

Organizations in Health Share of Oregon Contract That Reported Providing Behavioral Health Services for Children Birth to Five

Selected Parent-Child Programs for Children Birth to Five with a Scientific Rating of 1-3

Therapy/ Program Name	Delivery Method ¹	Age of Child	Scientific Rating	Organization(s) in the Health Share of Oregon Contract	Number of Provider(s)
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Some Providers trained in multiple service modalities targeting different presenting needs will be reflected more than once throughout.

SERVICES TARGETED TO CHILDREN WITH CHALLENGING BEHAVIORS

Parent Child Interaction Therapy (PCIT*)	Dyadic	2-7	1	14	49
<i>*PCIT is also effective program for children with known trauma history (see categories below).</i>					
Generation-PMTO	Dyadic, Family	2-18	1	1	1
Triple P Positive Parenting Program	Level 3 - Dyadic	0-12	2	1	9
	Level 4 - Group		1		

SERVICES VALID ONLY FOR CHILDREN OLDER THAN 3

Collaborative Problem Solving	Family	3-21	1	11	22
Play Therapy	Family, Individual	3-12	NA	19	50
Helping the Non-Compliant Child	Dyadic	3-8	3	3	5

SERVICES TARGETED TO CHILDREN WITH BEHAVIORS AS A RESULTS OF TRAUMA HISTORY

Attachment Regulation and Competency (ARC)	Dyadic, Family, or Individual	Birth -21	NR	1	1
Child Parent Psychotherapy (CPP)	Dyadic	0-5	2	9	11

SERVICES VALID ONLY FOR CHILDREN OLDER THAN 3

Trauma Focused Cognitive Behavior Therapy	Dyadic	3-18	1	13	64
Eye Movement Desensitization & Reprocessing (EMDR)	Individual	4-17	1**	5	7

SERVICES TARGETED TO CHILDREN WITH AT-RISK FOR BEHAVIOR PROBLEMS

Family Check-Up	Dyadic	2-17	1	3	3
Incredible Years*	Dyadic or Group	4-8	1	4	14

*Incredible Years is also or children with challenging behaviors

**Additional organizations who provide evidence-based services to young children may not be represented above, if couldn't be reached for asset mapping.*

1 Dyadic therapies are those done with the parent and the child together. Group therapies can be delivered caregivers without children present, or delivered to a group of families with both children and caregivers present. 2 None of the evidence used to rate EMDR was conducted on children under 4.

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Developed by the Oregon Pediatric Improvement Partnership (OPIP) based in information provided by CareOregon as part of the 2024 System-Level Social-Emotional Health Metric. Evidence ratings an age groups served based on information derived from <https://www.cebc4cw.org>.