

Sixteen Years of OPIP



As the parent of three children, I've come to see the 16th birthday as a BIG milestone. When each of my kids got their driver's license, the shift was immediate — they were more independent, and I could see the young adult truly emerging.

In this complex era of health care, I feel incredibly proud that our small and mighty organization has reached its own **16-year milestone**. We have maintained stable funding for our staff, allowing us to lead more than 50 transformative projects across the state. Through collaborations and thoughtful work with parents, front-line providers, and policymakers, I believe we have helped build health and improve outcomes for all Oregon children.

We've carried out this work through the core tenets established at our founding:

- Collaborating in improvement activities
- Leading development and implementation of meaningful quality metrics
- Supporting evidence-guided quality activities
- Incorporating patient and family voices into quality efforts
- Grounded in our front-line work, we inform policies that support optimal health and development for all children and youth

This annual report highlights our projects from this past year.

The work is possible because of the OPIP staff, and the wonderful partnerships and spirit of collaboration that exist across Oregon. For the last decade, **Lydia Chiang, MD**, has been our amazing Medical Director. In October 2026, Lydia will be transitioning from OPIP. She leaves an indelible mark on our work and has positively influenced each member of our staff. It has been an honor and the greatest professional privilege to work alongside her — she is brilliant, kind, funny, and has always kept the hearts and minds of the children and families we serve at the forefront of our work.

We hope you enjoy this update. We'd love to touch base about our work, and we wish you a wonderful summer.

Colleen Reuland, OPIP Director

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Staffing Update
Thank you Lydia Chiang!

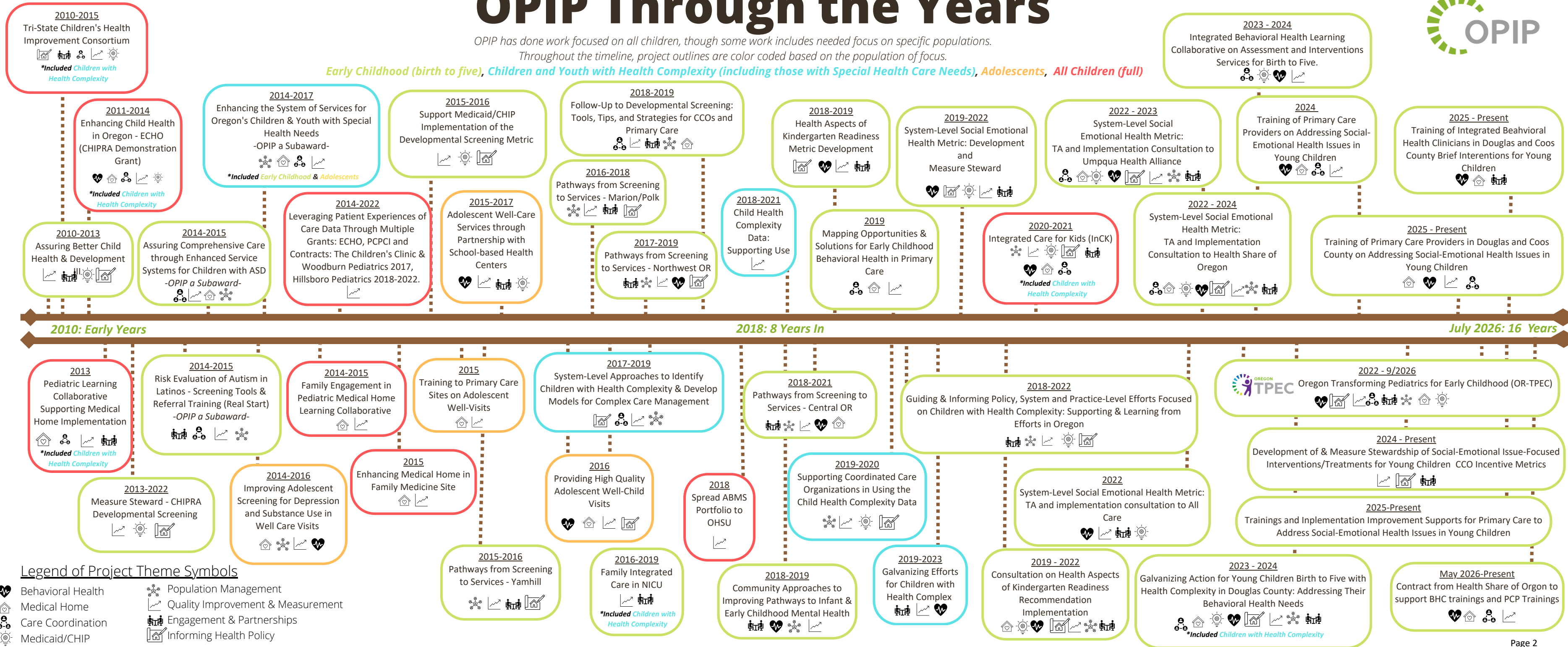
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OPIP Through the Years

OPIP has done work focused on all children, though some work includes needed focus on specific populations.
Throughout the timeline, project outlines are color coded based on the population of focus.



Early Childhood (birth to five), Children and Youth with Health Complexity (including those with Special Health Care Needs), Adolescents, All Children (full)



HIGHLIGHTS FROM OPIP'S WORK FROM 2025-2026



Oregon Transforming Pediatrics for Early Childhood 2022-2026

The Oregon Transforming Pediatrics for Early Childhood (OR-TPEC) project is a four-year cooperative agreement from the Health Resources and Services Administration (HRSA) and Maternal Child Health Bureau (MCHB) that is from 9/2022-9/2026.

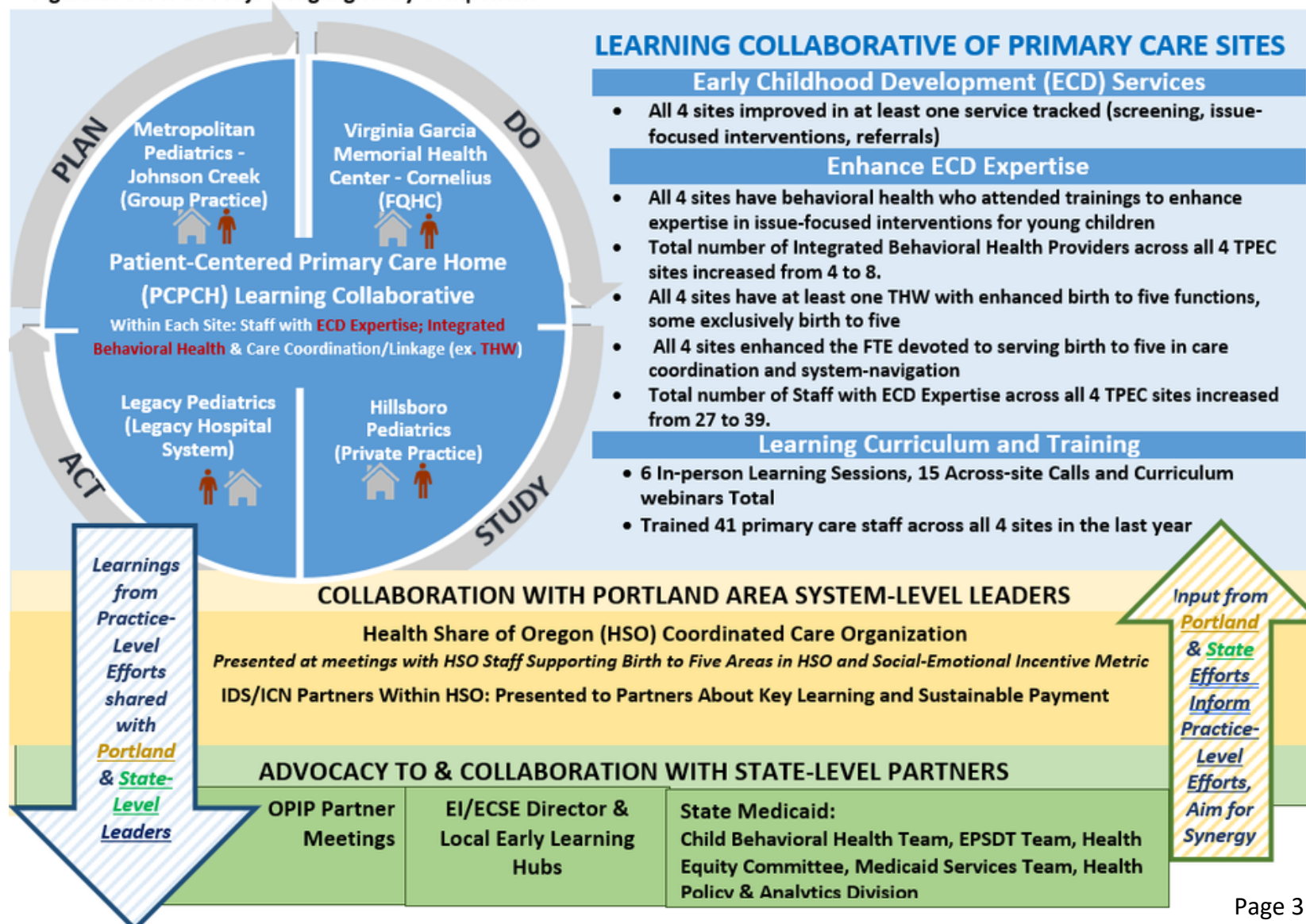
A key component the OR TPEC 2022-2026 work has been the **Learning Collaborative** of four primary care practices in the Portland metropolitan region, including Hillsboro Pediatrics, Virginia Garcia Memorial Health Center-Cornelius, Randall Children's Clinic, and Metropolitan Pediatrics-Johnson Creek.

Successes Within Learning Collaborative:

All four OR TPEC Learning Collaborative sites improved on their office systems and processes to better support young children's social-emotional health.

Each site demonstrated improvement in one or more child-level measures, indicating that more children are receiving recommended EPSDT care.

Figure 1: OR TPEC Project Highlights by Component



The OR-TPEC project aims to achieve four objectives:

1. **Improve equitable access to a continuum of early childhood development (ECD) services in primary care settings** for children birth-to-five
2. Improve the capacity of practices and the workforce to deliver high-quality ECD services that address the holistic needs of children and families
3. Improve the knowledge of primary care providers
4. Advance policy solutions that aim to sustain ECD experts and high quality care.



WE HAVE MADE MEASURABLE IMPROVEMENTS IN EVERY OBJECTIVE



FINAL LEARNING SESSION:

In Fall 2025, we held the sixth and final OR TPEC Learning Session focused on *Sustaining & Expanding TPEC Improvements, Summarizing Successes and Barriers, & Identifying Priority Innovation to Spread to Other Clinics*.

[Click here](#) to view the agenda

and slides. Participants reviewed project results to date, including practice- and child-level data aligned with national TPEC objectives.

Attendees shared successes, identified barriers, and prioritized innovations for spread to other clinics. The session included action planning for the final implementation period, with a focus on increasing

issue-focused interventions, strengthening referrals to external ECD experts, and improving well-child visit engagement. A special thank you to Dave Ross from Co-Imagine and OPIP collaborators Jaime Peterson, MD and Andrew Riley, PhD!



Successes with Portland Area Health System Leaders

Through knowledge sharing, advocacy and collaboration, OPIP presented at a multiple Health Share of Oregon meetings to share key learnings and payment strategies to support the sustainability of these services.

Successes with State-Level Leaders

- Through OR TPEC, OPIP has had 64 meetings on state-level policies with state-level leaders. We have met with State Medicaid, including: the Child Behavioral Health Team, the EPSDT Team, the Health Equity Committee, the Medicaid Services Team, and the Health Policy & Analytics Division.
- We submitted [7 public comments](#) at pivotal state meetings, including the Oregon Health Policy Board. OPIP also worked with state level EI/ECSE staff to clarify their policies around closed loop referrals and trained all 36 local EI/ECSE contractors on closed loop referral.
- These dissemination efforts informed discussions on sustainability and spread, including opportunities to strengthen workforce capacity, improve payment models, enhance behavioral health network adequacy for young children, and align Medicaid policy and financing with the delivery of behavioral health services in primary care.

Health Share of Oregon Contract: Spread Successful TPEC Innovation

In May 2026, Health Share of Oregon funded OPIP to do the following before the end of 2026:

- 1) Support the spread of the OR TPEC work in Virginia Garcia Memorial Health Center (VGMHC) Cornelius to other sites,
- 2) Provide up to 2 trainings for primary care practices whose integrated behavioral health (IBH) providers participated in OPIP's 2023-4 IBH Learning Collaborative,
- 3) Host three case consultation calls with IBH providers who participated in OPIP's 2023-4 IBH Learning Collaborative to support addressing common cases they have encountered and receive clinical input.

June 2026 Integrated Behavioral Health (IBH) Training across Virginia Garcia Memorial Health Center (VGMHC) Site:

As part of spreading TPEC to other VGMHC sites, OPIP developed & delivered an IBH training for all their behavioral health clinicians.



The training focused on [roviding brief, evidence-informed interventions for young children within primary care. Training content included:

- Practical application of Parent Management Training (PMT) principles,
- A decision-making framework to guide intervention strategies based on presenting concerns, and
- Evidence-informed strategies for common social-emotional needs of young children.

100% of participants noted increased knowledge and skills about brief interventions that could be conducted with young children.

Supporting Rural Communities to Improve Social-Emotional Health Services for Young Children

OPIP is grateful for funding from **The Ford Family Foundation** and **The Cambia Health Foundation** to lead several initiatives to expand services for young children in primary care. These efforts have focused on promoting healthy social-emotional development and increasing access to brief intervention services for children identified with developmental concerns who would benefit from additional support. This work has been implemented in Douglas and Coos counties.

TRAINING AND IMPLEMENTATION SUPPORT WITH AVIVA HEALTH – DOUGLAS COUNTY, OREGON

Aviva Health is a federally quality health center located in Douglas County. Through this work, OPIP provided trainings to Aviva Health's behavioral health staff, primary care providers (including residents) as well as implementation support.



Behavioral Health Clinician Training on Evidence-Based Interventions:

OPIP, in partnership with Dr. Andrew Riley, developed and delivered a learning curriculum for Aviva's primary care-based behavioral health clinicians on the assessment and treatment of young children. The curriculum included:

- An in-person training,
- Seven monthly webinars covering evidence-informed approaches to assess and provide brief interventions for common early childhood concerns.

Topics included disruptive behaviors, anxiety, sleep, toilet training, developmental disabilities, and strategies for engaging families, and billing considerations.

Primary Care Provider Trainings:

OPIP delivered four webinars for primary care providers at Aviva Health focused on early identification of social-emotional concerns, anticipatory guidance & parent education, and strategies for engaging families in behavioral health services. Training content addressed common early childhood concerns including behavior challenges, anxiety, sleep, and toileting, and aligned with Bright Futures and EPSDT recommendations.

Resident Training: In May 2026, OPIP also conducted an in-person training for family medicine residents at Aviva Health. The training focused on early identification, engaging families in behavioral health services, and providing brief, evidence-informed guidance. It incorporated case-based learning, small-group exercises, and structured decision-making frameworks to support providers in addressing common early childhood challenges.



Implementation Supports and Consultation:

OPIP provided consultation and implementation support to a multidisciplinary team at Aviva Health to implement the training content including addressing & standardizing workflows and developing EHR templates.

TRAINING AND IMPLEMENTATION SUPPORT WITH BAY CLINIC PEDIATRICS

OPIP is partnering with Bay Clinic to improve Bright Futures recommended services for young children in their primary care practice. OPIP delivered webinar-based trainings on birth to five services for their integrated behavioral health in Spring 2026 and will provide three primary care provider trainings in 2026 and early 2027.

SOCIAL-EMOTIONAL HEALTH COORDINATED CARE ORGANIZATION INCENTIVE METRIC

OPIP is grateful for funding from **The Ford Family Foundation** to be able to serve as the measure steward for the [Young Children Receiving Issue-Focused Interventions Addressing Children's Social-Emotional Health](#).

- This novel metric was first included in the CCO Incentive Metric set in 2025, and created a focus for CCOs on services addressing social-emotional health in young children and is included in the current 2026 set.
- July 17, 2026, Metrics and Scoring voted to include it in the 2027 set.
 - To view OPIP's webinar on the metric to the Metrics and Scoring Committee this March, click [here](#):
 - **Community Input & Support:** The metric was developed with input from over 160 individuals, including parents of young children enrolled in CCOs, parent advocacy organizations, primary care & behavioral health providers, and health system leaders. To learn more on the impact of community input on the metric, see OPIP's [Community Engagement Memo](#)
 - **Upstream Metric:** This metric is intentionally upstream. Learn how by reading OPIP's [Upstream Memo](#)

OPIP ADVOCACY EFFORTS IN 2025-6: PRIORITIZING CHILDREN AMIDST FUNDING CHANGES

Drawing on the breadth and depth of insights gained through our work, OPIP has invested significant time and resources in meeting with policymakers and providing public comment given the complexity of the moment, significant concerns about primary care sustainability, and important policy levers under consideration.

OPIP PARTNERS POLICY RECOMMENDATIONS TO OHA LEADERSHIP: 1115 WAIVER & CCO 3.0 (APRIL 2026)

OPIP led the [OPIP Partners](#) in developing a policy brief highlighting how to better address children in Oregon's next 1115 waiver and iteration of CCOs. In April 2026, OPIP facilitated a meeting with OHA leaders and the OPIP Partners to distribute the memo and answer questions.

- View memo: [Here](#)
- View presentation: [Here](#)

PUBLIC COMMENT

OPIP public comments can be found on [OPIP's website](#).

Below are three examples of public comments submitted this last year:

- Joint Committee on Ways and Means (February 2026): Medicaid funding and the CCO incentive metric pool: [Here](#)
- Oregon Health Policy Board - OHPB (February 2026): Funding decisions and impact on primary care and behavioral health: [Here](#)
- Oregon Health Authority Behavioral Health Committee (June 2026) - CCO procurement and Medicaid contract requirements (Exhibit M) View public comment: [Here](#)



UPDATE ON OPIP STAFFING

Lydia Chiang, MD



After nearly a decade at OPIP, Dr. Lydia Chiang will be transitioning from the organization in October 2026.

OPIP's work was always made better when Lydia was involved. She brought a critical clinical perspective to everything we did, constantly asking whether our work was meaningful and relevant to the front line — and, most importantly, to the children and families we were trying to positively impact. She has also been an incredible mentor to each member of our staff, with a rare ability to teach and guide in a way that truly empowers.

Her presentations at training courses consistently earned high marks, thoughtfully woven with clinical vignettes and her own lived clinical experience. Her advocacy within OPIP was palpably anchored to her core belief: that every child deserves to be as healthy as possible, and to thrive. Lydia leaves a profound and lasting impact on our work, and on each of us at OPIP. Wherever she goes next, we know she will continue to be an extraordinary champion for children.

- We will truly miss Lydia at OPIP!

Jaime Peterson, MD



We're so excited to officially welcome Dr. Jaime Peterson to OPIP as our new Associate Medical Director! Jaime has worked with OPIP over the past year through the OR TPEC initiative and within our work in Rural Communities through the resident training at Aviva Health. We are thrilled to have her in this new role!

Jaime is a general pediatrician who cares for children from birth through adolescence. Before going into medicine, she was a middle school teacher, and she brings that experience with her every day, especially her deep understanding of early learning, special education, and how school systems support kids and families.

OPIP is a soft-funded program within OHSU, with projects made possible through grants, contracts, and donations. If you are interested in supporting OPIP's work, please contact the OPIP Director at reulandc@ohsu.edu or make a donation [here](#). To donate, select Other Area under Choose Fund, then enter "OPIP" in the Search for a Specific Fund field.

