

# Learning Collaborative for Integrated Behavioral Health in Primary Care: Strategies and Tools to Provide Assessments and Brief Interventions for Young Children Addressing Social Emotional Health

Primary care plays a critical role in a young child's life, with over a dozen visits recommended before starting Kindergarten. These visits provide opportunities for assessments and interventions in primary care to address early signs of delays in **social-emotional health** that can impact a child's well-being and readiness for kindergarten. An **incentive metric for Coordinated Care Organizations (CCO)** is focused on the provision of these services and improving the rates of services provided to young children in a variety of settings, including primary care.

Building off previous work with primary care sites, the <u>Oregon Pediatric Improvement Partnership</u> (OPIP) is kicking off a <u>multi-year learning collaborative</u> for primary care sites to <u>provide trainings</u> and tools that can improve how integrated behavioral health provide issue-focused services for young children. The Learning Collaborative is funded by Health Share of Oregon with the <u>objective</u> to <u>enhance Integrated Behavioral Health Clinicians' understanding of Oregon's Social- Emotional Health quality metric and of opportunities, tools, and strategies to provide assessments and brief interventions in the medical home that meet the social- emotional needs of young children.</u>

Who is invited to attend? The Learning Collaborative is open to Integrated Behavioral Health Clinicians (attesting to PCPCH Standard 3.C.3) who are in a primary care site that:

- Contract with one or more of the health plan partners within Health Share of Oregon and:
- Are wanting to receive training to enhance provision is services to young children, including assessments, brief intervention, and/or best match connections to specialty behavioral health.

When are the Learning Collaborative Events and What Topics Will be Covered? The Learning Collaborative will offer both virtual and in-person learning formats, with multiple time slots offered to increase feasibility for attendance.

AUGUST 31st 2023 9:00 – 10:00 OR SEPTEMBER 8th 2023 1:00 – 2:00

### VIRTUAL ONBOARDING CALL

Overview of the opportunity for integrated behavioral health clinicians to meet the intention of the Social-Emotional Metric to enhance services within primary care, aligned with priority pain points expressed by parents of young children Live Q & A Recording Provided

OCTOBER 17<sup>th</sup> 2023 8:00 – 12:00 OR OCTOBER 25<sup>th</sup> 2023 12:00 – 4:00

## IN-PERSON LEARNING SESSION (4 HOURS, Food Provided)

Overview of Social-Emotional development, potential indicators of concern aligned with Bright Futures recommended screening, and follow-up steps to consider:

- a. Secondary assessments and clinical decision-making frameworks
- b. Intervention strategies for impacting early childhood Social-Emotional delays
- c. Treatment modalities and best match services in the community
- d. Billing 101

Two dates are being offered covering the same topics. CEU/CMEs Offered

#### **NOVEMBER 23- JANUARY 24**

### WEBINAR CALLS WITH ADDITIONAL CONTENT EXPERTS

Topics to be tailored to participants and implementation strategies, but could include:

- Translating research-based therapies to primary care context and brief interventions in 3-6 sessions.
- Deeper dive best match referrals to specialty behavioral health: Overview Portland Area Specialty Behavioral Health Asset Map and considerations for best match services
- Billing strategies for sustainability Recording Provided; CEU/CMEs Offered

### How can I sign myself, or my IBH staff, up to participate?

August 31<sup>st</sup> Registration <a href="https://us06web.zoom.us/meeting/register/tzwpceiqpzIjGNBfundQOzoqBKhMUelzDN1M">https://us06web.zoom.us/meeting/register/tzwpceiqpzIjGNBfundQOzoqBKhMUelzDN1M</a> September 8<sup>th</sup> Registration <a href="https://us06web.zoom.us/meeting/register/tzlvceqqrD4sGN3FswqkDgAylG0JfO-5SEuZ">https://us06web.zoom.us/meeting/register/tzlvceqqrD4sGN3FswqkDgAylG0JfO-5SEuZ</a>

Questions? If you have questions for OPIP about the Learning Collaborative, please contact opip@ohsu.edu.