

Oregon TPEC Learning Session #1:
Supplemental Reading Materials on Issue-Focused Interventions in Primary Care
Examples of Innovation to Consider


General Overview of Issue-Focused Interventions by Integrated Behavioral Health in Primary Care:

- [Integrated Behavioral Health for Preschool Children in Pediatric Primary Care. Yogman et al.](#)
 - Overview research articles on an integrated behavioral health model that shows specific case examples using LCSW based intervention. Provides an overview of the person's training and background and interventions provided.
- [Integrated Behavioral Health Prevention in Pediatric Primary Care](#)
 - Overview created by Cincinnati Children's Hospital that emphasizes opportunities and areas of focus in first three years of life.

Examples of Evidence-Based Models that could Inform Brief Interventions in Primary Care:

- [Primary Care Triple P \(Positive Parenting Program\)](#)
 - A modified version of this model for primary care implementation in 3-6 Session
- [Incredible Years Group Parenting Class](#)
 - A research study that highlights a group-model. It is a parenting class held over 10 weeks, 2 hours per week.
 - Website: <https://incredibleyears.com/>

Examples of Specific Interventions Focused on Specific Issues or Specific Patient Populations

- **Adverse Childhood Experiences: ACES Aware: Section 2 Only of the (Page 39-45)**
 - A guide for establishing a robust and effective system for responding to ACE screenings and mitigating the toxic stress response.
 - With your site, a first phase could be that the psychoeducation about trauma/toxic stress and some first steps recommended could be done by integrated behavioral health staff in 3-6 sessions.
 - Full Report is Here: <https://www.acesaware.org/wp-content/uploads/2021/06/Aces-Aware-Network-of-Care-Roadmap.pdf>
- [Postpartum Depression Care in Pediatric Primary Care Sites](#)
 - A literature review of 18 different models for addressing, in a dyadic manner, postpartum depression, in a pediatric settings.
- [Autism Evaluation: The diagnosis of autism in community pediatric settings: Does advanced training facilitate practice change? Swanson et al](#)
 - A pilot evaluating the effectiveness of training program designed to enhance autism spectrum disorder identification and assessment within community pediatric settings
- [Adaptation for populations with inequitable outcomes: Adapting a Preschool Disruptive Behavior Group for the Underserved in Pediatric Primary Care Practice. Raglin Bignall et al](#) 
 - A pilot studying the use of structural and cultural adaptations to behavioral parent training for an urban, low-income, predominantly Black population
- **Health Related Social Determinants of health and supports early relational health**
 - Project Dulce: <https://cssp.org/our-work/project/dulce/>
 - [Peer Reviewed Article: DULCE Scaling and Sustaining](#)