

Oregon Transforming Pediatrics for Early Childhood: 5th Learning Session Enhancing Issue-Focused Interventions and Referrals to External ECD Experts & Addressing Social Determinants of Health

May 8th, 2025 8am-12pm



WALCOME

WEENCURAGEYOUTOTAKE CARE OF YOURSELF IN THIS SPACE



Restrooms out the door, to the left & around the corner



Water filling stations, coffee and breakfast are available



The room is yours, stretch and move about throughout as needed to stay connected



Learning
Session #5
Agenda

- Welcome and Review of the Agenda
- Where We Are Now: Learnings from Qualitative and Quantitative Data
- Prioritizing Limited Remaining Time with TPEC Learning Curriculum and QI Supports to Enhance Issue-Focused Interventions and Connections to External ECD Experts: Key Area of Focus
- Small Group Action Planning: Part 1

Group Picture & BREAK

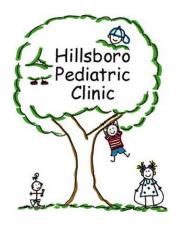
Social Determinants of Health/Social Influences of Health:

- Review of OR TPEC Sites' Current Processes
- Specific Strategies to Consider When Addressing Needs
- Increasing Issue-Focused Interventions and Connections to External ECD Experts: Role SDOH May Play and Strategies to Consider
- Small Group Action Planning: Part 2
- Close Out & Next Steps

This is our FIFTH!!! OR TPEC Learning Session!













Randall Children's Clinic

Acknowledgement of Funding



• <u>Transforming Pediatrics for Early Childhood (TPEC)</u> is supported by Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS).

• The contents of this learning sessions are those of the authors (OPIP staff) and do no necessarily represent the official views of, nor an endorsement, by HRSA, HHS or the US Government.

OPIP Team Supporting the Learning Session





Colleen Reuland, MS

OPIP Director, Principal Investigator of Oregon TPEC



Tessa Kehoe, MPH *OPIP Data & Trainings Coordinator*



Lydia Chiang, MD Medical Director



Vienna Cordova, BA
OPIP Projects Coordinator



Reece Jose, BSSr. Research Assistant



Dave Ross, MPHContractor from Co-Imagine &
TPEC Consultant

Guest Speakers from Health Share of Oregon & CareOregon



Maureen Seferovich, LCSW

Program Manager, Health Systems Integration at Health Share of Oregon



Kaely Summers (she/her)
Social Health Specialist at CareOregon





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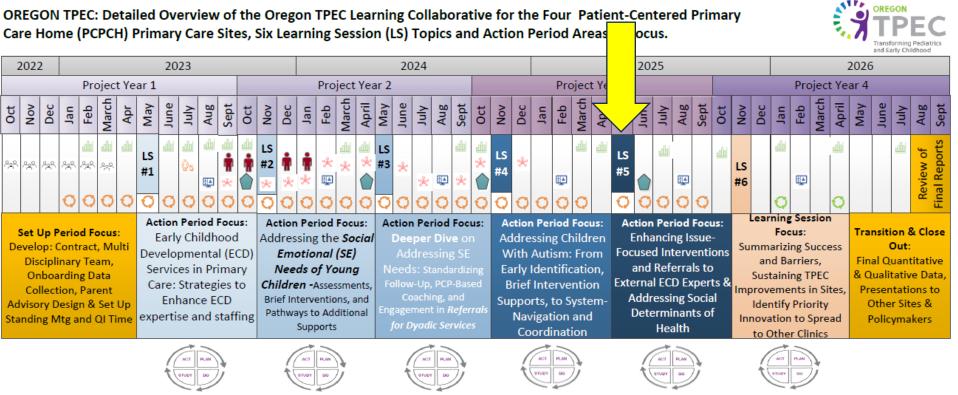
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OR TPEC: We Are Nearing the Last Stretch





KEY: Across PCPCH Site: Webinar Supported Calls Supporting Action Plan Implementation (Required)
Relevant PCPCH Site: Webinar Supported Calls Supporting ECD (Integrated Behavioral Health Staff)
Relevant PCPCH Site: Webinar Supported Calls Supporting Continuum of ECD Services (Care Coordination, System Navigation)

Action Periods Following Learning Session: QI approach to implementation of action plan created during Learning Session on topic area of focus and for priority population identified

Hiring & Onboarding of Staff to Support Gaps in Early Childhood Developmental services (ECD) Functions in Practice and/or Existing Staff Training and Focus on Provision of Issue-Focused Services (Integrated

Behavioral Health) and to Support System Navigation (Traditional Health Workers)

Overview of the Six Learning Sessions (LS) To Guide Action Periods:

Learning Sessions are in-person events with teams from all four sites and the Learning Session faculty (which includes subject matter experts), input obtained from parents, and where applicable advocacy groups. Didactic and peer interaction to support the application of principles of the continuum of ECD services, design implementation action plans, support learning from each, a parent-centered and parent forward approach driving and informing priority populations of focus. Post-Session evaluation data is also collected at each Learning Session.



National TPEC Objectives



- 1. Increase the **number of ECD experts** trained, equipped, and placed in pediatric settings serving Medicaid/CHIP-eligible or uninsured P–5 populations;
- 2. Increase the **number of pediatric practices** offering a <u>continuum of ECD services</u> that includes comprehensive early developmental health promotion/prevention, screening and surveillance, care coordination and linkage, and intervention;
- 3. Improve ECD knowledge & competencies among pediatric primary care staff;
- 4. Identify and advance solutions to specific barriers to sustained and holistic ECD service delivery in primary care, such as policy and financing barriers, ECD workforce needs, care coordination, and service gaps.

What Does the Quantitative & Qualitative Data Say About Oregon's Approach to TPEC Model & Requirements



✓ Review data aligned with national TPEC objectives and the nationally required HRSA reporting metrics

Trivia Questions Throughout:

- ✓ Write down your answers on the sheets provided for the 11 questions.
- ✓ An OPIP team member will collect your answers at the end
- ✓ Winner gets a prize!



OR TPEC Metrics: TPEC Objective #1



- 1. Increase the **number of ECD experts** trained, equipped, and placed in pediatric settings serving Medicaid/CHIP-eligible or uninsured P–5 populations;
 - Main metric we report is the number of behavioral health clinicians given they provide the issue-focused interventions.
 - We also report a broader count of staff trained on specific birth to five referrals and who play a specific role for birth to five along the ECD Continuum.

Examples:

- ✓ Care Coordinators
- ✓ Referral Coordinators
- ✓ Traditional Health Workers
- ✓ Early Childhood Navigator



Interesting Fact:

- A majority of national TPEC grantees are implementing the Healthy Steps Model.
- Grant funding is used to hire Healthy Steps Specialists.
- Sites with these specialists are improving rapidly in childlevel metrics, thanks to a fulltime staff member funded through the cooperative agreement.

OR TPEC Learnings on Barriers Related TPEC Objective #1



1. Increase the **number of ECD experts** trained, equipped, and placed in pediatric settings serving Medicaid/CHIP-eligible or uninsured P–5 populations;



Barriers in Oregon TPEC Model & Learning Collaborative Relative to National TPEC Objective #1:

- We did not require grant funding to be tied to FTE of specific ECD expert staff that only work on birth to five or specific to certain functions.
- Each site has seen transitions in behavioral health staff/other staff that received training to focus on birth to five.
- Most sites don't have the recommended behavioral health staff to primary care provider staffing ratio, despite trying to hire.
- At this time, no site has a person that is dedicated to seeing only birth to five for issue-focused interventions

Trivia Game! Objective 1 – ECD Expert Activities



#1) Which site(s) modified their Circle of Security group therapy classes (led by an ECD expert) to consist of 4 classes and is offering gift cards to parents who attend?



- a) Randall Children's Clinic
- b) Virginia Garcia Memorial Health Clinic Cornelius
- c) Hillsboro Pediatric Clinic
- d) Metropolitan Pediatrics Johnson Creek

Trivia Game! Objective 1 – ECD Expert Activities



#2) Which site(s) had two of their behavioral health staff trained in birth to five transition out of the practice, and have since hired two new behavioral health staff that start this summer and fall?



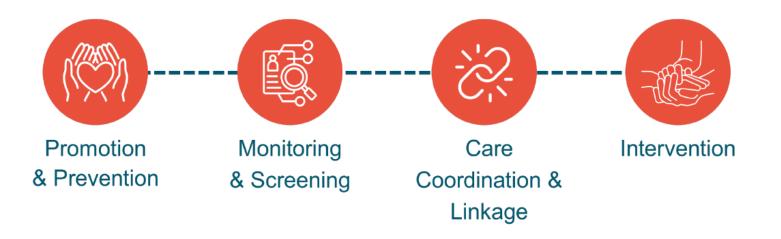
- a) Randall Children's Clinic
- b) Virginia Garcia Memorial Health Clinic Cornelius
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TPEC Objective #2:



Increase the **number of pediatric practices** offering a <u>continuum of ECD services</u> that includes comprehensive early developmental health promotion/prevention, screening and surveillance, care coordination and linkage, and intervention;

National TPEC Defined "Continuum of ECD Services"



OR TPEC Metrics for Objective #2:



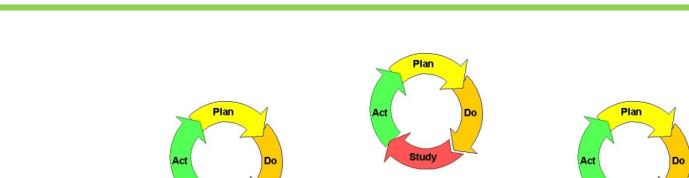
Tab 2

- PCPCH-ECD meant to measure office systems and processes related to the four parts of the ECD Continuum.
 - Used internally to inform QI within each site, & compared to PCPCH Standards
 - Current data is comparison to last year (Spring '25, Over Two Action Periods)
 - NOT an evaluation metric reported to HRSA

HRSA required <u>four child-level metrics</u> across TPEC sites that assess whether the number and proportion of children who have received these services has improved. Their goal is that within these practices, child-level services increase.

Since Last Year OR TPEC Sites Improved on Office Systems & Processes: PCPCH-ECD









Across All Four Sites: Improved 86.1

Points Overall on the PCPCH-ECD since
Collection 2 (Spring 2024)

That is a lot of systems implemented!



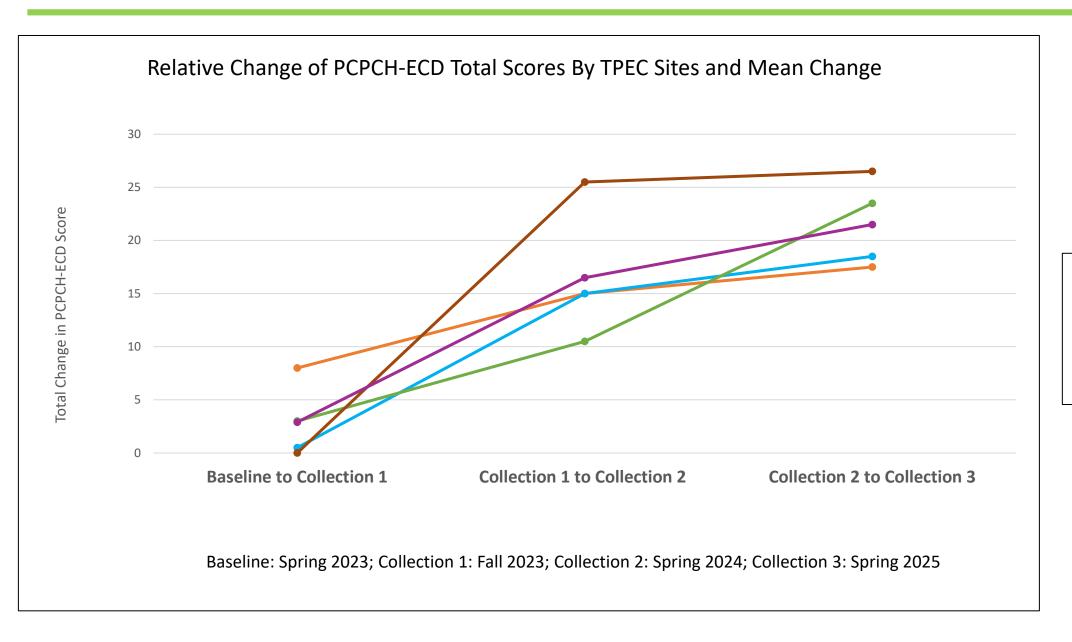






Total PCPCH-ECD Scores: Relative CHANGE Within Each Site









Trivia Game! Objective 2 and PCPCH-ECD Data





#3) Which domain(s) measured in the PCPCH-ECD did all four sites improve on?

- a) Promotion & Prevention
- b) Monitoring & Screening
- c) Care Coordination & Linkage
- d) Intervention

OR TPEC Metrics for Objective #2:



HRSA required across TPEC sites <u>four child-level metrics</u> that assess whether the number and proportion of children who have received these services has improved. Their goal is that within these practices, child-level services increase.

Data is collected every six months, intended to measure if children are receiving the services that the PCPCH-ECD is capturing.





Well-Child Visits for Children Aged 3-6 (Source: Health Share of Oregon) Promotion & Prev.

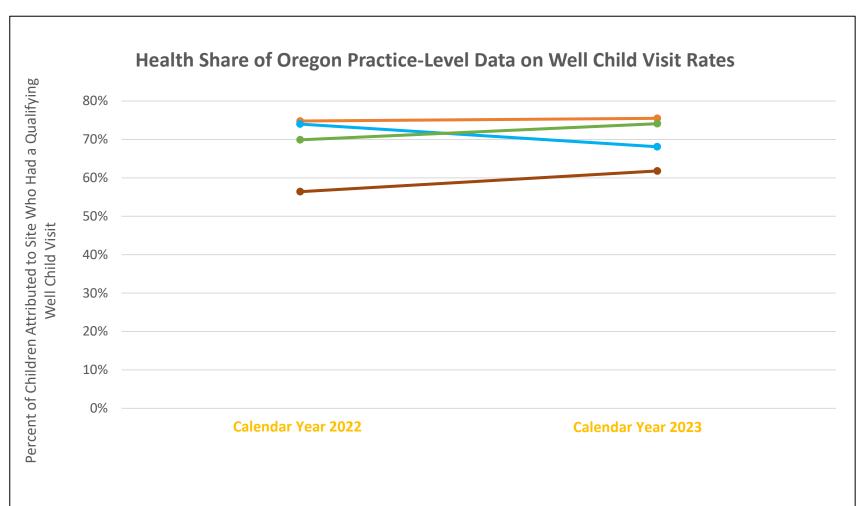
From Practice-Reported Child-Level Data

- 2. Social-Emotional Screening/Assessments (1.3) Monitoring & Screening
- 3. Referrals to Specialty Behavioral Health (2.3) Care Coordination
- 4. Children Receiving Issue-Focused Interventions (3.1) *Issue-Focused Interventions*

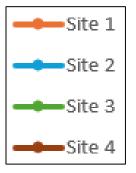
Well Child Visit Data for Children 3-6 Years of Age











OR TPEC Metrics for Objective #2:



HRSA required across TPEC sites <u>four child-level metrics</u> that assess whether the number and proportion of children who have received these services has improved. Their goal is that within these practices, child-level services increase.

1. Well-Child Visits for Children Aged 3-6 (Source: Health Share of Oregon) *Promotion & Prev.*

From Practice-Reported Child-Level Data



Social-Emotional Screening/Assessments (1.3) Monitoring & Screening



- 3. Referrals to Specialty Behavioral Health (2.3) Care Coordination
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Trivia Game! Objective 2





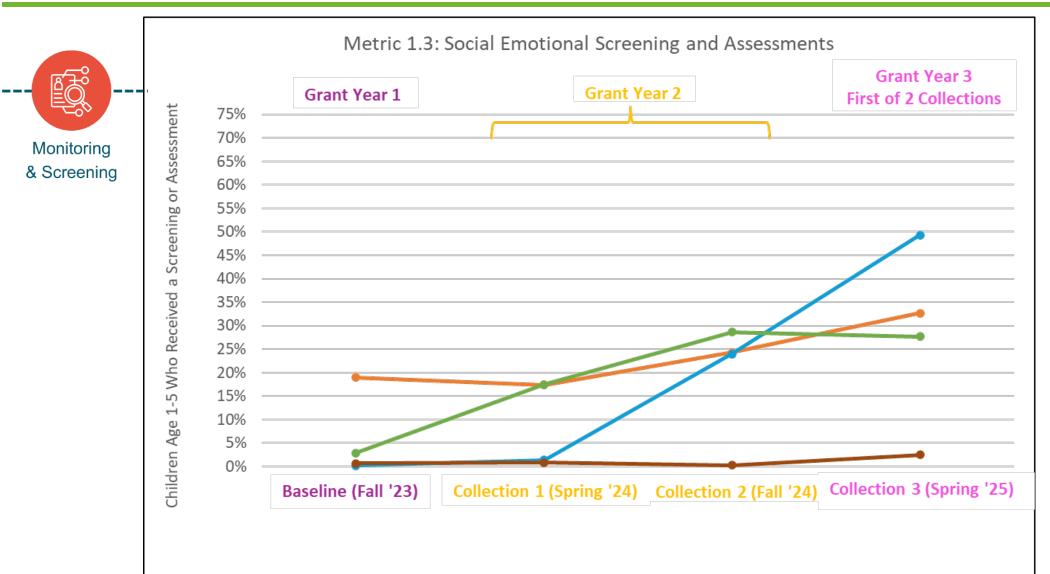
#4) True or False:

All four OR TPEC sites are implementing the Preschool Pediatric Symptom Checklist in at least one well child visit

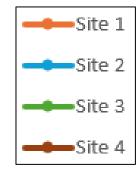
- a) True
- b) False

Metric 1.3: Social-Emotional Health <u>Screening/Assessments</u> (1-5): Based on Claims Data









Trivia Game! Objective 2





- #5) Which site(s) doubled their social-emotional screening rate in the last year?
- a) Randall Children's Clinic
- b) Virginia Garcia Memorial Health Clinic Cornelius
- c) Hillsboro Pediatric Clinic
- d) Metropolitan Pediatrics Johnson Creek

OR TPEC Metrics for Objective #2



HRSA required across TPEC sites <u>four child-level metrics</u> that assess whether the number and proportion of children who have received these services has improved. Their goal is that within these practices, child-level services increase.

1. Well-Child Visits for Children Aged 3-6 (Source: Health Share of Oregon) *Promotion & Prev.*

From Practice-Reported Child-Level Data

- 2. Social-Emotional Screening/Assessments (1.3) Monitoring & Screening
- 3. Referrals to Specialty Behavioral Health (2.3) Care Coordination

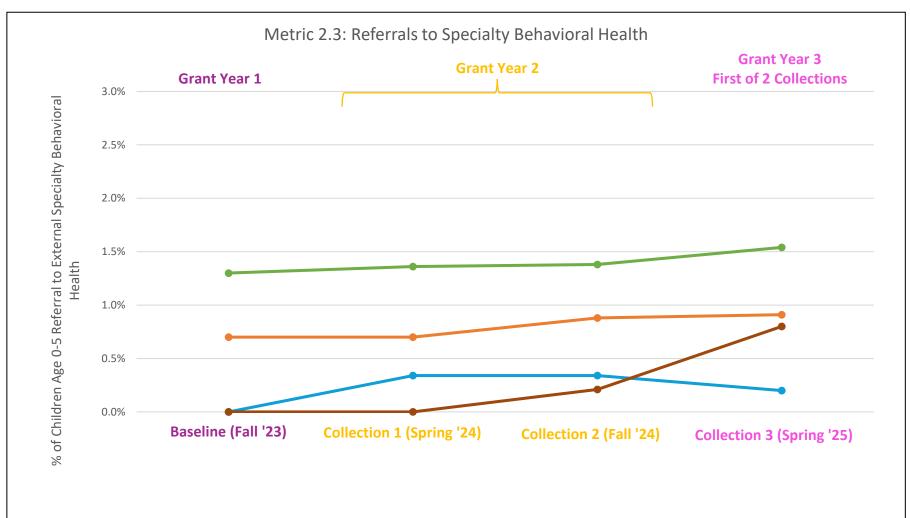


4. Children Receiving Issue-Focused Interventions (3.1) Issue-Focused Interventions

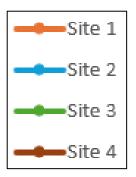
Metric 2.3: Referral Rates to Specialty Behavioral Health (External to Clinic)











OR TPEC Metrics for Objective #2:



HRSA required across TPEC sites <u>four child-level metrics</u> that assess whether the number and proportion of children who have received these services has improved. Their goal is that within these practices, child-level services increase.

1. Well-Child Visits for Children Aged 3-6 (Source: Health Share of Oregon) *Promotion & Prev.*

From Practice-Reported Child-Level Data

- 2. Social-Emotional Screening/Assessments (1.3) Monitoring & Screening
- 3. Referrals to Specialty Behavioral Health (2.3) Care Coordination





Metric 3.1: Children Who Received Issue-Focused Interventions from Staff with ECD expertise



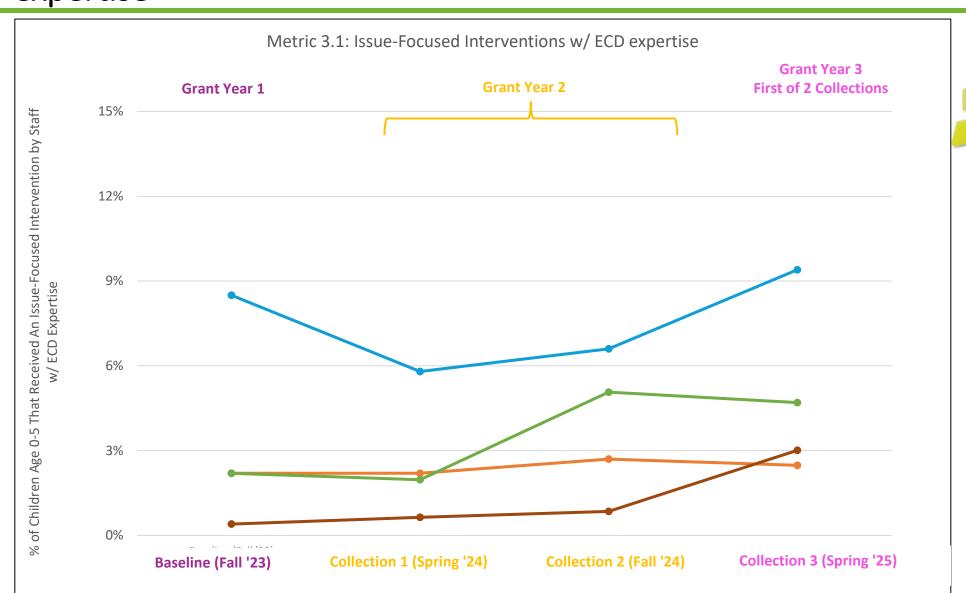
Site 1

Site 2

Site 3

Site 4





Metric 1.4: Social-Emotional Health Metric Specific to Primary Care: Therapy Services (Issue-Focused) (1-5-years)









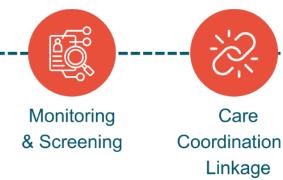




Trivia Game! Objective 2







#6) Which site developed a data dashboard that tracks screening results and whether best match follow-up occurred, by provider, to target their QI work and increase referrals?

- a) Randall Children's Clinic
- b) Virginia Garcia Memorial Health Clinic Cornelius
- c) Hillsboro Pediatric Clinic
- d) Metropolitan Pediatrics Johnson Creek

Data Dashboard Example, Courtesy of Virginia Garcia Memorial Health Clinic – Cornelius



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- 5	4-0	Below cutoff	Below cutoff	Above cutoff	Below cutoff	Below cutoff	1 REFERRAL TO EARLY INTERVENTION/ECSE		
- 5	1-1	Above cutoff	Close to cutoff	Above cutoff	Above cutoff	Below cutoff			
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4	2-1	Below cutoff	Close to cutoff	Above cutoff	Above cutoff	Below cutoff	2 REFERRAL TO EARLY INTERVENTION/ECSE		REFERRAL TO EARLY CHILDHOOD SER
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3	4-0	Below cutoff	Below cutoff	Above cutoff	Below cutoff	Below cutoff	•	REFERRAL TO PEDIATRIC NEURODEVELOPMENT	
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Trivia Game! Objective 2



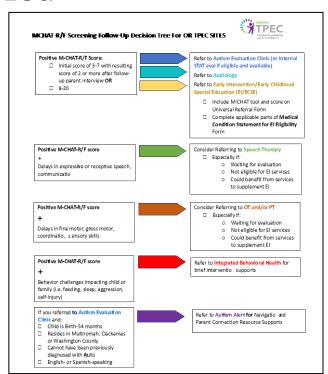




#7) Which site(s) developed standardized

MCHAT Follow-Up Decision Trees and Autism Follow-Up Education Sheets?

- a) Randall Children's Clinic
- b) Virginia Garcia Memorial Health Clinic Cornelius
- c) Hillsboro Pediatric Clinic
- d) Metropolitan Pediatrics Johnson Creek

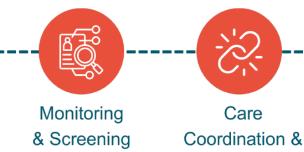


Trivia Game! Objective 2

Linkage







#8) Which site(s) are referring to Autism Alert?

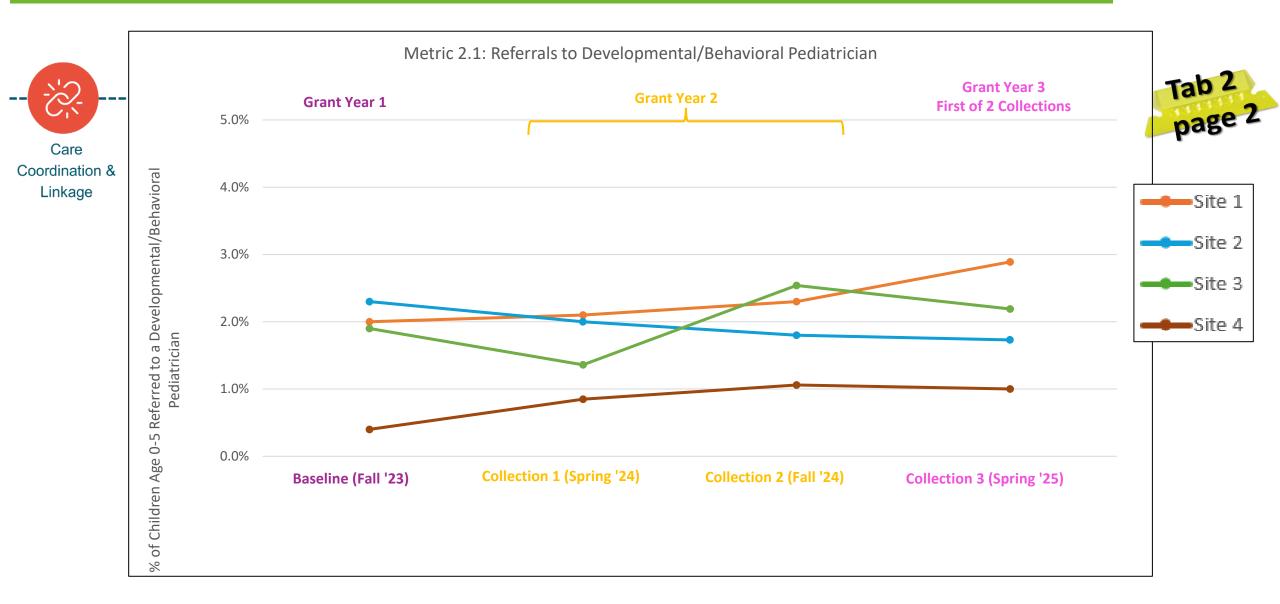
- a) Randall Children's Clinic
- b) Virginia Garcia Memorial Health Clinic Cornelius
- c) Hillsboro Pediatric Clinic
- d) Metropolitan Pediatrics Johnson Creek
- e) All four sites



Additional Metrics: Evaluation Metrics of Subaward Funds Provided to Support Increasing Referrals to External ECD Experts

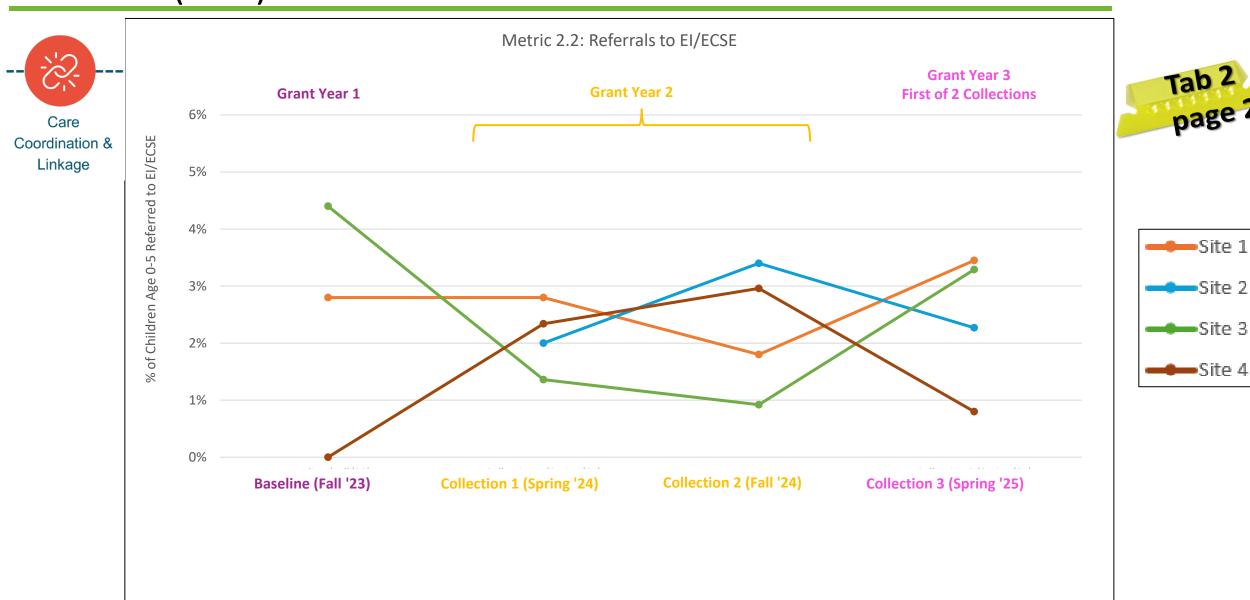
Metric 2.1: Referral Rates to Developmental/Behavioral Pediatrician





Metric 2.2: Referral Rates to Early Intervention (EI)/Early Childhood Special Education (ECSE)





Trivia Game! Objective 2







#9) Which sites trained their providers on a standardized follow-up decision tree to ASQ and saw an increase in best match referrals in the next six-month period?

- a) Randall Children's Clinic
- b) Virginia Garcia Memorial Health Clinic Cornelius
- c) Hillsboro Pediatric Clinic
- d) Metropolitan Pediatrics Johnson Creek

Trivia Game! Objective 2





#10) Which site increased the proportion of their population receiving care coordination/system navigation supports by 7% in a six-month period?

- a) Randall Children's Clinic
- b) Virginia Garcia Memorial Health Clinic Cornelius
- c) Hillsboro Pediatric Clinic
- d) Metropolitan Pediatrics Johnson Creek

TPEC Objective #3:



#3: Improve ECD knowledge and competencies among pediatric primary care staff

- We report elements of PCPCH-ECD relative to office systems and processes (already shared data with you)
- This is why we collect evaluation data after every Learning Session and IBH Webinar.
- This is why we also track trainings you within your site and of your staff.
 - A key area OPIP is open to supporting you during this last leg is on providing trainings on tools and strategies developed.

TPEC Objective #4



Objective #4: Identify and advance solutions to specific barriers to sustained and holistic ECD service delivery in primary care, such as policy and financing barriers, ECD workforce needs, care coordination, and service gaps.

- This is a routine section of monthly facilitator reports.
- Required section in your qualitative reports. This will be a big focus of the November 2025 Learning Session
- Specific areas OPIP has been working on:
 - Work with EI/ECSE contractors on Universal Referral Form and Summary of Services
 - Health Share of Oregon Health Plans payment to primary care
 - Sustainable Rates IBH services, Well-Child Visit Rates
 - o PMPMs
 - VBPs
 - 2025 Child-level CCO Incentive Metric Will create focus on policy and financing related to issue-focused interventions
 - OHA/Early Learning
 - EPSDT Coverage
 - Payment Parity
 - Primary Care Payment Reform
 - Addressing Lack of Network Adequacy in Behavioral Health; Developmental Peds
 - Addressing Gaps in EI/ECSE

Trivia Question! Objective 4



- #11) Which site(s) provided public comment to OHA on the proposed 2026 Social determinants of health (SDOH) social needs screening measure specifications?
 - a) Randall Children's Clinic
 - b) Virginia Garcia Memorial Health Clinic Cornelius
 - c) Hillsboro Pediatric Clinic
 - d) Metropolitan Pediatrics Johnson Creek

Trivia Game: Turn In Your Answer



- An OPIP team member will pick up the sheets at the end.
- Winner will get a prize!



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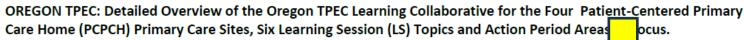
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OR TPEC: We Are Nearing the Last Stretch







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KEY: A Onboarding, Engagement, Contract Development with Primary Care Site

Evaluation Data Collection

On-Site Practice Facilitation with Practice-Level Teams

Check In with Sites, Qualitive?s

Across PCPCH Site: Webinar Supported Calls Supporting Action Plan Implementation (Required)

Relevant PCPCH Site: Webinar Supported Calls Supporting ECD (Integrated Behavioral Health Staff)

Relevant PCPCH Site: Webinar Supported Calls Supporting Continuum of ECD Services (Care Coordination, System Navigation)

Action Periods Following Learning Session: QI approach to implementation of action plan created during Learning Session on topic area of focus and for priority population identified

Hiring & Onboarding of Staff to Support Gaps in Early Childhood Developmental services (ECD) Functions in Practice and/or Existing Staff Training and Focus on Provision of Issue-Focused Services (Integrated Behavioral Health) and to Support System Navigation (Traditional Health Workers)

Overview of the Six Learning Sessions (LS) To Guide Action Periods:

Learning Sessions are in-person events with teams from all four sites and the Learning Session faculty (which includes subject matter experts), input obtained from parents, and where applicable advocacy groups. Didactic and peer interaction to support the application of principles of the continuum of ECD services, design implementation action plans, support learning from each, a parent-centered and parent forward approach driving and informing priority populations of focus. Post-Session evaluation data is also collected at each Learning Session.

Focusing Efforts & Remaining Time on North Star Metrics



Part 1: Issue-Focused Interventions

- ✓ Interventions for children with identified issues
- ✓ Conducted by persons with expertise in addressing those issues outside context of well child visits.
- ✓ For most sites, this is integrated behavioral health
- Some sites exploring role of other staff (THW, Navigator)
- \$

Aligned with the CCO Incentive Metric: Young children receiving social-emotional issue-focused intervention/treatment services



Children (Birth to Five) that received **issue-focused interventions** from staff with ECD expertise (Based on various data sources. Metric 3.1)



Children 1-5 that Received Brief Intervention/Treatment Services (Based on Claims Data, Metric 1.4)

Part 2: Referrals and System Navigation Supports to External ECD Experts

- ✓ Specific to priority external referrals
- ✓ Improvement efforts should focus on standardizing how to IDENTIFY people who should receive referrals

Increased Referrals To:



Specialty Behavioral Health* (Metric 2.3, *Federal evaluation metric of OR TPEC)

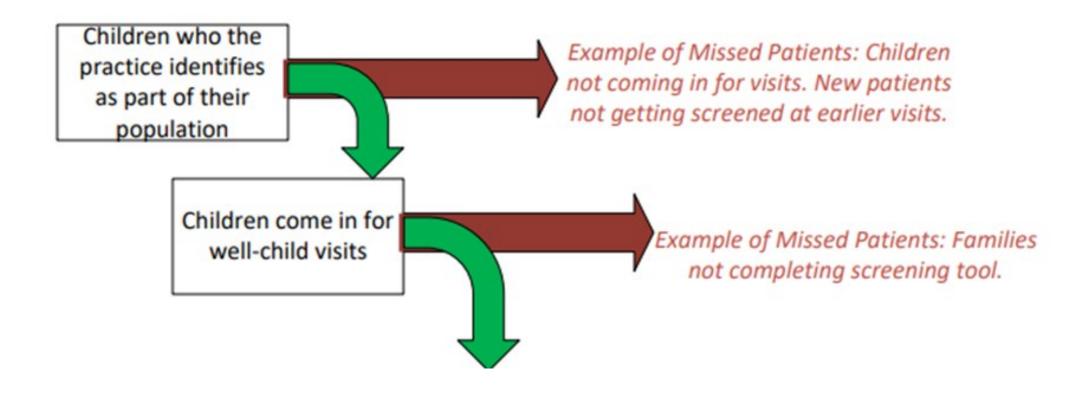




Early Intervention/Early Childhood Special Education (Metric 2.2)



Medical Therapies: OT, PT, Speech (Metrics 2.472.6)



Aim: Increase Well Child Visit Attendance So Services Can Be Offered



Schedule the next well visit before families leave the office - require it as part of check out (recognizing VGMHC open access policy) Education for parents about recommended well visit schedule After visit summary provided at each visit with schedule (i.e. table with dates) Posters or flyers in waiting area with recommended schedule Health Maintenance Panel coordinator prioritization of the 12 months-4 years old time period Call those who have not come in Call "no shows" to reschedule EHR Modifications and enhancements Automatic notifications to families Flag on chart for those behind on well visits (so staff can leverage sick visits, phone calls, portal messages to encourage scheduling and address barriers) Scheduling Offer evening or weekend hours for well visits Ensure cancelled appts are rescheduled on the spot or schedule future appts Appointment reminders

Identify preferred way to get reminders – text, phone & language spoken

Aim: Increasing Children Receiving Issue-Focused Interventions





Children (Birth to Five) that received **issue-focused interventions** from staff with ECD expertise (Based on various data sources. Metric 3.1)



Children 1-5 that Received Brief Intervention/Treatment Services (*Based on Claims Data, Metric 1.4*)

Aim: Increase Children Receiving Issue-Focused Interventions



- Hire and retain behavioral health staff that have expertise in birth to five or can free up caseload of your current staff with this expertise
 - Ensure IBH staffing ratio aligned with standards
- Enhance appointment slots available with behavioral health for children birth to five
 - Prioritize space and appointments for birth to five
- Offer group therapy classes
- ☐ Train Traditional Health Workers (THW)/Community Health Workers (CHW) on specific issue-focused interventions
- Address children being screened, but not receiving referrals to issue-focused interventions offered within practice
 - Standardized decision trees
 - Use data to guide and target training and improvement efforts: Examine follow-up to screening
- ☐ Address families who decline services being offered
 - Shared decision-making sheet for family, parent education; THW/CHW support
- ☐ Identify targeted strategies for families where SDOH/SIOH factors create barriers to access

Aim: Increase Children Who Receive Referrals to External ECD Experts and System Navigation Supports



Increase Referrals To:



Specialty Behavioral Health* (Metric 2.3, * Federal evaluation metric of OR)





Early Intervention/Early Childhood Special Education (Metric 2.2)

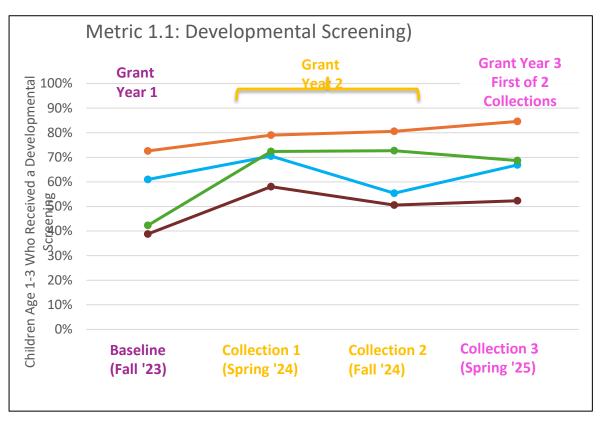


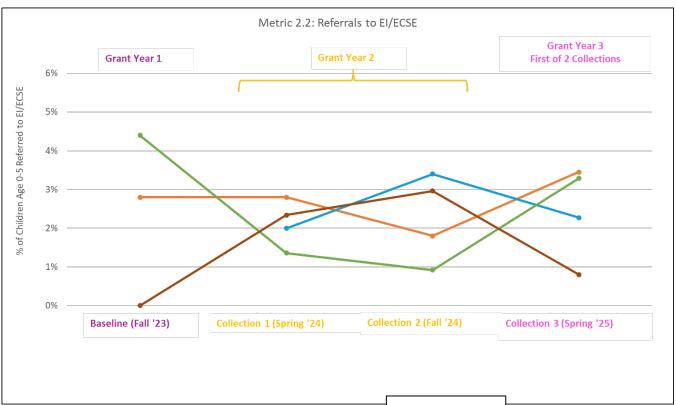
Medical Therapies: OT, PT, Speech (Metrics 2.4-2.6)

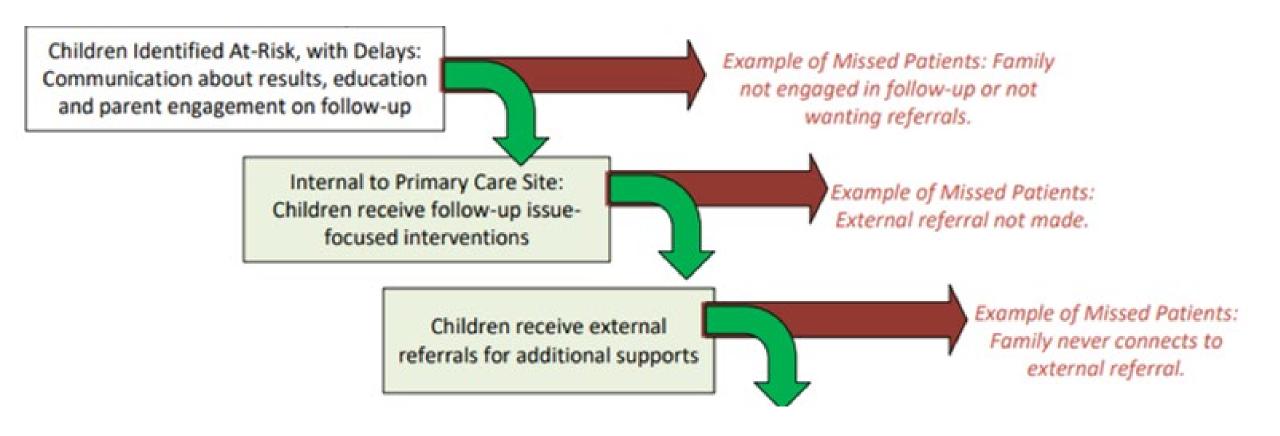
Learning from Data: Developmental Screening & EI/ECSE Referrals



Increases in Screening or HIGH SCREENING Rates Alone Have Not Equaled Increases in Clinically Recommended Referrals







Bridge of Supports Learning from OR TPEC Sites and Others:

Sites that Support Clinical Decision Making, EHR Supports, Parent Education, and Data Tracking DO Improve



Part 2: Referrals and System Navigation Supports to External ECD Experts



Overarching Strategies:

- Address children being screened, but not receiving referrals to external ECD experts Standardized decision trees
 - Examination of follow-up data by provider
 - Provider trainings
- □ <u>Standardized</u> enhancements to the Electronic Health Record to support standardized processes for referrals to *external* ECD experts
- Address families who decline referrals being offered
 - Shared decision-making sheet with family, parent education
 - Traditional Health Worker (THW) support
- □ Identify targeted strategies for families where SDOH/SIOH create barriers to accept referral offered

Referrals to Specialty Behavioral Health



Metric 2.3 / 💰

- ☐ Develop a parent education sheet about **external behavioral health** services and why they are important to consider
- ☐ Develop a **curated list** from the larger Health Share of Oregon asset map of best match resources for your patients
 - For your region
 - For your patient demographic
- ☐ **Train providers** on external behavioral health services, what services exist externally, and how to engage families
- □ Develop a standardized process for rounding back and re-engaging families who may decline referrals

Example of a Parent Education Sheet:

OPIP developed in a project on supporting parents referred by primary care and EI to access a specialty behavioral health provider.

As part of the TPEC Supports: OPIP staff could help to create OR TPEC site-specific versions of these if you are interested.



Parenting young children can be hard, but there are resources that can help!

Steps your Healthcare Providers will take:

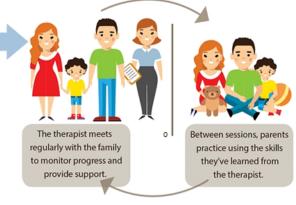
- Assess National recommendations call for specific tools to be used to assess a child's development such as the one you completed.
- 2. Talk with parents about different ways to support young children's development and services that can support parents through challenging stages.

 Goals of services include:
- Improved behavior, self-control and self esteem for children
- Better relationships and reduced stress for families
- Help young children and families thrive
- **3. Once Referred –** A scheduler will call you:
- -You will be asked a few questions about your child and health care insurance
- You will book a 1.5-2 hour in-person assessment with you and your child
- If you <u>do not hear</u> from the scheduler please let your doctor know
- **4. Follow up** with the family during and after referral process to confirm progress

What Parents Can Expect

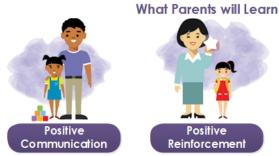
With the support of behavioral health providers, parents can learn skills to help improve their child's behavior, leading to improved functioning at home school and in relationships.

Parents typically attend 8 or more sessions with a therapist. Sessions may involve groups or individual families. Learning and practicing behavior therapy requires time and effort, but it has lasting benefits for the child.



After therapy ends, families continue to experience improved behavior and reduced stress.

For more information about challenging behaviors and supports, go to: https://www.nimh.nih.gov/health/publications/children-and-mental-health/index.shtml





Behavior therapy, given by parents, teaches children to better control their own behavior, leading to improved functioning at school, home and in relationships. Learning and practicing behavior therapy requires time and effort, but it has lasting benefits for the child.

Materials and graphics adapted from CDC Vital Signs parent education sheet: https://www.cdc.gov/ncbddd/adhd/behavior-therapy.html

Version 1.0 12/19







Insights from Parent Input Sessions: Frequently Asked Questions

Questions Addressed:

- 1. What is "Behavioral Health" or "Social-Emotional Health" for Young Children?
- 2. Why would my child need additional services to address behaviors?
- 3. What are behaviors that these services will help address?
- 4. What can I expect these services to look like?
- 5. Is behavioral health the same as mental health? Why is my young child being referred to a mental health agency?
- 6. Will my child receive a diagnosis or "label"?
- 7. What if the therapist doesn't understand my family's values, background, culture, or language?
- 8. I have had bad experiences in the past with mental or behavioral health services can I trust it for my child?
- 9. What is the difference between a Psychiatrist, Psychologist, Social Worker, Counselor, etc?
- 10. Will my child be medicated?



Frequently Asked Questions: Services for Young Children to Address Challenging Behaviors & Emotions

As a parent, you want your child to grow up healthy, happy, and thriving. Some children have unique needs and behaviors that require extra attention to support their development. We believe every child should have access to the best possible care for their physical and social-emotional development. Here are some common questions that families ask about receiving behavioral health services for their young child.

Question: What is "Behavioral Health" or "Social-Emotional Health" for Young Children?

Answer: Behavioral or social-emotional health refers to a child's ability to control how they share their feelings, how they behave, and how they play and interact with others. It is a vital part of their overall health and development.

Key aspects of social-emotional health include:

- · Building strong, loving relationships with family, friends, and other important people in their life
- Understanding and expressing their feelings and behaving in a healthy way
- . Learning and growing in different places such as home, school, and in their community



Question: Why would my child need additional services to address behaviors?

Answer: Every child needs help managing their feelings and behaviors, but some require additional support due to unique ways of processing their emotions and surroundings. It's common for young children to need these extra services—one in five children struggles with emotional or behavioral health issues. Addressing behavioral health concerns with children when they're young is more effective (both treatment and cost-wise) than waiting to address the issue when the child is older or when the problem becomes overwhelming. If your family faces difficult emotions and behaviors regularly, a trained therapist or expert in these behaviors can offer strategies to help support your child and teach them new skills.

Question: What behaviors will these services help address?

Answer: Here are some common behaviors that children may exhibit that providers with experience and expertise can help you address, tailored to your child's brain and temperament:

- Temper tantrums
- Hard time calming down
- Hard time playing with other children
- Not following instructions
- Being aggressive or angry
- Hard time with new places or people
- Seeming very worried or scared
 Seeming very sad, unhappy, or upset
- Seeming very sad, unnappy, or ups
- Sleep problems
- Toileting issues

Question: What can I expect these services to look like?

Answer: Therapy and other services for young children birth through five years of age often look like play time for the child, allowing the therapist to observe their interactions with people and objects. A therapist will spend time with you and your child to learn about your relationship and any challenges you experience. They will help you learn strategies to strengthen the parent-child relationship, build new skills, and manage difficult behaviors. By working together, you'll gain the tools and confidence to support your child's development and apply what you've learned to your child's daily life.





Early Intervention/Early Childhood Special Education (Metric 2.2)



- Develop a parent education sheet about referrals to EI/ECSE, what to expect, and who to call if they don't get evaluated **or** are not eligible
- Develop a standardized process for children NOT evaluated with follow-up steps
- Develop a standardized process for children evaluated and NOT eligible with follow-up steps
- Develop a standardized process for children evaluated and eligible with review of the one-page summary of provided services to **determine if additional referral(s)** (e.g. supplemental medical therapies) or follow-up is needed

Referrals to Medical Therapies



Occupational Therapy (Metric 2.4), Physical Therapy (Metric 2.5), Speech Therapy (Metric 2.6)

- ☐ Identify children who have been referred for a Dev Peds evaluation and could benefit from medical therapies while they wait
- ☐ Identify children who were referred to EI/ECSE but were NOT eligible, and determine if they could benefit from medical therapies
- Develop a curated list of providers that serve specific needs
 - E.g. Speech therapists that speak languages other than English

Small Group Action Planning to Prioritize Remaining Time 🚜



Tab 3

Note about Timing, Metric time periods and Due Dates

- Practice child-level metrics will be collected for Jan '25-June '25 period, and then July '25-December '25 period (Final data collection for cooperative agreement)
- Report is due in September '25 for review for Year 4 funds: Sites have option to present updated data for July-September '25



Action Plan Document:

- OPIP has customized this for each site.
- Use your time wisely to think about what you will do in these <u>six months</u> to increase numbers of children receiving the priority services of focus.
- ✓ Identify supports, QI tools, Provider training supports, etc that OPIP can provide to help you be successful.
- ✓ We will ask each site to share out key areas you plan to focus on.





- Welcome and Review of the Agenda
- Where We Are Now: Learnings from Qualitative and Quantitative Data
- Prioritizing Limited Remaining Time with TPEC Learning Curriculum and QI Supports to Enhance Issue-Focused Interventions and Connections to External ECD Experts: Key Area of Focus
- Small Group Action Planning: Part 1

Group Picture & BREAK

Social Determinants of Health/Social Influences of Health:

- Review of OR TPEC Sites' Current Processes
- Specific Strategies to Consider When Addressing Needs
- Increasing Issue-Focused Interventions and Connections to External ECD Experts: Role SDOH May Play and Strategies to Consider
- Small Group Action Planning: Part 2
- Close Out & Next Steps



Oregon Transforming Pediatrics for Early Childhood

Learning Session #5 Agenda



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- Where We Are Now: Learnings from Qualitative and Quantitative Data
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Social Determinants of Health/Social Influences of Health



As defined by the World Health Organization:

Tab 4

 The non-medical factors that influence health outcomes. They are the conditions in which people are born, grow, work, live, and age, and the wider set of forces and systems shaping the conditions of daily life.

Health-related social needs are the specific social and economic needs that affect the ability to maintain health and well-being.



Social Determinants of Health/Social Influences of Health



All 4 OR TPEC sites are screening for social determinants of health (SDOH)/social influences of health (SIOH) and the three domains related to Oregon Health Authority's CCO Incentive Metric on SDOH Screening and Referral:



- 1. Housing insecurity
- 2. Food insecurity
- Transportation insecurity





Other domains asked about include:

- Utilities
- Financial hardship
- Safety
- Social connections
- **Employment**







OR TPEC Sites SDOH/SIOH Screening Tools: Table 1.0





Overview of SDOH/SIOH Screening Tools Used in OR TPEC Sites: Summary Table



Each OR TPEC Site is screening for Social Determinants of Health (SDOH)/Social Influences of Health (SIOH) at routine periods, and the screening tools used are included in the binder. The table below and on the following pages provides a summary of the similarities and differences in approaches used (as of March 2025).

CDOU Caraanin-	Randall	Hillsboro	Matranalitan Badiatrico	Virginia Garcia Memorial Health
SDOH Screening			Metropolitan Pediatrics:	•
	Children's Clinic (RCC)	Pediatric Clinic (HPC)	Johnson Creek (MP-JC)	Center (VGMHC): Cornelius
Periodicity	Form given out at 2-week visit,	Screen at every well-visit.	Sent to families @ child's birthday	Annually, any in-person visit.
	1 yr, annually at well visit.		(annually).	
Wording at the Top	These questions are about	We are asking all of our patients to	To ensure we offer the most relevant	Part of an annual verification form
of the Tool to	needs that can affect your	complete this form because having	resources for your family's health, we'd	that includes other questions.
Contextualize Why	health. We have resources that	access to food, transportation, and	appreciate it if you could answer a few	SDOH section header:
Questions are	may be of help to you. Please	other resources affect a person's	questions. The following questions are	Access to food, transportation, and
Being Asked	answer the following.	health. Please complete this form	related to your housing,	other basic supports affect your
-		to help us find the things that	transportation, and food availability, as	health. The questions below focus on
		make it hard for you to take	problems in these areas can affect your	this. Your answers may help us
		care of your/your child's health	health. The information you share here	provide better medical care and we
		and connect you with the	will be kept in the patient's medical	may be able to connect you with
		resources you need.	record. The screening results may not	more services.
			be discussed at this visit, but if you	
			indicate you'd like assistance, our	
			Community Health Worker is available and will reach out to you to offer	
			personalized guidance. The State of	
			Oregon requires we provide this	
			screening once per year, however you	
			may choose to decline to answer.	
Specific Items in Too			may choose to decline to answer.	
Food insecurity	Within the past 12	Within the last 12 months, we	Within the past 12 months, you	Within the last 12 months, you
•	months, you worried that	worried whether our food	worried that your food would run	worried that your food would
	your food would run out	would run out before we got	out before you got the money to	run out before you got money to
	before you got the money	money to buy more. (Y/N)	buy more. (Never true, sometimes	buy more. (often true,
	to buy more. (Never true,	Within the last 12 months, the	true, often true, decline)	sometimes true, never true)
	sometimes true, often	food we bought just didn't last	 Within the last 12 months, the 	·
	true)	and we didn't have money to	food you bought just didn't last	
		get more. (Y/N)	and you didn't have money to get	
			more. (Never true, sometimes	
			true, often true, decline)	



Screening Tools from each OR TPEC site included in binder

OR TPEC Sites' SDOH/SIOH Screening Process



OR TPEC Site Highlights around SDOH/SIOH Screening:

- Hillsboro Pediatric Clinic, VGMHC-Cornelius, and Randall Children's Clinic ask questions around need for Utilities support (part of HRSN housing benefit and utility assistance agencies)
- Metropolitan Pediatrics-Johnson Creek asks about other family members who are Metro Peds patients to enter results into sibling charts
- Randall Children's Clinic asks questions related to safety
- VGMHC-Cornelius asks questions related to social connections







OR TPEC Sites Follow Up To SDOH/SIOH Screening



All 4 OR TPEC sites have dedicated staff to address results of SDOH/SIOH screens and help families access resources (Community Health Worker, Social Worker, Navigator, Care Coordinator)



OPIP team interviewed each OR TPEC site to understand their systems and processes related to follow-up of SDOH/SIOH screening results — THANK YOU!!!



- Hillsboro Peds: Shella, Marc
- Metro Peds-Johnson Creek: Heather, Tori, Carmen
- Randall Children's Clinic: Jeanette, Cat, Kendall, Christian
- VGMHC-Cornelius: Dan, Laura, Selenne, Juan



Created high-level summary of key, standardized follow-up steps based on these calls and reviewed by each site

- Each family is different and there is a lot of individualized support provided
- Process is evolving, which is exciting!

SDOH/SIOH Follow Up Steps: Table 2.0





Overview of Follow Up Summary Tables



OPIP staff interviewed each OR TPEC Site to understand their systems and processes related to follow-up to the Social Determinants of Health (SDOH)/Social Influences of Health (SIOH) screening results. Below is a high-level summary of key, standardized follow-up steps as noted by the sites based on these phone calls (as of March 2025).

High-Level Summary	Randall Children's Clinic (RCC)	Hillsboro	Metropolitan Pediatrics:	Virginia Garcia Memorial Health
of Follow-Up Process		Pediatric Clinic (HPC)	Johnson Creek (MP-JC)	Center (VGMHC): Cornelius
EHR Entry of Results	MA enters SDOH screen results	Provider receives paper SIOH	MA enters SDOH screen results	Front desk staff enter SDOH screen
and Primary Care	into EPIC flowsheet, also viewable	screener to discuss during the visit	into EPIC flowsheet, which	results in EPIC flowsheet. Providers
Provider (PCP) Access	in EHR Snapshot and Synopsis	with the family. MAs then input	populates flowsheet & pops up in	can see icons related to SDOH in
of Information	views. Therefore, multiple ways for	SIOH results into EHR for	sidebar as part of story board for	EHR.
	provider to access & see in EPIC.	reference.	provider to see.	
If families don't want	to be contacted based on their SDOH	Screening (if asked on the form):		
Follow Up Steps for	Paper form goes into bin that CHW	No outreach done.	All positive screens go to CHW,	Outreach to all families with
Patients Not Wanting	picks up in the clinic.		who closes task if no contact	positive screens given there is a
Contact			desired by family. No outreach	not question asked about whether
			done.	they want to be contacted.
	Still send resources (handouts) by			
	text, email or MyChart			
If families DO want to	be contacted based on SDOH Screeni	ng (or question not asked):		
Follow Up Steps for	Form is given directly to	Provider creates referral for	CHW receives all positive SDOH	Patients are sometimes given
Patients Who DO	Kendall/Cat. They try to meet with	patient navigator.	screens then reaches out if	resource lists from front desk if
want to be contacted	families during visit (warm		desired.	positive screen received while
	handoff). If not possible, they			they're still in clinic. Otherwise,
	follow up with families after via			MA or provider refers to patient
	phone.			navigator for follow-up steps.
				If a referral is received, Navigator
				(Dan) calls patients to schedule
				appointment (in-clinic, home, or
				phone call). Meet w/ patient to
				understand needs and situation.
Number of Attempts	Call 2 times, chart in EPIC whether	Calls 3+ times & sends email.	Reaches out to families 3 times -	Reaches out to family multiple
Made to Follow-Up	contact made.		call, text, or MyHealth.	times – up to 2x in a row without
· · ·			7 4	



SDOH/SIOH Follow Up Steps: Table 3.0





Overview of Follow Up Summary Tables



Below is a high-level summary of each sites' follow-up steps specific to the three domains of SDOH/SIOH screening that are required as part of the CCO incentive metric.

	RCC	HPC	MP-JC	VGMHC: Cornelius
Housing insecurity	follow-up			
Follow Up Steps (in order of process)	Provide list with county-specific resources and nonprofits. Support families with navigating applying for affordable housing, temporary shelters, and/or accessing housing lawyers.	N/A	N/A	Provide list of local resources (Ex. If eviction-Community Action. If homeless—Shelters. If need short term stay—Hotels)
	If eligible, help family fill out Health Related Social Needs (HRSN) app on Unite Us platform or apply through 211.	N/A	N/A	If community resource isn't working, support families to apply for flex funds available internally.
	If HRSN denied and eligible, support families to apply for Flex Funds. RCC has internal funding for some cases.	If eligible, helps family fill out HRSN app and apply through 211 on Unite Us platform.	If eligible, refers families to 211 on Unite Us platform to apply for HRSN.	If eligible, helps family fill out HRSN app. Has family call 211 to apply.
	Sometimes will refer to 211 for other resources (rare).	Refer to 211 broadly and to apply for HRSN for those eligible.	Refers all families to 211 even if not eligible for HRSN.	If the family is instructed to call 211, pt navigator offers to call with them, especially if there is language barrier
Closed Loop Tracking	211/Unite Us only indicates contact with parent re HRSN app. Difficult to follow up with families to ensure services with agencies.	211/Unite Us only indicates contact with parent. Pt navigator calls family to assess if services received.	CHW tracks in Unite Us if HRSN referral has been picked up, then calls CareOregon to follow up. Calls family to confirm if resource has been provided.	Navigator calls the family to understand services received and any barriers encountered.
Food insecurity fo	llow-up			
Follow Up Steps (in order of	Help families apply to SNAP & WIC if eligible.	Refer to 211 on Unite Us platform	Refer to 211 on Unite Us platform for SNAP/WIC.	Help families apply to SNAP & WIC if eligible.
process)	Provides curated list of local food banks/resources.	Provide Oregon Food Bank website information.	Provides list of local food banks.	Provides list of local food banks/resources & info on food pantry next door to clinic.
	Food bags and monthly free food market offered at RCC.			Deliver food if transportation is a barrier or use internal flex funds.
Closed Loop Tracking	None.	Call 211 to see if they've connected a pt or calls families directly.	Can see on Unite Us when SNAP/WIC applications have been accepted. Calls family to confirm if resource has been provided.	Talk with families.



OR TPEC Sites SDOH/SIOH Screening & Follow Up Processes



OR TPEC Site Learnings around **Housing** Follow Up Process:

- Housing agencies have variable requirements, funding availability, and waitlists
- Homeless shelters have limited capacity, regulations, and waitlists
- 211 Info is a good resource, but there are barriers:
 - Resource lists are limited
 - Often don't know nuances of individual agencies
 - Not as familiar with each family's needs



Strategies Implemented by Randall Children's Clinic and VGMHC-Cornelius:

- Created detailed lists of local, county-specific housing resources most often able to provide support for their patient population
 - Guide families throughout process to specific agencies depending on time of month, individual circumstances, urgency
 - Include info about affordable housing, rent assistance, legal support, shelters
- Assist in applying for CCO Flex Funds, and have internal flex funds available as well

Example of Housing Resource Sheets: Randall Children's Clinic





HOUSING

Affordable Housing

Catholic Charities

503-231-4866 | catholiccharitiesoregon.org

Offers information and referral services, short-term intervention, housing assistance, employment information, parent classes, youth groups, and mental health counseling; also provides immigration legal services.

Central City Concern

503-200-3893 | centralcityconcem.org

Provides housing, healthcare, peer support, and employment.

Home Forward

503-802-8300 | homefoward.org

Provides affordable housing and some subsidized housing in Multnomah County. Visit their website to sign up for their newsletter to be alerted when the Section 8 Housing Choice Voucher wait list opens.

Our Just Future

503-548-0200 | ourjustfuture.org

Helps families in Multnomah County gain selfsufficiency by providing affordable housing, shelter connection, utility assistance, career development, and family support services.

Relay Resources

503-261-1266 | relayresources.org

Provides affordable housing and subsidized housing in Multnomah County.

Hacienda CDC

(503) 961-6432 | haciendacdc.org/residential

Provides affordable housing, subsidized housing, home ownership support, small business services,

and youth and family services.

Northwest Housing Alternatives

503-655-8575 | nwhousing.org

Connects families in Clackamas County to an array of housing services such as the Annie Ross Housing Service, Pathways Housing, and affordable housing

properties.

Community Partners for Affordable Housing

503-293-4038 | coahoregon.org

Offers affordable subsidized housing programs throughout Washington County as well as housing stabilization.

Rent Assistance

Catholic Charities

503-231-4866

Community Action

503-615-0770 For Washington County residents

Impact NW

503-294-7400

SEI

503-713-5590

St. Vincent de Paul, Portland Council

503-235-8431

El Programa Hispano Catalico

503-489-6809

Urban League

503-280-2600

NAYA

503-288-8177

Bienestar

503-988-3509

IRCO

503-234-2048

HRSN Housing Benefit

503-468-5375 | healthshareoregon.org/members/my-

health-plan/hrsn-benefits

This benefit through your health insurance CCO can provide rental assistance, utility assistance, storage assistance and home modifications for health and safety needs. Must have a clinical health need related to the request and meet requirements as stated on application website above.

If requesting rental assistance, you will need a copy of your rental agreement/lease and if requesting utility assistance, you will need a copy of your utility bill to submit with the application.

HOUSING

Housing Legal Support

If you have received a court date for an eviction, there are sometimes organizations outside of the courthouse who provide emergency rental assistance. Go early and ask around.

ResolutionsNW

503-595-4890 | resolutionsnorthwest.org Provides landlord/tenant mediation to help resolve

riovines landiouneriant mediation to help resolve conflict outside of court for issues like past-due rent, housing discrimination, infestation, mold remediation, etc.

Legal Aid Services of Portland

503-224-4088

Free legal representation for eviction court. Serving Clackamas, Hood River, Multnomah, Sherman, and Wasco counties.

Oregon Renter's Rights

oregonrentersrights.org/handbooks

Provides information, guidance, and letter templates for your rights as a renter. Can help with repair requests, infestation requests, and mold remediation.

Shelters

Coordinated Access

2-1-1 | 211.org

Helps place people and families into shelters and/or supportive housing programs if you are currently unhoused. To be placed on the Coordinated Access Family Housing Wait List or the Family Shelter Wait List you must complete a phone assessment by calling 2-1-1. Each County has their own wait list, and families are prioritized in order of need.

Bybee Lakes

971-333-5070

helpinghandsreentry.org/bybee-lakes-hope-center. This individual and family shelter offers emergency shelter for up to 30 days. You can submit a referral with a partner agency by calling the number above. Families are accepted as beds are available.

Family Promise of Metro East 503-753-3960

Construction of

familypromisemetroeast.org
This shelter serves families with dependent children under the age of 18 and moves to a different church each week. You can fill out a wait list application at the website above

American Red Cross

503-528-5947 | redcross org/cascades 3131 N Vancouver Avenue | Portland, OR 97227 Provides shelter for families who must leave their home due to a disaster or emergency.

Community Action

503-648-6646 | caowash.org 1001 SW Baseline Street | Hillsboro, OR 97123 Provides emergency shelter and short-term rent assistance. Other services include childcare resources and referrals, parenting education, and food/energy assistance. Available to all residents of Washington County.

My Father's House

503-492-3046 | familyshelter.org 5003 W Powell Blvd | Portland, OR 97030 Provides shelter for up to 28 families. Aims to reclaim at-risk homeless families from street life by providing them with the life skills necessary to become permanently independent. Also provides food and clothing to residents.

Sustainability of SDOH/SIOH Screening and Supports



Each site has processes supporting families with health-related social needs and supporting social factors

Financial sustainability of this time-intensive work could come from:

- Billing of services
 - Screening
 - Services to connect
- Alternative Payments
- Value based payments tied to metrics:
 - Example: Oregon Health Authority (OHA) Incentive Metric



SDOH/SIOH Billing and EHR Documentation: Table 4.0



To help connect the dots on sustainability, OPIP created this table:

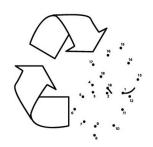




Table 4.0: Billing and EHR Documentation



Below is a summary of whether each OR TPEC site is billing for Social Determinants of Health (SDOH)/Social Influences of Health (SIOH) screening and follow-up services and then if there is searchable documentation in Electronic Health Record (EHR) to indicate positive screen results. (Updated April 2025)

Table 4.0 Summary of OR TPEC Sites Billi	ing and Electronic Health Record Documer	ntation Related to SDOH/SIO	Н	
	Randall Children's Clinic	Hillsboro Pediatric Clinic	Metropolitan Pediatrics: Johnson Creek	Virginia Garcia Memorial Health Center Cornelius
Submitting Claims for SDOH/SIOH Screening				
Are claims submitted for SDOH/SIOH screening?	Yes (CPT code 96160)	No	No	No
Are screening claims reimbursed?	RCC is examining if paid. N/A N/A		N/A	
Documentation of positive screens in EHR				
Are positive results put on the problem list? What are the diagnoses put on list?	No	"SloH Screening" added under diagnosis.	No	No
Are positive results otherwise searchable in EHR?	Yes, positive results are entered into flowsheet and viewable in Snapshot and Synopsis, which is searchable.	Yes, under Social History, results (both negative and positive) are posted.	Yes, entered into flowsheet, populates story board.	Yes, entered into flowsheet, visible as an "icon".
If you are billing when you meet with family for SDOH/SIOH needs and services, what diagnostic code is used?	 Primarily use the diagnosis code: "Encounter for screening involving social determinants of health [Z13.9]" when meeting with a family regarding a positive SDOH screen. Use more specific diagnosis codes such as "housing instability [Z59.819]", "food insecurity [Z59.41]" and "transportation insecurity [Z59.82]" if ongoing support to family. 	N/A	N/A	N/A
Are these services reimbursed?	Yes, but not at full rate billed.	N/A	N/A	N/A
Payment policies				
Is SDOH/SIOH screening currently included as a VBP in contracts? (Meaning you are incentivized to meet a screening rate threshold)	No requirement specific to screening or rate. Global area within CHW PMPM is demonstrating a process for addressing health-related social needs.	General expectation, reporting, but no VBP tied to a rate.* (HPC is checking contract language)	Yes, however payment is reporting and not meeting a screening threshold.	Yes
Is use of Connect Oregon/Unite Us included in your contract? (Meaning you are incentivized to use Connect Oregon/Unite Us)	No	HPC is checking contract language.	Yes	No





Learning
Session #5
Agenda

- Welcome and Review of the Agenda
- Where We Are Now: Learnings from Qualitative and Quantitative Data
- Prioritizing Limited Remaining Time with TPEC Learning Curriculum and QI Supports to Enhance Issue-Focused Interventions and Connections to External ECD Experts: Key Area of Focus
- Small Group Action Planning: Part 1

Group Picture & BREAK

Social Determinants of Health/Social Influences of Health:

- Review of OR TPEC Sites' Current Processes
- Specific Strategies to Consider When Addressing Needs
- Increasing Issue-Focused Interventions and Connections to External ECD Experts: Role SDOH May Play and Strategies to Consider
- Small Group Action Planning: Part 2
- Close Out & Next Steps

Health Related Social Needs Benefit

Oregon Transforming Pediatrics in Early Childhood Learning Collaborative





Introductions

Maureen Seferovich –
Program Manager, Health
Systems Integration, Health
Share of Oregon

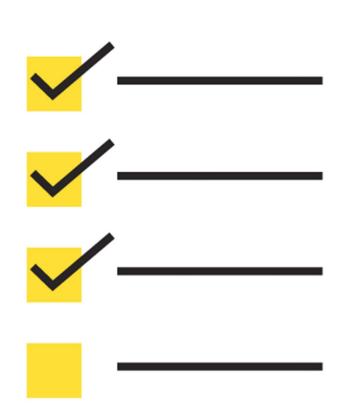


Kaely Summers— Social Health Specialist, CareOregon



Learning Objectives for Today

- Define the new Health Related Social Needs housing and nutrition benefits
- Understand who might qualify for the benefits
- Learn about the referral flow for these benefits



HRSN Housing Benefits

Eligibility & Scope



Housing Benefit Eligibility

OHP



Life Transition



Is a current **OHP Member** Individuals involved with the child welfare system

People experiencing homelessness

- People who are at risk of homelessness
- Adults and youth released from incarceration within the past 12 months
- Adults and youth discharged from an HRSN eligible **behavioral health facility** within the past 12 months
- Individuals transitioning to dual status (**both Medicaid and Medicare coverage**)
- Young adults ages 19-26 with special health care needs

For Housing Stability eligibility



Social and Clinical Health Need

Has a social health need (food, housing, climate)





Has a clinical health need

Examples:

Age (under 6, over 65) Complex physical health needs

Complex behavioral health needs

- Developmental disability
- Pregnancy
- Needs assistance with ADLs

Housing Stability Benefits



Supports	Eligibility Requirements
 Rent assistance for up to 6 months (past due or future due) Utility assistance for up to 6 months (past due or future due) Utility set up fees Storage fees for up to 6 months Tenancy support 	 ✓ Currently housed ✓ Needs support staying in current housing ✓ Is a renter and has a written rental agreement ✓ Has an income that is 30% or less than the area median income where the individual resides ✓ Lacks resources to prevent homelessness ✓ Has a qualifying clinical health need





Home Safety & Health Benefits



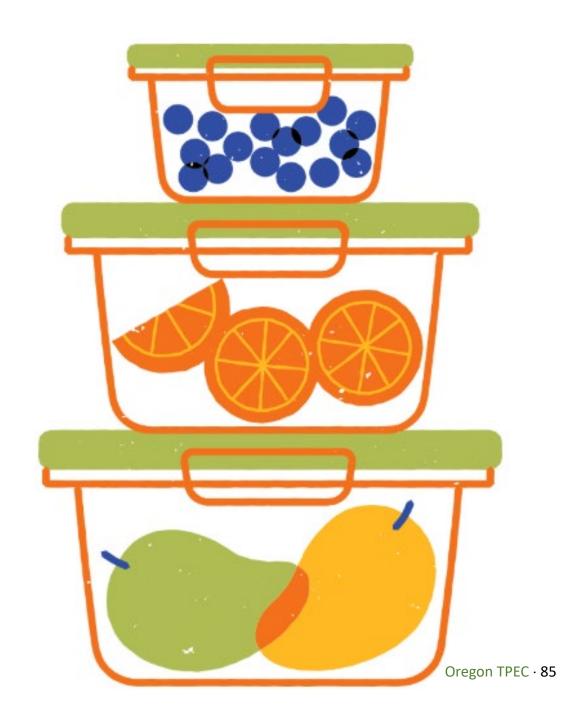
Supports	Eligibility Requirements
 Wheelchair ramps Grab bars Drawer pulls Deep cleaning Pest eradication Installing window blinds Hotel/motel stays <u>if</u> relocation is needed during home modifications 	 ✓ Currently housed ✓ Experiencing an eligible life transition ✓ Has a qualifying clinical health need that requires changes to current housing for safety ✓ For renters, landlord approval is required





HRSN Nutrition Benefits

Eligibility & Scope



Nutrition Benefit Eligibility



OHP



Life Transition



Social & Clinical Health Need

Be experiencing low or

very low food security

Is a current OHP Member



- People experiencing homelessness
- People who are at risk of homelessness
- Adults and youth released from incarceration within the past 12 months
- Adults and youth discharged from an HRSN eligible behavioral health facility within the past 12 months
- Individuals transitioning to dual status (both Medicaid and Medicare coverage)
- Young adults ages 19-26 with special health care needs



- Age (under 6, over 65)
- Complex physical health needs
- Complex behavioral health needs
- Developmental disability
- Pregnancy
- Needs assistance with ADIs

Medically Tailored Meal

Health condition identified in the <u>OHP</u>
 <u>Prioritized List</u>, for which Medical Nutrition
 Therapy (MNT) is an indicated treatment







Qualifying Health Conditions for Birth-to-5

<u>Examples</u> of diagnoses from the <u>OHP prioritized list</u>, for which Medical Nutrition Therapy (MNT) is an indicated treatment:



- Low birth weight; prematurity
- Galactosemia
- Phenylketonuria (PKU)
- Epilepsy and febrile convulsions
- Metabolic disorders
- Neurologic dysfunction in eating, swallowing
- Nutritional deficiencies
- Cleft palate and/or cleft lip

- Feeding/eating disorders of infancy or childhood
- Type 1 diabetes mellitus
- Intestinal malabsorption
- Obesity in children
- Chronic kidney disease
- Liver transplant
- Cardiomyopathy, Myocarditis

Current Nutrition Benefits

Assessment for Medically Tailored Meals

- Conducted with a PCP or RD
- Develop a nutrition care plan highlighting the need for MTMs

Prerequisite for MTM

Medically Tailored Meals

- Meals tailored to support a member's health condition and overall well being
- Includes up to 3 meals/day
- Meals are prepared and delivered either fresh or frozen

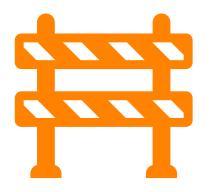
Nutrition Education

- 1:1 nutritional counseling or group education class
- Meal preparation education is also included
- May be provided onetime or on a recurring basis



Members <u>cannot</u> receive medically tailored meals and nutrition education at the same time

Fruit and Vegetable (FV) + Pantry Stocking TBD



- F&V Benefit could be launched anytime between Oct. 2025 and July of 2026
- Anticipated volume of requests: ~250,000 Members may utilize the benefit across the state for the duration of the waiver (thru Sept. 2027)
- Members can request support at anytime during the year, not limited to the growing season
- Rate includes the provision of fruits & vegetables, delivery, and packaging
- Pantry Stocking, expected to launch in 2026, will be administered by OHA through an EBT Card

Request Process

Requests can be submitted independently by the member or with the assistance of a provider

Request submitted with member information



Initial eligibility reviewed by 211info



CareOregon reviews criteria and makes authorization decision



If authorized, info is shared with member/provider to initiate service

Requests accepted through:

- Digital form
- PDF form
- Via 211
- Unite Us referral
 - if being assisted by provider who has access

 211info collects required documentation and ensures it is represented in Unite Us Clinical Operations and Navigation team review and follow up with members as needed

- Respond to referral within 3 days
- If accepted, begin services<30 days

Receiving Referrals & Initiating Services

Once
authorized, a
member's
request is
sent to the
HRSN
provider as a
referral



HRSN
provider
closes the
referral loop
by responding
to the referral
(must
respond
within 3
business
days)



If accepted,
HRSN provider
begins
providing
services as
quickly as
possible (must
begin services
within 30 days)



HRSN
provider
updates case
status once
member
begins
engaging in
services



After service is completed, HRSN provider updates case outcome

Benefit Timeline Expectations

Current situation: We have received a high volume of requests since benefit launch. This is causing delays in turnaround times for initial review.

Please keep in mind:

- It can take several weeks to review, process, and deliver HRSN benefits.
- These benefits are not designed to respond to emergency needs.
- The approval timeline might not meet the needs of members who have an urgent need.

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Required Documents



Housing (Rent)

- *Complete HRSN request form
- *Signed rental agreement or lease
- *Proof of amount owed for past due rent, if applicable
- W9 from landlord, if available at time of request
- Eviction notice, if applicable

Housing (Utilities)

- *Complete HRSN request form
- *Utilities bill(s) with member's name listed or submit proof of address if name is not included, ideally itemized bills with clear service dates*
- Utilities shut off notice, if applicable

Nutrition

- *Complete HRSN request form
- *Medically Tailored Meal Assessment, if requesting this service

Items with an * are required to process an HRSN request

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Unite Us/Connect Oregon

The Connect Oregon/Unite Us platform is being used to process HRSN Requests

Purpose:

- Support initial housing requests
- Share information between 211info and CareOregon
- Send referrals to HRSN providers

Benefits:

Better protection of members' health information while sharing across organizations

For Users with a Unite Us Login:

- Can send request within the platform
- Allows for visibility into the member's HRSN services journey

For Users without a Unite Us Login:

Submit HRSN requests to 211info using the digital request form or PDF form

Housing and Nutrition Referral Pathways

- Health Share is partnering with CareOregon to administer the HRSN Housing and Nutrition Benefit on behalf of all Health Share plan partners.
- Health Share members will complete an initial eligibility form to request the benefit. Details can be found here.
- Members can submit this form themselves or can work with 211info, their provider, Customer Service
 or a community-based organization for support.
 - Methods for submitting an eligibility form include:
 - Digital form: Members can make a request using the <u>digital form</u> (embedded in Unite Us)
 - **PDF form:** Members, providers, or community-based organizations can complete the fillable PDF form and submit it to 211info for processing through email at hrsn@211info.org or fax at 503-214-8909. **Housing request form posted** here
 - Over the phone: Members can call 211info at 866-698-6155 for help with completing the HRSN request.

Referrals through Unite Us

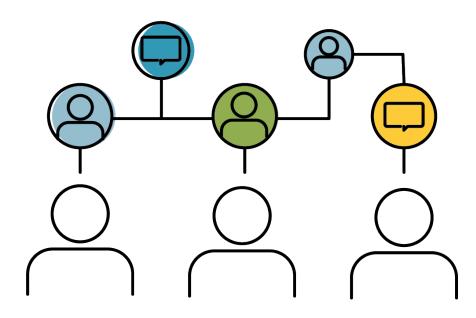
Once logged into Unite Us:

- 1. Click Browse Resources for Client from the Client Face Sheet.
- 2. Select the service type:
 - i. Select Benefits Navigation Benefits Eligibility Screening.
- 3. Search for **211info Coordination Center HRSN Requests**
 - i. Select the program: HRSN Services Benefits Eligibility Screening
- 4. Complete the referral description and indicate any relevant information based on the member's request.
 - i. Upload applicable documentation.
- 5. Complete the HRSN Request Form: Climate/Housing/Nutrition.
- 6. Review referral information and click Confirm and Submit.
- 7. To check on the status of the request afterwards, navigate to the "referrals" tab on the client's face sheet.

Helpful Website Links

- OHA's HRSN Guidance Document
- OHA's HRSN Provider webpage
- Connect with Health Share at:

socialhealth@healthshareoregon.org



Questions?





Thank you





Non-Emergent Medical Transportation





Travel paid by Oregon Health Plan to get members to and from healthcare services.

Specific service provider depends on CCO and region

Transportation services include:

- 1. Public transit
- 2. Vehicle-provided rides
- 3. Mileage reimbursement



Non-Emergent Medical Transportation





Ride to Care is the local ride service through Health Share of Oregon

- All 4 OR TPEC sites guide families to Ride to Care when there are transportation needs for Health Share of Oregon members
- Requires screening process by Ride to Care Customer Service
- Some barriers noted by each TPEC team, will share back in June webinar call



Ride to Care provides free non-emergent (not for an emergency) medical transportation, or NEMT. NEMT is a benefit for eligible Health Share of Oregon members. NEMT gets you to health care visits that Health Share pays for. The visits could be to a doctor, dentist, mental health counselor or other provider. Our service area is Clackamas, Multnomah and Washington counties.

Mileage Reimbursement – Share Out from Randall Children's

- The mileage reimbursement programs that we refer our families to are through their
 OHP CCO transportation benefit
 - Each CCOs' programs vary slightly:

- OHP Health Share members use Ride To Care who pays \$0.70/mile
- OHP Trillium members in Multnomah, Washington and Clackamas county use Medical Transportation Management (MTM) who pays \$0.44/mile
- All other OHP members (Open Card) in Multnomah, Washington and Clackamas County use TriCounty MedLink who pays \$0.46/mile
- For each company, families call their specific medical transportation line to set up an account and receive a debit card

Mileage Reimbursement – Share Out from Randall Children's



Families call same number to report and get approval for all the medical trips in advance (if possible), providing information about the appointment, locations, purpose of visit



- Member is reimbursed within 14 days by money being loaded onto debit card
- Can drive self or have someone else drive to services
- Can reimburse travel expenses for eligible healthcare services outside tri-county area (mileage, meals, lodging)

**This benefit can be used to attend medical, dental, mental health, pharmacy, and WIC appointments.

Helpful Link: <u>Health Share of Oregon Ride to Care Reimbursement Guide</u>

June Webinar with OR TPEC Staff Working on SDOH/SIOH



Date and Time: June 11th, 11:00 am

Agenda

- Share information provided today to the larger group of staff in your office
- Time for questions
- Space for OR TPEC sites to share learnings on barriers related to Ride to Care (NEMT)



Learning
Session #5
Agenda

- Welcome and Review of the Agenda
- Where We Are Now: Learnings from Qualitative and Quantitative Data
- Prioritizing Limited Remaining Time with TPEC Learning Curriculum and QI Supports to Enhance Issue-Focused Interventions and Connections to External ECD Experts: Key Area of Focus
- Small Group Action Planning: Part 1

Group Picture & BREAK

Social Determinants of Health/Social Influences of Health:

- Review of OR TPEC Sites' Current Processes
- Specific Strategies to Consider When Addressing Needs
- Increasing Issue-Focused Interventions and Connections to External ECD Experts: Role SDOH May Play and Strategies to Consider
- Small Group Action Planning: Part 2
- Close Out & Next Steps

Role SDOH/SIOH May Play in North Star Metrics



Increase Well Child Visit Attendance So Services Can Be Offered

Part 1: Issue-Focused Interventions



Children (Birth to Five) that received issue-focused interventions from staff with ECD expertise (Based on various data sources. *Metric 3.1)*



Children 1-5 that Received Brief Intervention/Treatment Services (Based on Claims Data, Metric 1.4)

Part 2: Referrals and **System Navigation Supports to External ECD Experts**

Increased Referrals To:



Specialty Behavioral Health* (Metric 2.3,

*Federal evaluation metric of OR)



Early Intervention/Early Childhood Special Education (Metric 2.2)



Medical Therapies: OT, PT, Speech (Metrics 2.4-2.6)

Considering SDOH/SIOH and Impact on Well Child Visits



- ☐ Flag charts of children with SDOH/SIOH needs to reach out a month before scheduled well child visit to confirm availability and offer supports (i.e. with transportation)
- ☐ Health Maintenance Panel Coordinator prioritization of children with SDOH/SIOH needs identified in past
 - Call those who have not come in to schedule and connect them with CHW/navigator if family needs and desires SDOH/SIOH support
 - Call "no shows" to reschedule and connect them with CHW/navigator if family needs and desires SDOH/SIOH supports
- ☐ Scheduling considerations for children with SDOH/SIOH needs
 - Offer evening or weekend hours for well visits
 - Ensure cancelled appts are rescheduled on the spot or schedule future appts
 - Incorporate scheduling needs based on transportation or other barriers
- ☐ Other (Your Idea)

Considering Role SDOH/SIOH May Play in Children Receiving Issue-Focused Interventions OR Accepting Referrals from External ECD Experts



identified. Examp	ole: If child identified at-risk o	view whether an SDOH/SIOH need won ASQ, additive factors of SDOH/SIC rould be indicator for EI/ECSE referra)H need
•	rents of children identified w heck in about their interest a	rith delays who decline referrals two nd offer supports	
	needs and to strategize how	V/navigators to discuss specific patie to help families access issue-focused	
☐ Consider provisio to add value to vi	•	resources at time of brief intervention	on visit
☐ Consider group cl	asses that also offer food for	parents	
☐ Other (Your Idea)		Ore	gon TPEC · 108

Part 2 of Small Group Action Planning to Prioritize Your Time







- Any process updates based on information provided today?
- Factors to consider in providing Issue-Focused Interventions
- Factors to consider with referrals to External ECD Experts



Learning Session #5 Agenda

- Welcome and Review of the Agenda
- Where We Are Now: Learnings from Qualitative and Quantitative Data
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The Next Six Months!

Oregon TPEC Action Period #5: Enhancing Issue-Focused Interventions & Referrals to External Early Childhood Development (ECD) Experts & Addressing Social Determinants/Influences of Health

Virginia Garcia Memorial Health Center - Cornelius - Activities: May 2025 - November 2025







2025						
Project Year 3				Project Year 4		
Мау	June	July	August	September	October	November
Learning Session #5 May 8th 8-12 PM PST Site Visit: 5/13/25 1:00-2:00PM	Action Period: QI Implementation Site Visit: 6/17/25 1:00-2:00PM **On Zoom** Webinar on HRSN Benefits, Feedback to Ride to Care 6/11/25 11-12PM	Action Period: QI Implementation Site Visit: 7/8/25 1:00-2:00PM Practice-level, Child-level Data (Claims, EHR Counts)	Action Period: QI Implementation Site Visit: 8/12/25 1:00-2:00PM Across TPEC Sites Webinar 8/6/25 12:30-2PM (Required)	QI Implementation Site Visit: 9/9/25 1:00-2:00PM Deliverables Due for Both Subawards (9/30)	PCPCH-ECD Data Collection at Site: 10/14/25 1:00-2:30 PM	#6 November 6th

KEY:

Action Period: QI Implementation



On-Site Practice Facilitation with Practice-Level Teams: Site Visit



Across Sites TPEC Webinar: August 6th Webinar: 12:30-2PM PST



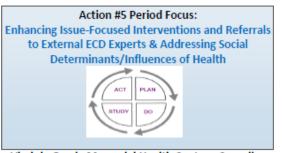
Community Health Worker (CHW)/ Patient Navigator/Care Coordinator Call on HRSN Benefits, Feedback to Ride to Care 6/11/25 Webinar 11-12PM



Evaluation Data Collection



Deliverables Due for Two Subawards (Example for Subaward Supporting Issue Focused Interventions/Referrals: Qualitative Report of Activities/Learning Barriers, Summary of Quantitative Changes in Required Metrics, Updated Staffing & Resource Plan); If Deliverables Approved, Invoices Submitted.



Upcoming OR TPEC Learning Collaborative Activities



June

- ✓ OPIP applies for the Continuation of the Cooperative Agreement to Year 4 (October 25-September 26)
- ✓ June 11th Webinar: Members of the Health Share of Oregon/CareOregon HRSN Benefits team and Community Health Workers/Patient Navigators from your site.

○ August 6th

All OR TPEC Sites Check in Call (Halfway Through Action Period)

Subaward Deadlines for Each Site



September 2025 (End of Cooperative Grant Year 3): Reports and Invoices Due

- 1. Subaward Supporting Enhancing Issue-Focused Interventions by ECD Experts & Connections to External ECD Experts:
- Reports and Invoices DUE. (Each Site Responsible for Developing Reports)
- ✓ Summary of Quantitative Changes in Required Metrics & Learnings. (Spring 2025 and Summer 2025 Metrics). Stratification for Required Metrics by feasible race, ethnicity and language variables.
- ✓ Qualitative Report for Grant Year 3 Activities that Includes: 1) Implementation Successes and Barriers to the Staffing and Resource plan, 2) Overview of Increases in Staffing (either New Staffing, FTE of Existing New Staff Focused on Birth to Five). Report must include the required elements described in the Scope of Work.
- ✓ Updated Staffing and Resource Plan that Includes Remaining Plan for Enhancement.
- 2. Subaward on Learning Collaborative Participation
- Report and Invoice Due: OPIP will draft

Our Last OR TPEC Learning Session: Save the Date!



- Date: **November 6**th, **8am-12pm**
- Location: Location TBD (See Survey Poll)
- Current Proposed Topics:
 - 1. Summarizing Successes and Barriers
 - 2. Sustaining TPEC Improvements in Sites
 - Identifying **Priority Innovations** to Spread to Other Clinics





