family history:
				Household type:
				□Two parents □Single parent □Blended family □ Multiple Families Share Housing □Relatives
Current Symptoms and Related Problems:	Parent	Observed Concerning		□Foster Care □Other:
(check all that apply)	Concerned	Childcare/Preschool	EI/ECSE	Developmental History:
Aggressive behavior				□No concerns □Dev. delays □Birth trauma □Prenatal substance exposure □Other:
Anxiety, irritability, or sadness  Family relational problems (i.e. divorce, severe sibling rivalry)				Childcare/Preschool History:
Specify:				□No concerns □Receiving EI/ECSE Services □Childcare/preschool attendance concerns
				□Suspensions/expulsions □Other:
Eating-related problems (appetite, weight, digestive issues)				Systems involvement:
Fatigue/lack of energy				□None □Outpatient mental health □Private PT/OT □ Private Speech/Language □ DHS – Child Welfare
Hyperactivity				□ DHS – Other Services □In-home services (specify):
Headaches				Other:
Inattention/concentration problems				Trauma history:  □ None □Physical abuse □Sexual abuse □Domestic violence □Bullying □Emotional abuse
Oppositional behavior				□ Neglect □Substance use by guardians (confirmed) □Other:
Regressive behavior				
Screaming or crying excessively				Please contact me with any questions or concerns.
Self-Injurious behavior				
Separation anxiety				
Sleep issues				
Trauma and/or traumatic stress Symptoms				
Toilet issues (regressive)				Provider Signature Date
Temper tantrums (excessive)				

Withdrawn affect Version 1.1 2/28/2019

Adapted by The Oregon Pediatric Improvement Partnership from Child Health and Development Institute of Connecticut

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Version 1.1 2/28/2019 Adapted by The Oregon Pediatric Improvement Partnership from Child Health and Development Institute of Connecticut



#### HIPAA CONSENT

#### Authorization to Use and/or Disclose Educational and Protected Health Information

1. I authorize the following provider(s) to use and/or disclose educational and/or protected health information regarding my child. Child's name Date of birth Other names used by child School or program name Name and address of health care provider authorized to: Name and address of school/EI/ECSE program authorized to: Send/disclose protected health information Send/disclose educational information Receive/use educational information Receive/use protected health information 2. I understand that this information will be used for the following purposes (check all that apply): □ Determining eligibility for Special Education, El/ECSE, or other services Determining student/child's current levels of performance Developing an individualized health plan □ Developing an appropriate Individualized Education Program or Individualized Family Service Plan DO Other (specify): COOKAN WHICH of SCIVILE 3. By marking the boxes below, I authorize the use/disclosure of the following specific medical and/or educational records: Medical Condition Statement Prenatal information Communicable disease(s) ☐ Health Assessment Statement ⊠ Educational Information Progress notes History and physical exam ☐ IFSP/IEP document Psychological evaluations Entire medical record Clinic records Social work reports martal troute ASSESSMENT, Trouton in Plan 4. By Initialing the spaces below, I authorize the use/disclosure of the following information. Specific records requested must by listed below, e.g., assessment, treatment plan, discharge plan. Drug/alcohol diagnosis, treatment or referral information requested: HIV/AIDS related records requested: Mental health related information requested: Market Hourth Assessment Genetic testing information requested: 5. I understand that: This authorization is voluntary and I may refuse to sign it without affecting my child's health care. b. I have the right to request a copy of this form after I sign it as well as inspect or copy any information to be used and/or disclosed under this authorization (if allowed by state and federal law, See 45 CFR § 164,524). I may revoke this authorization at any time by notifying the school or program shown above in writing. However, it will not affect any actions taken before the revocation was received or actions taken based on the previously shared information. d. Federal privacy rules for protected health information apply only to health plans, health care cleaninghouses or health care providers. If I authorize disclosure of medical information to other agencies or individuals the disclosed information may no longer be protected by federal privacy regulations. e. Federal privacy rules for education information apply only to schools and EVECSE programs. If I authorize disclosure of educational information to other agencies or individuals the disclosed information may no longer be protected by federal privacy regulations. 6. I consent to the use/disclosure of the above information, I understand that the use of this information for any reasons other than the expressed reasons stated above is prohibited. This consent is subject to revocation at any time, except to the extent that action has been taken based on information that has already been disclosed. Signature of Parent, Legal Guardian, Student/Child or one year from date of signature above, whichever is earlier. This authorization expires on Month/DawYea



#### Happy Baby Pilot: NWRESD EI to Clatsop Behavioral Healthcare (CBH)

4/22/2019

For Children Referred.

CBH

Communication received

#### REFERRALS FROM EARLY INTERVENTION TO CBH CAN BE MADE DURING ANY STAGE IN THE REFERRAL/TREATMENT PROCESS **INTAKE & DATA EVALUATION** RECEIVING SERVICES TRACKING Early Childhood Education Specialist WHO Early Childhood Education Specialist EI/ECSE Site Administrative **Evaluation Champion: Bree** Provider Champion: Tiffany Assistant ntake Specialist: Laura ASQ ASQ-SE Parental or Evaluator Provide general STEP 1: Concern: information: NO In the Black on In the Black on **DETERMINE IF** Awareness of following REFERRAL FORM Personal Social Personal Social In the Grey In the Black REFERRAL IS behavior flags: General gestalt AND OR **APPROPRIATE** Oppositional, aggressive, AND/OR Problem Solving Problem Solving overactive, irritable, shy/ Believe the child would anxious behaviors; Difficulty benefit from additional sleeping, feeding, selfservices Parental or Evaluator Concern: soothing, adjusting to new Awareness of following behavior flags: Oppositional, situations; exposure to an aggressive, overactive, irritable, shy/anxious Adverse Childhood Events behaviors; Difficulty sleeping, feeding, self-soothing, (ACEs); Excessive parental adjusting to new situations; exposure to an Adverse frustration Childhood Events (ACEs); Excessive parental frustration **Engage Family on** STEP 2: OFFER Engage Family on Considering the Referral Considering the Referral REFERRAL IF NO IF YES. IF YES Complete Referral Form STEP 3: COMPLETE Complete Referral Form and HIPAA to CBH Pass Information to Laura and HIPAA to CBH REFERRAL FORM FAX Referral form to CBH at: 503-861-2043 for Data Tracking FAX Referral form to CBH at: 503-861-2043 STEP 4: REFERRAL SENT Send Information about Referral to Laura for Tracking AND TRACKING Send Information about INFORMATION Referral to Laura for Tracking

Children Referred and Evaluated (Based on EI/ECSE information and CBH Info)

Children Referred and Referral Caught by CBH (Based on EI/ECSE info and CBH info)

Children Referred and Engaged and Receiving Services (Based on EI/ECSE information & CBH Info)

For all data points: Total Number and by Team

Children Referred (Number and by Team)

Children Offered Referral, Declined (Number and by Team)

Data Tracking:

Will Provide Report

Summaries to OPIP

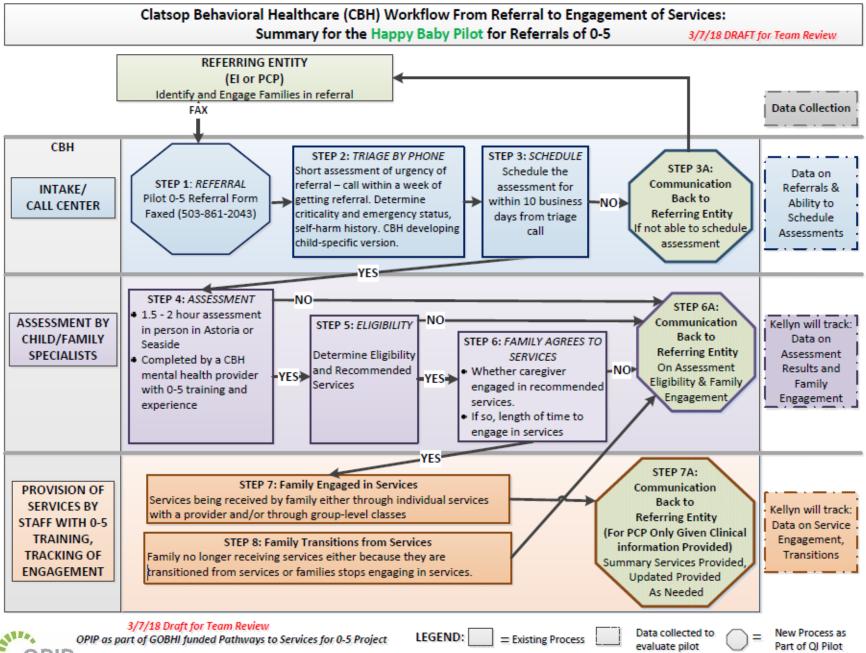
Information Sent to Laura

## What Families Can Expect Once Referred

Similar to the process at Early Intervention:

- 1)Parents will be called by Intake Staff
- 2)Scheduled for an Evaluation with young child experience
  - Evaluation is generally 1.5-2 hours
  - -Evaluation is of the FAMILY so parents/caretakers must be engaged
- 3) Services are recommended





## Tools to Support Pathways



- Who to Refer to Clatsop Behavioral Health (CBH) from Early Intervention
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#### **Communication about Referral from CBH**

Similar to the closed loop communications developed for Early Intervention (the bottom of the Universal Referral Form and the Service Summary), OPIP helped to develop communications back to referring entities when:

- Unable to make contact with the family OR Family declined services
- 2) Whether or not the child & family is receiving services and why

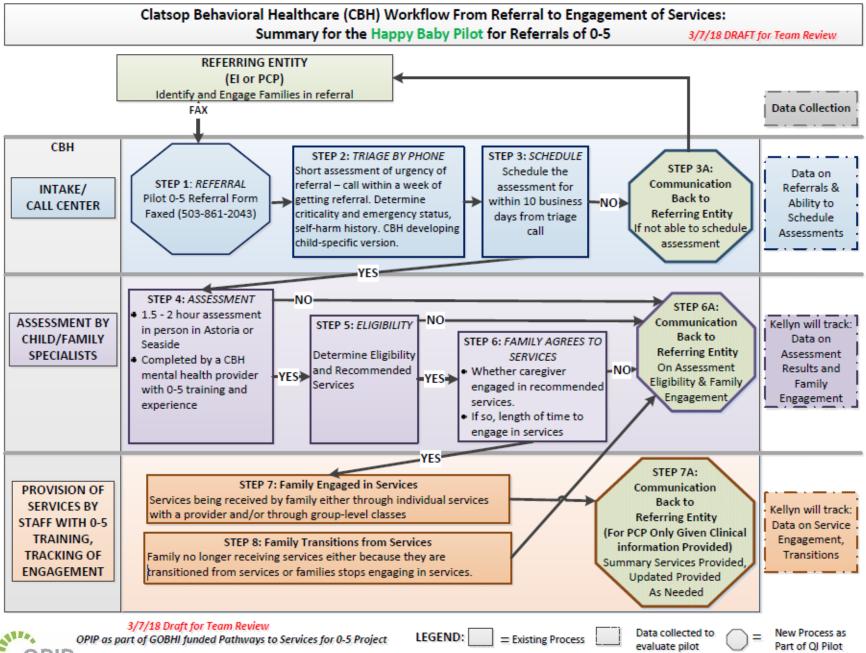
#### MENTAL HEALTH REFERRAL STATUS (Form #1)

	TO: Clatsop ESD Serv		)3-338-3368	FAX: <u>503-325-</u>	1297	
	FROM: Clatsop Behav		FΔ	γ.	_ Email:	
					Gender:	
		on for this patient is:				
Mental Health Referral Status (Form #1)	REFERRAL STATUS UPDATE					
Sent back to you as a follow-up	☐ The patient identified above was referred by you, and we have not been able to schedule an assessment — Intake Coordinator tried to call 3 times					
communication from CBH, notifying you f they are:	□ Patient's family de	eclined to schedule an	assessment.			
Unable to make contact with the family	NOTES:					
Family declined services						
	Please contact me wit	th any questions or co	ncerns at the followin	g-		_
		number:			:	
	□ EMAIL					
	Intake Specialist Signatu	ure	Date		_	

#### MENTAL HEALTH REFERRAL UPDATE: RECEIPT OF SERVICES UPDATE (Form #2)

	TO: Clatsop ESD Services	Phone: <u>503-338-3368</u>	FAX: <u>503-</u>	325-1297				
	FROM: Clatsop Behavioral	Healthcare						
	PROVIDER:	Phone:	FAX:	Email:				
	RE: Patient Name:	D	ate of Birth:	Gender:				
Mental Health Referral Update: Receipt of Services Update (Form #2) to be used as follow-up communication from Specialty Mental Health to EI, notifying whether or not the child & family is receiving services	A release of information for this patient is: $\square$ attached $\square$ previously sent							
	REFERRAL STATUS UPDATE							
	☐ Patient did not come to	assessment						
	☐ Patient was assessed not eligible							
	☐ Child & family receiving services							
	☐ Patient/family chose to <b>NOTES</b> :	not receive services						
and why.								
	Please contact me with any	questions or concerns at t	he following:					
	Please contact me with any questions or concerns at the following:   Description:  Description:  Description:							
		er:						
	E LIVIALE doubt							
	Family Engagement and Navigat	ion Coordinator D:	ate					





# Goals of Training Today



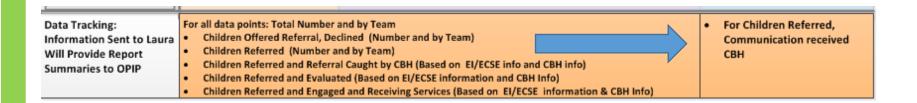
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# Goals of Training Today



- A) Provide the final versions of the tools we developed together:
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- B) Confirm your internal process on use of communication forms
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## **Using Communication about Referral from CBH**



#### Communications feedback forms will go to Laura

Laura will track follow-up communications and those offered a referral, and those referred

# Goals of Training Today



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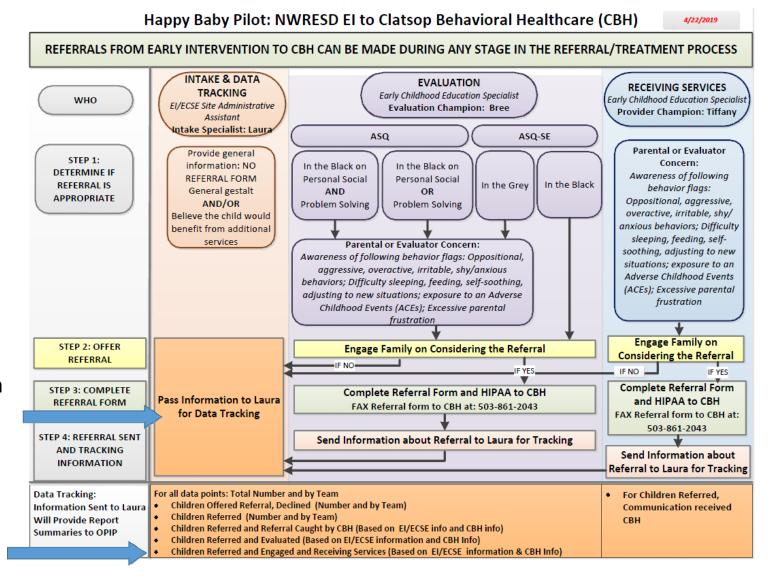


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# **Process for Data Collection**



- A) Number of offers of referrals, that were then declined
- B) Number of Referrals
  - By which track
- C) Of referrals made, number you got communication back
- D) Of Referrals made, communication received, outcome



# **Process for Data Collection**



# **Methods for Data Tracking**

- 1. ecWeb:
  - Katie and Laura will explore with Vicky options of using the ancillary field
- 2. Structured tracking sheet: proposal on next slide

# **Structured Tracking Sheet**



# **Documentation of all SUGGESTED referrals**

	April		May		June	
	Referrals by Team		Referrals by Team		Referrals by Team	
	Evaluation	Evaluation Receiving		Receiving	Evaluation	Receiving
	Team	Services	Team	Services	Team	Services
Children Offered Referral,	1	0				
Declined						
Children Referred	2					
Children Referred, Got						
Communication						

# For Shaded Columns, Child-Level Data Collected (PROPOSAL below – if ecWeb is not feasible)

Child Name	Date of Referral	Referral Completed by which Team	MENTAL HEALTH REFERRAL STATUS (Form #1)	MENTAL HEALTH REFERRAL UPDATE: RECEIPT OF SERVICES UPDATE (Form #2)
		Standardized Options:	Standardized Options:	Standardized Options:
		Evaluation Team	Received, Could Not Locate	Received, Did Not Come to Assessment
		Service Team	Received, Family Decline	Received, Assessed and Not Eligible
			No Communication Received	Received, Child/Family Receiving Services
				Received, Family Declined Services
				No Communication Received

# Goals of Training Today



- A) Provide the final versions of the tools we developed together:
- Who to Refer to Clatsop Behavioral Health (CBH) from Early Intervention
- 2. How to Engage Family in Services
  - What to Say to Families How do I talk about their services?
  - Parent/Family Education Sheet
- 3. How to Refer to CBH
  - Referral Forms
  - What families can expect in referral process
- 4. Closed Loop Communications
- B) Confirm your internal process on use of communication forms
- C) Confirm process for data tracking
- D) Confirm process for feedback loops to inform QI on this process

# This is a Pilot – We want to learn!



- Please share learnings from your efforts
- Open to suggestions for improvements and tweaks
- Will provide the updated parent education sheet when available
- Interested in hearing barriers or reasons for family lack of engagement
- Interested in hearing about key factors that led parents to follow-through and agree with the referral

# Next Steps in Pilot Engagement: Go forth and do great work!

- Formal training with CBH in mid-May
- Start Referring
  - For children who you think can benefit from additional mental health supports
  - Use referral for and education sheet
- Start Tracking
  - Track referrals made
  - Updates you want made to tools
- Share your learnings!



# Referral Form for Adventist Rehabilitation Services

Fax referrals: (503) 815-7483

980 Third Street, Suite 200 Tillamook, OR 97141

☐ Insurance Issue Identified

Provider Information:		
Referring Provider:		
Phone:	nication back will come to this number):	
Clinic Name/ Address:		
Patient Information:		
Patient:		Date of Birth:
Parent/Guardian:		Phone:
Preferred Language: ☐ English ☐ Spanish ☐ Other	r:	
Insurance:		
Reason for Referral :  At-Risk for developmental delay (if appropriate)  ASQ Age:  Domain scores: Communication: Gross Motor:	Fine Motor:	Prob Solv: Personal Social
Services:		
Physical Therapy:	Audiolog	<u>vy:</u>
☐ Evaluation/Treatment	☐ Assessme	ent
ICD -10 Codes:  ☐ R62.0 – Delayed Milestones children 0-8 years old ☐ F88 – Other disorders of psychological development ☐Other:		les: Developmental disorder of speech and language Delayed Milestones children 0-8 years old
Occupational Therapy:  □ Evaluation/Treatment	☐ Evaluation ☐ Feeding/	_
ICD -10 Codes:  ☐ R62.0 – Delayed Milestones children 0-8 years old ☐ F88 – Other disorders of psychological development ☐ Other:	<i>ICD -10 Cod</i> □ F80.9 – D	tative Communication  les: Developmental disorder of speech and language Delayed Milestones children 0-8 years old
Referring Provider Signature:		_Date:
Feedback to Referring Provider:  Referral received: □ Unable to reach patient's f □ Patient's family declined ex	valuation / servi	

☐ Patient/family no showed for 2 or more appointments fied ☐ Other:

Date of Referral:



# OPIP Development of Tools to Support Enhanced Follow-Up to Developmental Screening

The tools presented in this document are adapted for specific communities to understand current systems and processes, and to use that information to identify best pathways of care for children who are identified at-risk for developmental, behavioral, and social-emotional delays.

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# **Section 1: County Asset Maps**

# **Components of the Asset Map:**

The Asset Map illustrates pathways and secondary pathways from screening to services in a way that makes the information easy to follow and digest at a community level.

The Asset Map has three key parts:

- Part 1: Entities conducting developmental screening and identifying children at-risk for developmental, behavioral and social delays
- Part 2: Follow-up pathways for children identified at-risk for developmental, behavioral and/or social delays on the developmental screening tool
  - Part 2a: Developmental supports provided by entity that screened that addresses identified delays
  - o **Part 2b:** Agencies to which the screening entity can refer at-risk children
- Part 3: Additional family supports that address child development and promotion

# **Examples included:**

Clatsop Columbia Tillamook

# PATHWAYS FOR DEVELOPMENTAL SCREENING OF CHILDREN 0-3 & REFERRAL FOR CHILDREN IDENTIFIED AT-RISK IN CLATSOP, COLUMBIA & TILLAMOOK COUNTIES

# **KEY STEPS**

Part 1: Children 0-3 **Identified At-Risk** via Developmental **Screening** 

Part 2a:

**Developmental** 

**Supports to Address** 

**Delays Identified By** 

**Entity Who Screened** 

**Primary Practices Conducting Screening at Recommended Periodicity (Based on CPCCO Claims:** 

- 1) CMH Pediatrics (CL Pilot)
- 2) OHSU Scappoose (CO Pilot)
- 3) Legacy St. Helens (CO)
- 4) Tillamook County CHC (TI Pilot)

# Primary Practices Who Appear Not to be **Screening to Recommendation** (Based on CPCCO Claims ):

- 1) Coastal Family Health Center (CL)
- 2) Providence Seaside (CL)
- 3) Peacehealth Longview (CO)
- 4) CHC of Clatskanie (CO)
- 5) Adventist Health (TI, based on claims perhaps not across all providers)
- 6) Rinehart Clinic (TI)

# **Community-Based Providers:**

Screening

**Fairs** 

Children 2-6

(all)

**PCIT** 

Columbia

County

Mental

Health

- 1) Home Visiting Programs (all)
- 2) Some WIC Nurses Use the ASQ (all)

# **LEGEND**

# **COLOR CODING BY SERVICE TYPE**

**Medical & Therapy Services:** 

- Developmental & **Behavioral Pediatrician:** Referral is for an **Evaluation**
- Private OT/PT & Speech **Therapy**

**Early Intervention: Referral** is for an Evaluation

CaCoon/Babies First

**Home Visiting (Includes Head Start, Healthy Families/Babies First** 

**Infant/Early Childhood** Mental Health, including:

- Internal behavioral health within primary care
  - Mental Health -Referral is for an assessment and identification of services:
  - -- Child Psychotherapy
  - -- Parent and Child **Interaction Therapy**
- Referral to evaluation, — — not necessarily services
- \*Located outside the community

CL = Clatsop, CO ≥ Columbia, **TI** = Tillamook

**Developmental Promotion Activities** (all)

**Internal Behavioral Health** (all)

Part 2b: **Referral to Agency to Address Delays** 

Devel. **Behavioral** Pediatrician\* 1) OHSU-CDRC 2) Providence

(all)

OT/PT/ 1) CMH Rehab 2) CO\* 3) Adventist

Speech EI **NW Regional** Clinic (CL) **ESD** EI/ECSE (all) (TI)

CaCoon/ **Babies First/ Maternity** Case Management (all)

**Head Start** CAT Inc. (all)

Healthy **Families** 1) CAT Inc.

(CL, CO) 2) CARE Inc.

(TI)

1) Clatsop Behav. Health (public only)

**Child/Parent Psychotherapy** 

- 2) Columbia Cty Mental Health (public/private)
- 3) Tillamook Family Counseling Center (public)
- 4) Shasta Counseling (TI, out of pocket only)

Identified

Part 3:

**Additional Family** 

**Supports that Address** 

**Child Development** 

and Promotion

**NW Parenting** (all)

**NW Regional Childcare** Resources & Referral (all)

Child Welfare, DHS (all)

Options, Inc. (CL, CO)

**Community Connections** Network (CL, TI)

The Harbor Women's Center (CL)

**Clatsop Community Action** (CL)

Amani Center - when abuse is a factor (CO)

St. Helens HS Child Dev. & Teen Parent Prog (CO)

**Library Story Hours &** Parent Groups (TI)

> **Lower Columbia Hispanic** Council Classes (TI)

NOTE: Childcare sites not included in map as ages served puts them out of scope of the project. Numerous childcare sites are screening in this community.

# Part 2b – Expanded View: Referral to Agency to Address Delays Identified

	Devel. Behavioral Pediatrician	OT/PT/Speech	EI	CaCoon/ Babies First/ Maternity Case Management	Head Start	Healthy Families	Child/Parent Psychotherapy	Parent & Child Interaction Therapy
Clatsop	X	Yes	Yes	Yes	Yes	Yes	Yes, public only	X
Columbia	X	X	Yes	Yes	Yes	Yes	Yes	Yes
Tillamook	X	Yes	Yes	Yes	Yes	Yes	Yes, public and out of pocket only	X
Outside Community	OHSU CDRC Providence							3

# PATHWAY FOR DEVELOPMENTAL SCREENING OF CHILDREN 0-3 & REFERRAL FOR CHILDREN IDENTIFIED AT-RISK IN CLATSOP COUNTY

# **KEY STEPS**

Part 1: Children 0-3 **Identified At-Risk** via Developmental Screening

**Primary Practices Conducting Screening at Recommended Periodicity:** 1) CMH Pediatrics (Pilot Site)

**Primary Practices Who Appear** Not to be Screening to **Recommendation:** 

- 1) Coastal Family Health Center
- 2) Providence Seaside

**Community-Based Providers:** 

- 1) Home Visiting Programs
- 2) Public Health

Screening **Fairs** 

(Children 2-6)

**LEGEND** 

**COLOR CODING BY SERVICE TYPE** 

**Developmental & Behavioral Pediatrician: Referral is for an Evaluation** 

**Medical & Therapy Services:** 

Private OT/PT & Speech **Therapy** 

**Early Intervention: Referral** is for an Evaluation

CaCoon/Babies First

**Infant/Early Childhood** Mental Health, including:

- Internal behavioral health within primary care
- Mental Health -Referral is for an assessment and identification of services:
- -- Child Psychotherapy
- -- Parent and Child **Interaction Therapy**

Referral to evaluation, 

\*Located outside the community

**Developmental Supports to Address Delays Identified By** 

**Entity Who Screened** 

Part 2a:

**Developmental Promotion Activities**  **Internal Behavioral** Health

Part 2b: **Referral to Agency to Address Delays** Identified

Developmental **Behavioral** Pediatrician\* 1) OHSU-CDRC 2) Providence

OT/PT/Speech **CMH Rehab** Clinic

Network

**NW Regional ESD Clatsop** EI/ECSE

CaCoon/ **Babies First**  **Psychotherapy** Clatsop **Behavioral** Health (CBH)

**Child/Parent** 

Part 3:

and Promotion

NW Community **Parenting** Connections

**NW Regional** Childcare **Resources &** Referral

Clatsop Community **Action** 

**Head Start** Potentially CAT Inc.

Healthy **Families**  Options, Inc.

Harbor Women's Center

The

Child Welfare. DHS

**Additional Family Supports that Address Child Development** 

**Maternity** Case Management

Community Action Team (CAT) Inc.

**WIC** 

NOTE: Childcare sites not included in map as ages served puts them out of scope of the project. Numerous childcare sites are screening in this community.

# PATHWAY FOR DEVELOPMENTAL SCREENING & REFERRAL FOR CHILDREN 0-3 IDENTIFIED AT-RISK IN COLUMBIA COUNTY

# **KEY STEPS**

Part 1:
Children 0-3
Identified At-Risk
via Developmental Screening

Primary Practices
Conducting Screening at
Recommended Periodicity:

- 1) OHSU Scappoose (Pilot Site)
- 2) Legacy St. Helens

Primary Practices Who Appear Not to be Screening to Recommendation:

- 1) Peacehealth Longview
- 2) CHC of Clatskanie

Community-Based Providers:

- 1) Home Visiting Programs
- 2) Public Health

Fairs (Children 2-6)

# Part 2a:

Developmental Supports to Address
Delays Identified By Entity Who
Screened

Developmental Promotion Activities Potential Internal Behavioral Health

Part 2b: Referral to Agency to Address Delays Identified	In Columbia County	EI  NW Regional ESD  Columbia  EI/ECSE	Babies First	Child/Parent Psychotherapy/ PCIT Columbia County Mental Health (CCMH)
	Outside Columbia County	Developmental Behavioral Pediatrician 1) OHSU-CDRC 2) Providence	OT/PT/ Speech Therapy	

Part 3:
Additional
Family Supports
that Address
Child
Development
and Promotion

On Community
Action Team (CAT)
Contact Us Platform
http://nworheadstart.org/

ttp://nworheadstart.org/

rm Parenting

NW Regional Childcare Resources & Referral at 211

Maternity Case Management

Healthy Families St. Helens High
School Child
Development
and Teen
Parent Program

WIC

Head Start

Other Local Agencies that Provide Supports for Specific Families that Referrals and/or Communication About Child's Development May be Helpful

Child Welfare, DHS Options, Inc.
(Behavioral Health and

Behavioral Health and family preservation services) **Amani Center** 

(when abuse is a factor)

5

NOTE: Childcare sites not included in map as ages served puts them out of scope of the project. Numerous childcare sites are screening in this community.

# PATHWAY FOR DEVELOPMENTAL SCREENING & REFERRAL FOR CHILDREN 0-3 IDENTIFIED AT-RISK IN TILLAMOOK COUNTY

# **KEY STEPS**

Part 1:
Children 0-3
Identified At-Risk
on a Developmental
Screening

Primary Practices
Conducting Screening
at Recommended
Periodicity:

1) TCCHC

Primary Practices/System Who Appear
Not to be Screening at All Rec. Visit or
Across All Sites According to Claims
Data:

- 1) Adventist Health (based on claims)
- 2) Rinehart Clinic

Community-Based Providers:

1) Home Visiting Programs

Fairs (Children 2-6)

Part 2a:
Developmental
Supports to Address
Delays Identified By
Entity Who Screened

Developmental Promotion Activities

Part 2b: Referral to Agency to Address Delays Identified	In Tillamook County	OT/PT/ Speech Therapy at Adventist	EI NW Regional ESD Tillamook EI/ECSE	CaCoon/ Babies First	Child/Parent Psychotherapy (CPP) Tillamook Family Counseling Center (TFCC)	CPP Shasta Counseling (no insurance)	
	Outside County	Development Pediat 1) OHSU-CDRC 2) Providence					

Part 3:
Additional Family
Supports that Address
Child Development
and Promotion

NW Parenting NW
Regional
Childcare
Resources
& Referral

Self Sufficiency, DHS Child Welfare, DHS

WIC

Community Connections Network

Head Start CAT Inc. Healthy Families CARE Inc. Maternity Case Mgmt Lower
Columbia
Hispanic
Council
Classes

Library Story Hours and Parent Groups



# Section 2: Follow-Up to Developmental Screening Medical Decision Tree

The Follow-Up to Developmental Screening Medical Decision Tree is a tool that was developed with community stakeholder and developmental pediatrician input to help inform the pathways of follow-up to developmental screening and referral for children identified at-risk using the ASQ questionnaire. This conceptual model was developed in order to determine the best match of community-based services to refer the child/family based on risk factors and family demographics, using the framework of total ASQ score across domains and the ASQ Social-Emotional specific domain.

This tool is a conceptual model that may be adapted and used within other communities; however, it should not and is not intended to be used as a replacement of professional medical advice. Key factors to consider include:

- 1. Age of Child
- 2. ASQ Domain Scores
- 3. Parent or Provider Concern
- 4. Child and Family risk factors
- 5. Resources Available in the Community

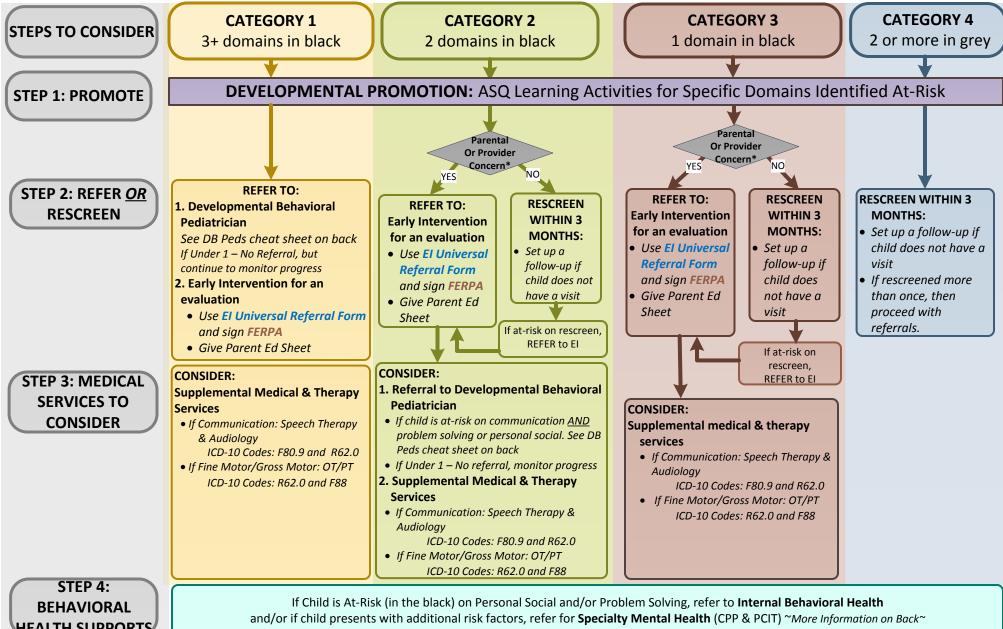
### **Examples included:**

Clatsop – CMH – Pediatrics

Columbia – OHSU Scappoose

Tillamook – Tillamook County Community Health and Adventist Women's and Families

### FOLLOW-UP TO DEVELOPMENTAL SCREENINGS CONDUCTED IN CLATSOP COUNTY IN FIRST 3 YEARS: MEDICAL DECISION TREE



**HEALTH SUPPORTS** 

STEP 5: **COMMUNITY RESOURCES TO CONSIDER** 

CaCoon (CAN SERVE CHILDREN BIRTH - 21) If child has a medical diagnosis AND social risk factors

See CaCoon Cheat sheet on back

**County-level HUB Case Coordination Listserv** If child has mild delays causing provider concerns AND social risk factors

(See Social Risk Factors on Back)

### **CaCOON CHEAT SHEET:**

Info about program: https://www.ohsu.edu/xd/outreach/occyshn/programs-projects/cacoon.cfm

**Medical Diagnosis or Medical Risk Factors** 



### **Social and Family Factors to Consider**

- Feels Depressed or Overwhelmed
- Isolation/Lack of Support
- Support with Parenting/Lack of Parenting Skills
- Parent has Disability
- Teen/Young Parent
- First Time Parent
- Newly Pregnant needing assistance
- Tobacco Use
- Domestic Violence (present or history of)
- Alcohol/Drug Use
- Lack of Food/ Clothing/Housing
- Incarceration/Probation
- Low Income
- Migrant/Seasonal Worker
- Unemployed
- Homeless
- Receives TANF/SSI/SNAP
- DHS Involvement

# Developmental Pediatrician Referral Cheat Sheet:

Child in the BLACK on the Communication domain



Personal-Social domain or Problem Solving domain

or

If the child is 'In the BLACK' on 2 or more domains and has any of the following presenting concerns:

- Kids who are not progressing in services as expected or recent increase in symptoms
- Kids who have challenging behaviors with inadequate response to behavioral interventions or medication.
- Kids with secondary medical issues that are not responding to usual treatments (including feeding and nutrition)
- Kids who may be experiencing traumatic events

# **Adverse Childhood Experiences**

Adverse childhood experiences (ACEs) are stressful or traumatic events, including abuse and neglect. They may also include household dysfunction such as witnessing domestic violence or growing up with family members who have substance use disorders. ACEs are strongly related to the development and prevalence of a wide range of health problems throughout a person's lifespan, including those associated with substance misuse.

### ACEs include:

- Physical abuse
- Sexual abuse
- Emotional abuse
- Physical neglect
- Emotional neglect
- Mother treated violently
- Substance misuse within household
- Household mental illness
- Parental separation or divorce
- Incarcerated household member

https://www.samhsa.gov

# **BEHAVIORAL HEALTH SUPPORTS**

If child is "in black" on Personal Social and/or Problem Solving Internal Behavioral Health referral Example of follow-up steps by IBH staff.

If

Child

has:

- Additional screening of child's development (ASQ-SE, Pediatric Symptom Checklist)
- Understand parental frustration
- Understand child risk factors

Concerns such as oppositional, aggressive, overactive or shy/anxious behaviors, significant sleep, feeding, self-soothing, adjusting to new situations, or irritability concerns

And/ Or Exposure to
Adverse Childhood Events
(ACES) in Family Environment

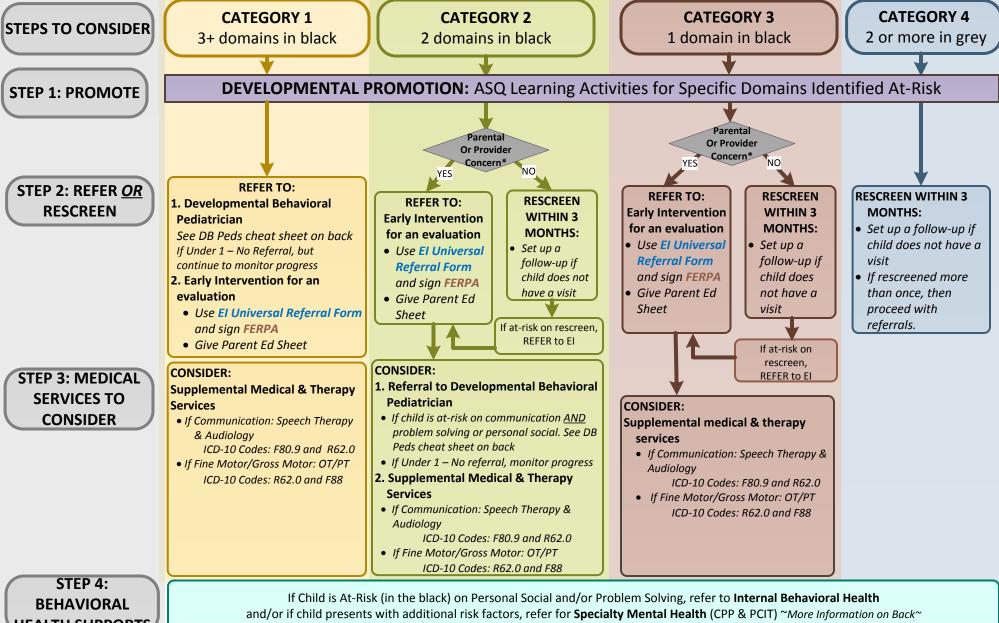
External Referral
to Mental
Health for Child
Parent
Psychotherapy
(CPP), Parent
Child Interaction
Therapy (PCIT),
and Other

Consider

CONSIDER: USE OF EARLY CHILDHOOD MENTAL HEALTH DX CODES

Services 9

### FOLLOW-UP TO DEVELOPMENTAL SCREENINGS CONDUCTED IN COLUMBIA COUNTY IN FIRST 3 YEARS: MEDICAL DECISION TREE



HEALTH SUPPORTS

**STEP 5:** COMMUNITY **RESOURCES TO CONSIDER** 

**Public Health Home Visiting** If child has a medical diagnosis AND social risk factors

(See Public Health cheat sheet on back)

**Community Action Team CONTACT US Platform** 

(http://nworheadstart.org/index.html)

If child has mild delays causing provider concerns AND social risk factors

(See Social Risk Factors on back)

# Public Health Home Visiting CHEAT SHEET:

**Medical Diagnosis or Medical Risk Factors** 



### **Social and Family Factors to Consider**

- Feels Depressed or Overwhelmed
- Isolation/Lack of Support
- Support with Parenting/Lack of Parenting Skills
- Parent has Disability
- Teen/Young Parent
- First Time Parent
- Newly Pregnant needing assistance
- Tobacco Use
- Domestic Violence (present or history of)
- Alcohol/Drug Use
- Lack of Food/ Clothing/Housing
- Incarceration/Probation
- Low Income
- Migrant/Seasonal Worker
- Unemployed
- Homeless
- Receives TANF/SSI/SNAP
- DHS Involvement

# Developmental Pediatrician Referral Cheat Sheet:

Child in the BLACK on the Communication domain



Personal-Social domain or Problem Solving domain

or

# If the child is 'In the BLACK' on 2 or more domains and has any of the following presenting concerns:

- Kids who are not progressing in services as expected or recent increase in symptoms
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https://www.samhsa.gov

# **BEHAVIORAL HEALTH SUPPORTS**

If child is "in black" on Personal Social and/or Problem Solving Internal Behavioral Health referral Example of follow-up steps by IBH staff.

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Child

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- Additional screening of child's development (ASQ-SE, Pediatric Symptom Checklist)
- Understand parental frustration
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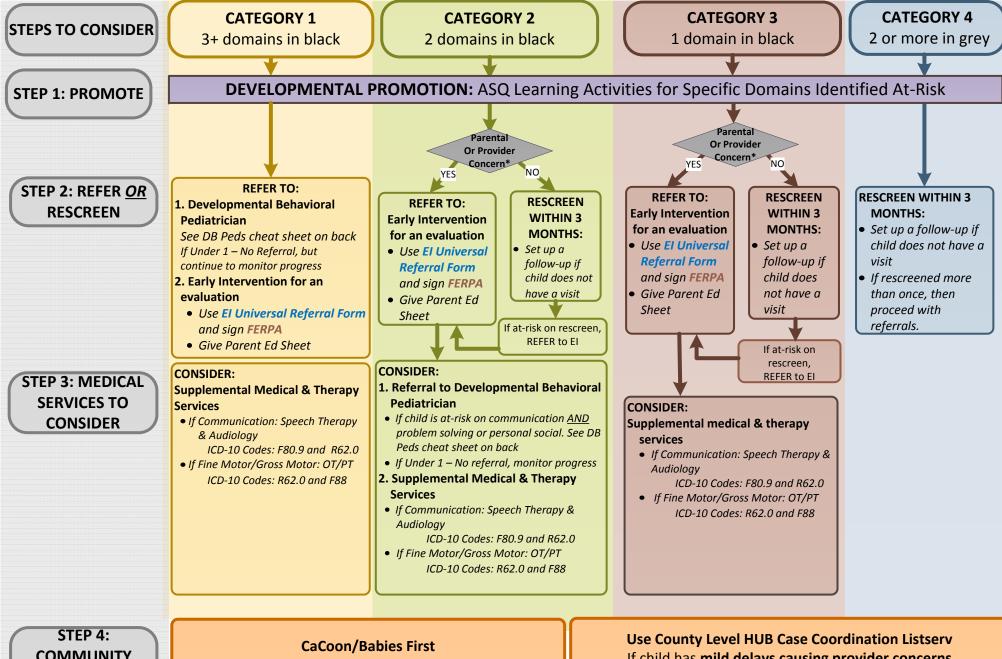
And/ Or Exposure to
Adverse Childhood Events
(ACES) in Family Environment

External Referral
to Mental
Health for Child
Parent
Psychotherapy
(CPP), Parent
Child Interaction
Therapy (PCIT),
and Other
Services

Consider

**CONSIDER: USE OF EARLY CHILDHOOD MENTAL HEALTH DX CODES** 

# FOLLOW-UP TO DEVELOPMENTAL SCREENINGS CONDUCTED IN TILLAMOOK COUNTY IN FIRST 3 YEARS: MEDICAL DECISION TREE



COMMUNITY **RESOURCES TO CONSIDER** 

If child has a medical diagnosis AND social risk factors

(See CaCoon Cheat sheet on back)

If child has mild delays causing provider concerns AND social risk factors

(See Social Risk Factors on back)

### **CaCOON CHEAT SHEET:**

Info about program: https://www.ohsu.edu/xd/outreach/occyshn/programs-projects/cacoon.cfm

### **Medical Diagnosis or Medical Risk Factors**



### **Social and Family Factors to Consider**

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# Developmental Pediatrician Referral Cheat Sheet:

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Personal-Social domain or Problem Solving domain

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- Household mental illness
- Parental separation or divorce
- Incarcerated household member

https://www.samhsa.gov



# Section 3: Follow-Up to Screening: How We Can Support Your Child – A Parent Education/Shared Decision Making Tool

The one-page Parent Education/Shared Decision Making Sheet is a tool that may be used by Primary Care Providers to help explain referrals to parents and to support shared decision making. These sheets include options for referral, an explanation about the services provided, notes about eligibility, and important contact information. Based on the screening results, providers check the box(es) of the appropriate program or service that the child/family is being referred to. Buckets of information may include Early Intervention, Home Visiting Programs, Medical and Therapy Services, and Parenting Supports. This tool can be a helpful resource with information for parents/families to understand next steps, as well as act as a decision support tool for Providers when facilitating conversations during the visit.

# **Examples included:**

Clatsop – CMH – Pediatrics Columbia – OHSU Scappoose Tillamook – Tillamook County Community Health Tillamook –Adventist Women's and Families

# Follow-Up to Screening: How We Can Support Your Child

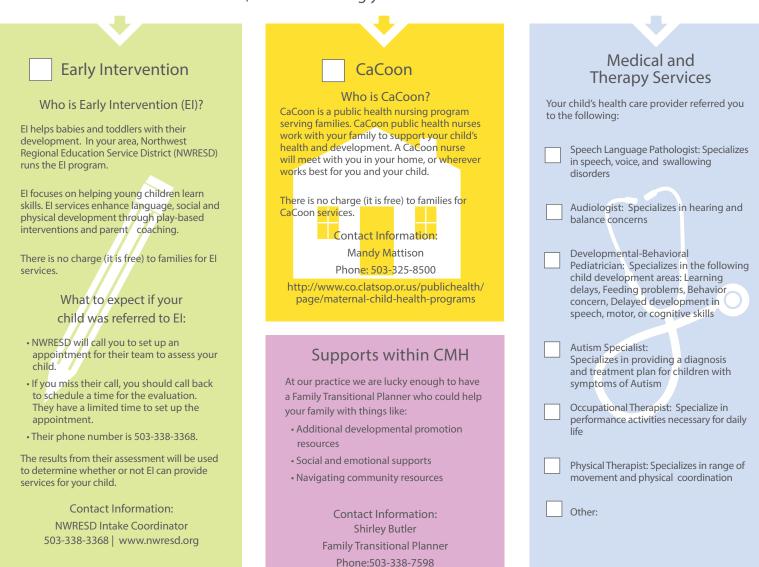
# Why did we have you complete a questionnaire about your child's development?

Our goal is to help young brains and bodies develop and grow to their fullest potential. These support services can help prepare your child for kindergarten and beyond.

National recommendations call for specific tools to be used to assess a child's development, such as the one you completed. This tool helps identify kids who may be at-risk for delays. It is important to identify these delays early, as there are services that can address them.



Based on the results, we are referring your child to the services checked below:



# Why did you sign a consent form?

As your child's primary care provider, we want to be informed about the care your child receives so that we can provide the best care possible. The consent you signed allows the programs to share information back to us.

Different programs have different consent requirements. You will likely be asked to sign more of these to give permission for different providers to communicate about your child's care.

# Any Questions?

At Columbia Memorial Hospital - Pediatrics, we are here to support you and your child. If you have questions about this process please call us!

Phone Number: 503-325-7337

Follow Up in Clinic in: \_\_\_\_



# Follow-Up to Screening: How We Can Support Your Child

# Why did we have you complete a questionnaire about your child's development?

Our goal is to help young brains and bodies develop and grow to their fullest potential. These support services can help prepare your child for kindergarten and beyond.

National recommendations call for specific tools to be used to assess a child's development, such as the one you completed. This tool helps identify kids who may be at-risk for delays. It is important to identify these delays early, as there are services that can address them.



Based on the results, we are referring your child to the services checked below:



Who is Early Intervention (EI)?

El helps babies and toddlers with their development. In your area, Northwest Regional Education Service District (NWRESD) runs the Columbia Service Center El program.

El focuses on helping young children learn skills. El services enhance language, social and physical development through playbased interventions and parent coaching.

There is no charge (it is free) to families for FI services.

### What to expect if your child was referred to El:

- NWESD will call you to set up an appointment for their team to assess your child.
- If you miss their call, you should call back to schedule a time for the evaluation. They have a limited time to set up the appointment.
- Columbia Service Center can schedule El evaluations on Mondays and Wednesdays at 9 or 1.
- Their phone number is 503-366-4141.

The results from their assessment will be used to determine whether or not El can provide services for your child.

> **Contact Information: NWRESD Intake Coordinator** 503-366-4141 | www.nwresd.org

# **Public Health Home Visiting**

What are Home Visiting Nurse Programs?

Public health nursing programs provide support to families. Public health nurses will work with your family to support your child's health and development. A nurse will meet with you in your home, or wherever works best for you and your

There is no charge (it is free) to families for Home Visiting services.

# What to expect if your child was referred to Home Visiting:

- A nurse will come to your home, at a time that works for you
- Weigh baby or child and screen for normal development
- Screen for healthy eyes, ears, and
- Answer questions and provide resources

Contact Information: **Heather Bell** Phone: 503-397-4651 www.tphfcc.org/home-visiting-programs

# Medical and Therapy Services

Your child's health care provider referred you to the following:

- Speech Language Pathologist: Specializes in speech, voice, and swallowing disorders
- Audiologist: Specializes in hearing and balance concerns
- Developmental-Behavioral Pediatrician: Specializes in the following child development areas: Learning delays, Feeding problems, Behavior concern, Delayed development in speech, motor, or cognitive skills
- **Autism Specialist:** Specializes in providing a diagnosis and treatment plan for children with symptoms of Autism
- Occupational Therapist: Specialize in performance activities necessary for daily life
- Physical Therapist: Specializes in range of movement and physical coordination

# Why did you sign a consent form?

As your child's primary care provider, we want to be informed about the care your child receives so that we can provide the best care possible. The consent you signed allows the programs to share information back to us.

Different programs have different consent requirements. You will likely be asked to sign more of these to give permission for different providers to communicate about your child's care.

# Any Questions?

At OHSU Scappoose, we are here to support you and your child. f you have questions about this process or if you haven't heard from the agency you were referred in two weeks please call us!

Phone Number: 503-418-4222 16

# Follow-Up to Screening: How We Can Support Your Child

# Why did we have you complete a questionnaire about your child's development?

Our goal is to help young brains and bodies develop and grow to their fullest potential. These support services can help prepare your child for kindergarten and beyond.

National recommendations call for specific tools to be used to assess a child's development, such as the one you completed. This tool helps identify kids who may be at-risk for delays. It is important to identify these delays early, as there are services that can address them.



Based on the results, we are referring your child to the services checked below:

# **Early Intervention** Who is Early Intervention (EI)? El helps babies and toddlers with their development. In your area, Northwest Regional Education Service District (NWRESD) runs the Tillamook Service Center- El program. El focuses on helping young children learn skills. El services enhance language, social and physical development through play-based interventions and parent coaching. There is no charge (it is free) to families for El services. What to expect if your child was referred to EI: • NWRESD will call you to set up an appointment for their team to assess your • If you miss their call, you should call back to schedule a time for the evaluation. They have a limited time to set up the appointment. • Tillamook Service Center can schedule El evaluations on Wednesdays and Thursdays at 9, 11 or 1:30. • Their phone number is 503-842-8423 The results from their assessment will be used to determine whether or not El can provide services for your child. **Contact Information:** NWRFSD Intake Coordinator 503-842-8423 | www.nwresd.org

# CaCoon/BabiesFirst Who is CaCoon and Babies First? CaCoon and Babies First are public health nursing programs serving families. A public health nurse will work with your family to support your child's health and development. A nurse will meet with you in your home, or wherever works best for you and your child. There is no charge (it is free) to families for CaCoon or Babies First services. Contact Information: Cerisa Albrechtsen, 503-842-3941 Colleen Schwindt, 503-842-3931 http://tillamookchc.org/public-health Tillamook Library Storytime The library offers storytimes for kids of all ages. Reading out loud to your child is a great way to promote language development. Tuesday: 10:00 am Terrific Twos (24 to 36 months) Come play with bubbles, balls, bells, and parachutes! Friday: 10:00 am Mother Goose on the Loose (birth - 24 months) Come enjoy rhymes, puppets, songs, musical instruments and more, followed by a play period. Saturday: 10:00 am Mother Goose on the Loose (birth - 24 months)

# Medical and Therapy Services Your child's health care provider referred you to the following: Located at Adventist Rehabilitation Speech Language Pathologist: Specializes in speech, voice, and swallowing disorders Audiologist: Specializes in hearing and balance concerns Occupational Therapist: Specialize in performance activities necessary for daily Physical Therapist: Specializes in range of movement and physical coordination Behavioral Health: Along with medical care, the Health Center can offer Behavioral Health services to help promote healthy development Located in Portland: Developmental-Behavioral Pediatrician: Specializes in the following child development areas: Learning delays, Feeding problems. Behavior concern, Delayed development in speech, motor, or cognitive skills Autism Specialist: Specializes in providing a diagnosis and treatment plan for children with symptoms of Autism

# Why did you sign a consent form?

As your child's primary care provider, we want to be informed about the care your child receives so that we can provide the best care possible. The consent you signed allows the programs to share information back to us.

Different programs have different consent requirements. You will likely be asked to sign more of these to give permission for different providers to communicate about your child's care.

# Any Questions?

At the Health Center we are here to support you and your child. If you have questions about this process or if you haven't heard from the agency you were referred in two weeks please call us!

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Phone Number: 503-842-3900

# Seguimiento al Chequeo Médico: ¿Cómo podemos ayudar a su hijo?

# ¿Por qué le pedimos que llene un cuestionario sobre el desarrollo de su hijo?

Nuestra meta es ayudar a desarrollar al cuerpo y el cerebro de los niñospara que puedan alacanzar todo su potencial. Estos servicios de ayuda y apoyo pueden ayudarle a preparar a su hijo para el kinder y los años siguientes.

Las recomendaciones nacionales de la Academia Americana de Padiatría indican que ciertas técnicas sean usadas para asesorar el desarollo de los niños, así como el cuestionario que usted ha completado. Ésta técnica ayuda a identificar a niños que pudieran estar en riesgo de retraso. Es importante poder identificar temprano estos retrasos, ya que hay servicios disponibles que pueden ayudarle.



Basado en estos resultados, estamos recomendandole a su hijo/a los siguientes servicios que están indicados abajo.

# Early Intervention (E.I.) (Intervención Temprana)

E.I. ayuda a los bebés y niños pequeños en su desarollo. En su área, Servicios de Educación del Distrito del Noroeste (NWRESD) ejecuta el programa de E.I.

E.l. se enfoca en ayudar a niños pequeños a aprender hablilidades. Los servicios de E.l. mejoran el desarollo del lenguaje, social y físico por medio de interveciones basadas en juegos y entrenamiento de los padres.

No hay cobros, los servicios de E.I. son gratuitos para las familias.

# ¿Qué es lo que pudiera esperar si su hijo/a fuese recomendado/a para E.I.?

- NWRESD le llamaría para hacer una cita con su equipo para evaluar a su hijo.
- Si tiene una llamada perdida, debería de devolver la llamada para hacer una cita para la evaluación.
- El Centro de Servicios de Educación de Tillamook puede hacer citas para evaluaciones de Intervención Temprana los miércoles a las 9am o las 12pm
- Su número de teléfono es 503-842-8432.

Los resultado de la evaluación se utilizarán para determinar si el E.I. puede ofrecerle servicios a su hijo.

Información de contacto: Coordinador de Admisión de NWRESD 503-842-8432 | www.nwresd.org

# CaCoon y Bebés Primero

CaCoon y Bebés Primero son programas de enfermeros de salud pública que ayudan a las familias. Los enfermeros de salud pública trabajan con su familia para ayudar con la salud y desarollo de su hijo. Un enfermero de CaCoon/Bebés Primero le visitará a su casa o donde usted o su hijo prefieran reunirse. No hay cargos, los servicios de CaCoon/Bebés Primero son gratuitos para las familias.

Informa<mark>ción d</mark>e contacto: Cerisa Albre<mark>chtsen</mark>, 503-842-3941 Colleen Schwindt, 503-842-3931 http://tillamookchc.org/public-health

### La biblioteca

La biblioteca ofrece cuentos para niños de todas las edades. Leer en voz alta a su hijo es una excelente manera de promover el desarrollo del lenguaje.

Martes: 10:00 a.m. Terrific Twos (Fantástica edad de los 2 años) (de 24 a 36 meses) ¡Ven a jugar con burbujas, pelotas, campanas y paracaídas!

Viernes: 10:00 a.m. Mother Goose on the Loose (Rimas de Mamá Oca) (de nacimiento- 24 meses) Venga a disfrutar de rimas, títeres, canciones, instrumentos musicales y más, seguido de un período de juego.

Sábado: 10:00 a.m. Mother Goose on the Loose (Rimas de Mamá Oca) (de nacimiento - 24 meses)

# Servicios Médicos y Terapéuticos

El proveedor de salud de su hijo le recomienda los siguientes servicios:

- Patólogo del lenguaje y el habla (Speech Language Pathologist): Especialistas en trastornos del habla, del lenguaje y de la deglución.
- Audiólogo (Audiologist): Especialistas en problemas auditivos y del equilibrio.
- Terapista Ocupacional (Occupational Therapist): Especialista en el rendimiento de actividades necesarias para la vida diaria
- Terapista Físico (Physical Therapist): Especialista en rango de movimiento y coordinación física.
- Los pediatras de desarrollo conductual (Developmental-Behavioral Pediatrician): Especialistas en las siguientes àreas del desarrollo del niño: retrasos de aprendizaje, problemas de alimentación, problemas de conducta, retraso en el desarrollo del habla, destrezas motoras o cognitivas.
- Especialista en autismo (Autism Specialist): Especialista en proveer una diagnosis y plan de tratamiento para niños/as con síntomas de autismo.
- Comportamiento Saludable: Junto con la atención médica, el Centro de Salud de Tillamook puede ofrecer servicios de Salud del Comportamiento para ayudar a promover el desarrollo saludable

# ¿Por qué firmó un formulario de consentimiento?

Cómo proveedor médico de atención primaria de su hijo, queremos estar informados sobre el cuidado que recibe su hijo/a para poder ofrecerle el mejor cuidado posible. El formulario de consentimiento que usted firmó permite que los programas nos compartan la información.

Diferentes programas tienen diferentes requisitos de consentimiento. Para que los diferentes proveedores puedan comunicarse sobre el cuidado de su hijo, probablemente le pedirán que firme más de un permiso.

# ¿Tiene alguna pregunta?

En el centro de salud, estamos aquí para ayudar a usted y a su hijo. Si tiene preguntas sobre éste proceso, ¡por favor llámenos! Número de teléfono: 503-842-3900



# Follow-Up to Screening: How We Can Support Your Child

# Why did we have you complete a questionnaire about your child's development?

Our goal is to help young brains and bodies develop and grow to their fullest potential. These support services can help prepare your child for kindergarten and beyond.

National recommendations call for specific tools to be used to assess a child's development, such as the one you completed. This tool helps identify kids who may be at-risk for delays. It is important to identify these delays early, as there are services that can address them.



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# What to expect if your child was referred to El:

services.

- NWRESD will call you to set up an appointment for their team to assess your child
- If you miss their call, you should call back to schedule a time for the evaluation.
   They have a limited time to set up the appointment.
- Tillamook Service Center can schedule El evaluations on Wednesdays at 9 or 12.
- Their phone number is 503-842-8432.

The results from their assessment will be used to determine whether or not El can provide services for your child.

Contact Information: NWRESD Intake Coordinator 503-842-8432 | www.nwresd.org

# CaCoon/BabiesFirst

### Who is CaCoon and Babies First?

CaCoon and Babies First are public health nursing programs serving families. A public health nurse will work with your family to support your child's health and development. A nurse will meet with you in your home, or wherever works best for you and your child.

There is no charge (it is free) to families for CaCoon or Babies First services.

### Contact Information:

Cerisa Albrechtsen, 503-842-3941

Colleen Schwindt, 503-842-3931 http://tillamookchc.org/public-health

# Tillamook Library Storytime

The library offers storytimes for kids of all ages. Reading out loud to your child is a great way to promote language development.

Tuesday: 10:00 am Terrific Twos (24 to 36 months) Come play with bubbles, balls, bells, and parachutes!

Friday: 10:00 am Mother Goose on the Loose (birth - 24 months) Come enjoy rhymes, puppets, songs, musical instruments and more, followed by a play period.

Saturday: 10:00 am Mother Goose on the Loose (birth - 24 months)

# Medical and Therapy Services

Your child's health care provider referred you to the following:

Speech Language Pathologist: Specializes in speech, voice, and
swallowing disorders

	Audiologist:	Specializes in	
ш	hearing and	balance concerr	15

Developmental-Behavioral
 Pediatrician: Specializes in the
following child development
areas: Learning delays, Feeding
problems, Behavior concern,
Delayed development in speech
motor, or cognitive skills

	Autism Specialist: Specializes
ш	in providing a diagnosis and
	treatment plan for children with
	symptoms of Autism

Occupational Therapist: Specialize
in performance activities
necessary for daily life

Physical Therapist: Specializes in
range of movement and physica
coordination

# Why did you sign a consent form?

As your child's primary care provider, we want to be informed about the care your child receives so that we can provide the best care possible. The consent you signed allows the programs to share information back to us.

Different programs have different consent requirements. You will likely be asked to sign more of these to give permission for different providers to communicate about your child's care.

# Any Questions?

At Adventist Women's and Family, we are here to support you and your child. If you have questions about this process please call us!

Phone Number: 503-842-5546



# **Section 4: 36 Hour Phone Follow-Up Script**

1 in 4 children referred to Early Intervention don't get evaluated. Studies show that families make a decision on a referral in the first 48 hours and phone follow-up (not necessarily contact) within two days of referral significantly increased follow through. These phone calls can be used to help identify barriers to following through with and evaluation. Below is a sample script that could be used to facilitate the phone call.

### Phone Follow Up within 36 Hours

Hello- May I speak with (name of patient's primary caregiver). My name is (your name) and I'm Dr. XX's (whatever your position is). Your son / daughter, (Name of child) had an appointment with Dr. XX on (time, date, location) for a well visit.

At your appointment, Dr. XX recommended that your child go to (Insert EI program Name i.e. Early Intervention at Northwest Regional Education Service District). We realize it can be overwhelming to get a lot of information about next steps at your appointment, so I wanted to call and answer any questions that you have may have had come up since then.

So what questions do you have about why Dr. XX wanted (insert child's name) to go to Early Intervention at Northwest Regional Education Service District, or about what will happen next?

### Answer questions (frequent questions or concerns highlighted in blue)

- When completing the referral, you were asked to sign the *consent form*. This gives Early
  Intervention permission to share information about the evaluation back to us. This helps us to
  provide the best care for (insert child name)
- O Why go to EI/ What does EI do: At the appointment Northwest Regional Education Service District will be doing a more detailed evaluation of (insert child's name) development. Then, based on their assessment they will help us understand what we can do to support (insert child's name) and whether your child may benefit from services.

Can you think of any barriers that might come up for you and your family in getting (insert child)'s name to these services?

Are there any other questions that you have or anything else I can do to help you in getting to these appointments?

If *no further questions*: Great. You should be getting a call from the Early Intervention Coordinator, her name is Misty to schedule an appointment. If you would like to call to schedule at a time that works for you, the best number is 503.815.4449

We are here to support you, so if you have any questions, feel free to contact (insert name) at (phone number).

### **Phone Follow Up within 36 Hours**

Hello- May I speak with (name of patient's primary caregiver). My name is (your name) and I'm Dr. XX's (whatever your position is). Your son / daughter, (Name of child) had an appointment with Dr. XX on (time, date, location) for a well visit.

At your appointment, Dr. XX recommended that your child go to (Insert EI program Name i.e. Early Intervention at Northwest Regional Education Service District). We realize it can be overwhelming to get a lot of information about next steps at your appointment, so I wanted to call and answer any questions that you have may have had come up since then.

So what questions do you have about why Dr. XX wanted (insert child's name) to go to Early Intervention at Northwest Regional Education Service District, or about what will happen next?

### Answer questions (frequent questions or concerns highlighted in blue)

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- O Why go to EI/ What does EI do: At the appointment Northwest Regional Education Service District will be doing a more detailed evaluation of (insert child's name) development. Then, based on their assessment they will help us understand what we can do to support (insert child's name) and whether your child may benefit from services.

Can you think of any barriers that might come up for you and your family in getting (insert child)'s name to these services?

Are there any other questions that you have or anything else I can do to help you in getting to these appointments?

If *no further questions*: Great. You should be getting a call from the Early Intervention Coordinator, her name is Mary to schedule an appointment. If you would like to call to schedule at a time that works for you, the best number is 503.366.4141

We are here to support you, so if you have any questions, feel free to contact (insert name) at (phone number).

### Phone Follow Up within 36 Hours

Hello- May I speak with (name of patient's primary caregiver). My name is (your name) and I'm Dr. XX's (whatever your position is). Your son / daughter, (Name of child) had an appointment with Dr. XX on (time, date, location) for a well visit.

At your appointment, Dr. XX recommended that your child go to (Insert EI program Name i.e. Early Intervention at Northwest Regional Education Service District). We realize it can be overwhelming to get a lot of information about next steps at your appointment, so I wanted to call and answer any questions that you have may have had come up since then.

So what questions do you have about why Dr. XX wanted (insert child's name) to go to Early Intervention at Northwest Regional Education Service District, or about what will happen next?

### Answer questions (frequent questions or concerns highlighted in blue)

- When completing the referral, you were asked to sign the *consent form*. This gives Early
  Intervention permission to share information about the evaluation back to us. This helps us to
  provide the best care for (insert child name)
- O Why go to EI/ What does EI do: At the appointment Northwest Regional Education Service District will be doing a more detailed evaluation of (insert child's name) development. Then, based on their assessment they will help us understand what we can do to support (insert child's name) and whether your child may benefit from services.

Can you think of any barriers that might come up for you and your family in getting (insert child)'s name to these services?

Are there any other questions that you have or anything else I can do to help you in getting to these appointments?

If **no further questions**: Great. You should be getting a call from the Early Intervention Coordinator, her name is Laura to schedule an appointment. If you would like to call to schedule at a time that works for you, the best number is 503.338.3368.

We are here to support you, so if you have any questions, feel free to contact (insert name) at (phone number).

\*\*DID NOT INCLUDE TRIPLINK INFORMATION - NEED TO GET CPCCO BUY IN



# Section 5: Summary of Providers and Services Available to Service Children Identified At-Risk for Developmental Delay

Attached is a sample table that could be used to help facilitate and understand coverage and capacity of providers contracted with the CCO that could serve as a pathway to follow up to developmental screening. Important components to consider in coverage and capacity include:

- Ability to Serve Children 0-5
- Availability of service in other languages based on county level needs
- Benefit Coverage and requirements for services to be approved (if any)

Version 1.0

CPCCO Coverage of Medical and Therapy Services for Children with Developmental, Behavioral or Social Delays

Type of Medical or Therapy Service Addressing Developmental Delays	Covered (Y/N)	Benefit Coverage, Any Requirements for Service to be Approved <sup>1</sup>	Providers in CPCCO Contract That are Able to Provide Services	Serve Children aged 1 month - 3 years old?
Medical Services				
Developmental/ Behavioral Pediatrician	Y	PCP provider should refer child to CDRC. Authorization process for specialists should be followed. CDRC provides specialty services such as speech therapy, PT, OT, and hearing therapy and other specialist services.	OHSU – CDRC Providence Children's Development Institute	Y
Autism Evaluation OHSU Autism Clinic	Y	Authorization process for specialists and or mental health should be followed. (this may fall under the mental health benefit, depends on codes.)	OHSU – CDRC	Y
Occupational Therapy Services  Occupational Therapy Services	Y	Services authorized on a calendar year For OHP 1) No Authorization required for evaluations for ATL diagnosis which pairs with CPT code 2) Authorization required for therapy visits. *CareOregon will allow an evaluation and five visits (combined) for members with BTL diagnosis annually with authorization.	Tillamook Regional Medical Center- Adventist Rehabilitation Services  Columbia Memorial Hospital Rehabilitation Services  OHSU – CDRC  Providence Children's Development Institute	Y

*Version 1.0* 2/8/2018

Type of Medical or Therapy Service Addressing Developmental Delays	Covered (Y/N)	Benefit Coverage, Any Requirements for Service to be Approved <sup>2</sup>	Providers in CPCCO Contract That are Able to Provide Services	Serve Children aged 1 month - 3 years old?		
Physical Therapy Services						
Physical Therapy Services	Υ	Services authorized on a calendar year For OHP  1) No Authorization required for evaluations for ATL diagnosis which pairs with CPT code  2) Authorization required for therapy visits. *CareOregon will allow an evaluation and five visits (combined) for members with BTL diagnosis annually	Tillamook Regional Medical Center- Adventist Columbia Memorial Hospital Rehabilitation Services OHSU – CDRC Providence Children's Development Institute	Y		
Console Theorems Considers		with authorization.				
Speech Therapy Services						
Speech Therapy	Y	Services authorized on a calendar year For OHP  1) No Authorization required for	Tillamook Regional Medical Center- Adventist Columbia Memorial Hospital Rehabilitation Services			
		evaluations for ATL diagnosis which	OHSU – CDRC	Υ		
		airs with CPT code ) Authorization required for therapy isits. *CareOregon will allow an valuation and five visits (combined) for nembers with BTL diagnosis annually vith authorization.	Providence Children's Development Institute	Y		

*Version 1.0* 2/8/2018

Type of Medical or Therapy Service Addressing Developmental Delays	Covered (Y/N)	Benefit Coverage, Any Requirements for Service to be Approved <sup>3</sup>	Providers in CPCCO Contract That are Able to Provide Services	Serve Children aged 1 month - 3 years old?
Behavioral Health Services				
Behavioral Health Services provided by staff	Υ	CPT should be paired with	Tillamook County Community Health Center	Υ
within Primary Care Office for Children		physical health condition	Columbia Memorial Hospital – Pediatrics	Υ
without Medical Diagnosis. Some Specifics:			OHSU – Scappoose	Υ
Health and Behv.			All credentialed providers	
96150-96154			All credentialed providers	
Prev. Counseling				
99401-99404, 99411-99412				
Developmental testing (includes assessment				
of motor, language, social, adaptive and/or				
cognitive functioning by standardized				
developmental instruments) with				
interpretation and report				
96111				
Behavioral Health Screen:			All credentialed providers	
Use for ASQ SE				
96127		A the distance is also all	Colored Const. Manufall Light / On a 1915 at the	
Psychiatric Diag Eval		Authorization required for all	Columbia County Mental Health (& entities they	
90791		services through GOBHI.	may sub contract)	
			Clatsop Behavioral Health (& entities they may	
			sub contract)	
			Tillamook Family Counseling (& entities they may sub contract)	
Dough ath are an 00022/00024/00027		Authorization governed for all	·	
Psychotherapy 90832/90834/90837,		Authorization required for all	Columbia County Mental Health (& entities they may sub contract)	
90846-47, 90839-40, 90849/90853	services through GOBHI.			
			Clatsop Behavioral Health (& entities they may sub contract)	
			Tillamook Family Counseling (& entities they may	
			sub contract)	
			Sub contract)	

*Version 1.0* 2/8/2018

Type of Medical or Therapy Service	Covered	Benefit Coverage, Any	Providers in CPCCO Contract That are Able to	Serve Children	
Addressing Developmental Delays	(Y/N)	Requirements for Service to be	Provide Services	aged 1 month	
Addressing Developmental Delays	(1/14)	Approved <sup>4</sup>	Frovide Services	- 3 years old?	
Pediatric Psychological Testing Services		Authorization required for all	Columbia County Mental Health (& entities they	o years era:	
		services through GOBHI	may sub contract)		
		depending on the procedure	Clatsop Behavioral Health (& entities they may		
		code, or it may be the physical	sub contract)		
		health PA requirements.	Tillamook Family Counseling (& entities they may		
			sub contract)		
Social Skills Groups		Authorization required for all	Columbia County Mental Health (& entities they		
		services through GOBHI	may sub contract)		
		depending on the procedure	Clatsop Behavioral Health (& entities they may		
		code, or it may be the physical	sub contract)		
		health PA requirements.	Tillamook Family Counseling (& entities they may		
			sub contract)		
Applied Behavior Analysis		Authorization required for all	Columbia County Mental Health (& entities they		
		services through GOBHI.	may sub contract		
			Clatsop Behavioral Health (& entities they may		
			sub contract)		
			Tillamook Family Counseling (& entities they may		
			sub contract)		
Parent and Child Interaction Therapy		Authorization required for all	Columbia County Mental Health		
(Kids older than two)		services through GOBHI.			
Child and Parent Psychotherapy		Authorization required for all	Clatsop Behavioral Health		
(Kids 0-3)		services through GOBHI.	Columbia County Mental Health		
			Tillamook Family Counseling Center		
			Shasta Counseling		
Infant Massage	Y/N	**Massage is not generally considered a covered benefit **	Tillamook Regional Medical Center- Adventist		
			Columbia Memorial Hospital Rehabilitation		
			Services		
		PT and OT can provide if part of			
		treatment plan. Authorization			
		required.			
Other Potential Services – Assume Not in CPCCO Contract					
Social Work Services					
	1	1	l	1	